



**SUMNER COUNTY SCHOOLS**  
**IHP/SAFETY PLAN: ASTHMA DISORDER**  
 This portion is to be completed by a PARENT/GUARDIAN

**Child Information**

Name of Child: \_\_\_\_\_ Date of Birth \_\_\_\_\_

Child's Age \_\_\_\_\_ Grade \_\_\_\_\_ Homeroom Teacher \_\_\_\_\_

**Emergency Information**

Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone 1: \_\_\_\_\_ Phone 2: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ Phone 1: \_\_\_\_\_ Phone 2: \_\_\_\_\_

Pulmonologist: \_\_\_\_\_ Phone: \_\_\_\_\_

Primary Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

**Date of last ASTHMA ATTACK:** \_\_\_\_\_

**Triggers that may bring on an asthma episode:**

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> <b>Respiratory Infection</b>       | <input type="checkbox"/> <b>Exposure to Cold/Temperature Changes</b> | <input type="checkbox"/> <b>Cigarette Smoke</b> |
| <input type="checkbox"/> <b>Odors/Fumes</b>                 | <input type="checkbox"/> <b>Exercise</b>                             |   |
| <input type="checkbox"/> <b>Allergic Reaction to:</b> _____ |  |   |
| <input type="checkbox"/> <b>Other:</b> _____                |  |   |

**Please check the signs/symptoms your child displays during an asthma event:**

- |  |  |  |  |   |
|--|--|--|--|---|
| <input type="checkbox"/> <b>Shortness of Breath</b>                      | <input type="checkbox"/> <b>Bluish Color to Nails/Skin</b> | <input type="checkbox"/> <b>Coughing</b> | <input type="checkbox"/> <b>Wheezing</b> | <input type="checkbox"/> <b>Anxiety</b> |
| <input type="checkbox"/> <b>Difficulty Talking in Complete Sentences</b> |  |  |  |   |
| <input type="checkbox"/> <b>Other:</b> _____                             |  |  |  |   |

**List ALL current medications (Home and School):**

Medication	Dosage/Strength	Purpose	Time of Day	School OR Home

**My child has the following other chronic illnesses/disabilities:** \_\_\_\_\_

**Allergies:** \_\_\_\_\_

**Child's Limitation or Special Considerations:** \_\_\_\_\_

It is understood that any medication is administered solely at the request of and as an accommodation to the undersigned parent or guardian. I understand that I am responsible for furnishing all medications. The school nurse has permission to communicate with the healthcare provider regarding this medication and plan of care including, but not limited to, orders, clarification of orders, etc. I understand that the health care provider may disclose protected health information in consultation with the school nurses. All information obtained will remain confidential and be available on a need-to-know basis to those individuals who are involved in providing for your child's health and educational needs at school. In consideration of the acceptance of the request to perform this service by any person employed by the Sumner County School System, the undersigned parent or guardian hereby understands and agrees that the Sumner County School System and its personnel shall not be liable for any injury resulting from the reasonable and prudent administration of medication or the reasonable performance of health care procedures, including the administration of medication (T.C.A. § 49-5-415). By signing, parent indicates agreement with the plan of action as described by health care provider.

- Student information was requested from the parent with no response. This IHP was developed from the school nurse without input from the parents.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

School Nurse Signature: \_\_\_\_\_ Date: \_\_\_\_\_



**SUMNER COUNTY SCHOOLS  
IHP/SAFETY PLAN: ASTHMA DISORDER**

This portion is to be completed by the PHYSICIAN

Name of Child: \_\_\_\_\_ DOB: \_\_\_\_\_

ASTHMA RISK: Mild \_\_\_\_\_ Moderate \_\_\_\_\_ Severe \_\_\_\_\_

**Protocol/Procedure for student having an asthma attack:**

1. Encourage student to remain calm, take slow, deep breaths, and sit upright.
2. Allow student to administer prescribed asthma medication (if available).
3. Stay with student and monitor response.
  - If symptoms decrease within 15 minutes and student is relieved, he/she may return to class.
  - If symptoms persist after 15 minutes contact SET/School Nurse, call parent AND PROCEED TO EMERGENCY ACTION PLAN BELOW.

**EMERGENCY ACTION PLAN**

1. If in doubt, activate EMS/Call 911.
2. Stay with student and continue to monitor breathing and general condition.
3. Allow student to take additional prescribed, rescue medications or doses as ordered (if available).
4. SET/School Nurse will assess student, utilize pulse oximeter and provide Oxygen support as needed (when available).

**Emergency Medication(s) to be Administered at School During Acute Asthma Episode**

Name of Medication	Strength and Dose to be Given	When to Administer at School	Possible Side Effects of Medication

If peak flow meter used, please specify parameter: \_\_\_\_\_

For Inhaled Medications (Please check ONE of the following):

\_\_\_\_\_ I have instructed this student in the proper way to use their inhaled medications. It is my professional opinion that he/she should be ALLOWED TO CARRY and use their prescribed inhaler.

\_\_\_\_\_ It is my professional opinion that the student SHOULD NOT carry his/her inhaled medications, but should receive assistance with administration by an adult.

This child has the following additional chronic illnesses/disabilities: \_\_\_\_\_

Physician's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Physician's Name (Print): \_\_\_\_\_ Phone: \_\_\_\_\_