

Support and Socialization Groups

If your organization has a support group meeting that you would like to add, please submit it online (registration is required).

Active Parenting Group

Call for upcoming classes

Active Parenting will give you skills to achieve a fuller, more satisfying family life & help your children achieve greater happiness and success. You'll learn 7 strategies for school success, along with positive discipline and communication techniques to help your family run more smoothly.

Hewitt

 Highlands Family Success Center
 1801 Greenwood Lake Turnpike
 (973) 506-6575 x702

Animal Assisted Socialization Group

Sunday, 6:00 to 7:30 pm

Animal assisted group therapy for symptoms related to depression, anxiety, PTSD, and even substance abuse. This group will allow members with more difficult symptoms and past treatment difficulties to bring their furry friend i.e. a Dog as a support.

Pompton Lakes

 Bring Hope
 123 Wanaque Avenue
 (973) 858-8163

Autism Support Group - Passaic

4th Friday, 6:00-8:00 pm

This is a Parent Support Group for parents of children who have Autism or similar needs. We usually meet every 4th Friday of the month. It is a free group and most times we have a presenter who will share their expertise on the subject. All are welcome!

Passaic

 Autism Support Group-Passaic
 95 Myrtle Ave
 (973) 534-0145

Bring Hope Wellness Restoration SUD IOP Triweekly Group

Mondays, Wednesdays, and Fridays, 6:00 PM to 9:00 PM

Triweekly, 3 evenings for 3 hours each a week, intensive outpatient group in support of substance abuse recovery/wellness restoration. These groups are run by a professionally licensed clinician and the cost for uninsured if low income is \$59.00 per week.

Pompton Lakes

 Bring Hope
 123 Wanaque Avenue
 (973) 858-8163

Consumer Parent Support Network: Men's Spanish Support Group

1st and 3rd Wednesday, 10:00 am-12:00 pm

This group is a professionally facilitated peer support group for adult Passaic County male parents or caregivers who have been diagnosed with a mental illness.

Clifton

 Mental Health Association in Passaic County
 404 Clifton Ave
 (973) 478-4444 x114

Consumer Parents Women's Spanish Support Group
PASSAICResourceNet.org
📅 2nd and 4th Friday, 10:00 am-12:00 pm

This group is a professionally facilitated peer support group for adult Passaic County female parents or caregivers who have been diagnosed with a mental illness.

Clifton

📍 Mental Health Association in Passaic County
📍 404 Clifton Ave
📞 (973) 478-4444 x114

DBSA of Passaic County

📅 Tuesdays, 6:30-8:00 pm and Wednesdays, 1:00-2:30 pm

The purpose of our groups is to share experiences related to living with mood disorders in a safe non-judgmental environment. We provide information and offer peer support.

Clifton

📍 MHAPC
📍 404 Clifton Ave
📞 (973) 478-4444 ext. 17

DBSA of Passaic County (Wayne)

📅 Mondays, 6:00-7:30 pm

The purpose of our groups is to share experiences related to living with mood disorders in a safe non-judgmental environment. We provide information and offer peer support.

Wayne

📍 Jewish Family & Childrens Services of Northern NJ
📍 1 Pike Dr
📞 (973) 478-4444 ext. 17

Double Trouble in Recovery Group (DTR)

📅 Mondays, 5:00-6:00 pm

Double Trouble in Recovery (DTR) is a twelve-step fellowship of men and women who share their experience, strength, and hope with each other to solve their common problems and help others recover from their particular addiction(s) and mental disorder(s).

Clifton

📍 Mental Health Association in Passaic County
📍 404 Clifton Ave
📞 (973) 478-4444 x167

Family Circle Support Group

📅 2nd and 4th Wednesday, 6:00-7:30 pm

A self-help group for family members who are caring for an adult with a mental illness. Come learn from other group members about what you can do for yourself and your relative and how to cope with your situation and your feelings.

Clifton

📍 Mental Health Association in Passaic County
📍 404 Clifton Ave
📞 (973) 478-4444 x113

Fatherhood Support Group

📅 To be announced.

Bringing awareness about the importance of fatherhood.

Paterson

📍 Straight & Narrow Family Success Center
📍 101 Cedar St
📞 (973) 333-6240 ext. 15

From Surviving to Striving (OASIS)

📅 Every Wednesday from 11 AM & 1 PM

OASIS has a socialization group that meets every Wednesday of the month from 11 AM to 12 PM and 1 PM to 2:30 PM.

Paterson

📍 Oasis
📍 59 Mill Street
📞 (973) 881-8307 x122



Intensive Outpatient Program (SERV)

📅 Mondays, Wednesdays & Thursdays at 6 PM

SERV'S Intensive Outpatient Program is for primary substance use disorder for adults 18+

SERV'S IOP group sessions are held in the evening Every Mondays, Wednesdays & Thursdays from 6 PM to 9 PM. Sessions are offered hybrid: in-person & virtual for those without transportation. Food & drink will be provided. Enrollee are expected to attend all 3 sessions.

Virtual

📍 777 Bloomfield Ave.
📞 (973) 594-0125

Making Herstory (OASIS)

📅 1st & 3rd Tuesdays, 1:00 pm

OASIS has a support group involving empowered women who are also empowering other women.

Paterson

📍 Oasis - A Haven for Women and Children
📍 59 Mill Street
📞 (973) 881-8307 x122

Mom Squad Support Group

📅 Thursday, 6:00 pm

Join this parent group with ASCF & Family Partners on Zoom (Thursdays from 6 PM to 7:30 PM)!

Virtual

📞 (862) 273-5046

Mood Disorder Group (SERV) Hybrid

📅 Tuesdays at 6 PM

Are you having a tough time with mood swings or sadness?

If you are experiencing mood swings, depression, mania, irritability, not enjoying things like you used to, fatigue, feelings of worthlessness or guilt, you may benefit from this support group!

Clifton

📍 SERV'S CCBHC
📍 777 Bloomfield Ave.
📞 (973) 594-0125

Parent Support Group

📅 Thursday, 4:30-5:30 pm

Babysitting available during services. Come join us and develop a Family Success Plan! Parenting classes are available in both English and Spanish!

Paterson

📍 Straight & Narrow
📍 101 Cedar St
📞 (973) 345-6000

Parent Support Group

📅 Wednesdays

Team UP Counseling has a free Parent Support group that takes place on Wednesday evenings that can offer a space for parents to process their thoughts and emotions with other parents.

Virtual

📞 (201) 917-3048

 **Passaic / Bergen Brain Injury Support Group**
PASSAIC ResourceNet.org
📅 2nd Wednesday, 6:30 pm

Brain Injury support groups are an opportunity for both persons with brain injury and their family members to discuss the difficulties and hardships they are facing, as well as the accomplishments and joys in their life. This free group meets at Rehabilitation Specialists on the 2nd Wednesday of each month at 6:30 pm.

Virtual

📍 Rehabilitation Specialists
📍 18-01 Pollitt Drive
📞 (201) 478-4200 x31

Resocialization and Devirtualizing Your Life Group

📅 Mondays, 7:00 to 8:30 pm

Resocialization and Devirtualizing Restoration Treatment and Support Group for Young Adults
Ages 18 to 29.

Pompton Lakes

📍 Bring Hope
📍 123 Wanaque Avenue
📞 (973) 858-8163

Sharing Yarn Support Group

📅 1st and 3rd Thursday, 1:00-2:30 pm

A self-help group for family members who are caring for an adult with a mental illness. Come join us in learning how to knit and crochet.

Clifton

📍 Mental Health
Association In Passaic
County
📍 404 Clifton Ave
📞 (973) 478-4444 ext. 13

SOBTA After School Enrichment Program

📅 Weekdays, 4:00-6:00 pm

Sanni Ojibara Basketball Training Academy is a non-profit basketball enrichment organization. The mission is to help young people use the sport of basketball to learn discipline and confidence and to recognize and build on their strengths and resilience.

Paterson

📍 School #2
📍 22 Passaic St
📞 (973) 573-7552

Social Groups for Teens with Special Needs (WGFNJ)

📅 Virtual/Multiple Locations & Times

We are an organization that has organized groups for special needs teens to hang out and be themselves together; it's a wonderful way for them to be a part of a group and meet friends. We've Got Friends groups allow our teens to be who they are and do what they want in a safe, comfortable, and fun environment.

Support_Group

Social Skills Group

📅 Saturday, 9:00am-11:15am

Social Skill Group (ages 7-9) Saturdays 9am-10am Social Skill Group (ages 10-13) Saturdays 9am-10am

Parsippany

📍 Step Up Family Services
📍 181 new rd
📞 (973) 298-0763 x1

Support Group: For Parents & Coffee Hour (S&N FSC)

📅 Friday, 11:00 am

A parent-led, professionally facilitated parent mutual support group that is free & confidential! This meeting is conducted on Fridays, 11 AM to 12:30 PM.

Paterson

📍 Straight & Narrow FSC
📍 101 Cedar Street
📞 (973) 333-6240 x15



4th Friday, 8:00-11:00 pm

Safe environment where teens are free to speak out about any concerns they have at home, in school, with friends, or within the community and not be judged.

Paterson

📍 59 Sherman Ave.
☎ (201) 303-7108

Virtual 30-Hour Gambling Training

CCGNJ is proud to offer NJ's first Virtual 30-hour Gambling Training approved by the International Gambling Counselor Certification Board! This training is FREE for New Jersey Residents.

Virtual

Virtual Support Groups For New & Expecting Moms

We offer **Free** phone support & virtual groups to help you navigate the challenges that come with pregnancy & motherhood.

Virtual

☎ (973) 477-4921

Youth Socialization Group (SERV)

📅 Thursdays at 5 pm

Are you looking for ways for your child to improve their social skills?

SERV'S Certified Community Behavioral Health Clinic in Clifton, NJ is happy to announce the start of our Youth Socialization Group- a group which aims to support your child in developing their socialization skills.

Clifton

📍 SERV'S CCBHC
📍 777 Bloomfield Ave.
☎ (973) 594-0125