	f servings from the following 5		Alternate, Whole Grains, Veg	
Students MUST select a MINIMUM of 3 meal components offered and 1 MUST be a fruit or vegetable A selection of white and flavored 1% are offered daily				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Chicken Parm Sandwich French Fries Green Beans Fruit Choice	Assorted Pizza Mixed Vegetables Side Salad Fruit Choice
5	6	7	8	9
Walking Tacos w/ ALL the toppings Mexican Beans, Corn Fruit Choice	Cheeseburger w/ lettuce & Tomato Smiley Fries, Glazed Carrots Fruit Choice	General Tso's Chicken over Rice Broccoli Celery Sticks Fruit Choice	Hot Dog w/ Cheese Baked Beans Side Salad, Baby Carrots Fruit Choice	Chicken Tenders / Dinner Rol French Fries Fresh Vegetable Fruit Choice
12	13	14	15	16
Spicy Sloppy Joe Spiral Fries Winer Blend Fruit Choice 19	Chick Filet Sandwich Tater Tots, Buttered Peas Fresh Vegetable Fruit Choice 20	Cheese Ravioli w Meatballs Garlic Toast, Winter Blend Fresh Vegetable Fruit Choice 21	Stuffed Baked Potato Broccoli Side Salad Fruit Choice 22	French Toast Sticks Sausage Links, Baked Apples Fresh Vegetable Fruit Choice 23
19 Spicy Chicken Patty	20 Cheesy Bread Sticks w/ Marinara	Subway Sandwich	ZZ Pepper Jack Cheese Enchiladas	25
Baked Beans California Blend Vegetables Fruit Choice	Green Beans Side Salad Fruit Choice	Smiley Fries Fresh Vegetable Fruit Choice	Mexican Rice, Corn Fresh Vegetable Fruit Choice	EARLY DISMISSAL
26	27	28	29	30
	Tater Tot Casserole Mixed Vegetables Fresh Vegetable Fruit Choice	Chef Choice Vegetable Choice Fruit Choice	Chef Choice Vegetable Choice Fruit Choice	Chef Choice Vegetable Choice Fruit Choice

Menu Subject to Change

Meals Prices Breakfast - Free to ALL Students

Pizza, PB&J Uncrustables, Subs, Wraps, Parfaits, Lunch - \$3.10 - Paid

Equal Opportunity Provider