

ALL STUDENTS EAT AT NO COST!!

Gateway Unified School District

NUTRITIONAL INFORMATION AVAILABLE FROM
DISTRICT NURSE OR DISTRICT OFFICE, FOOD SERVICE

SERVING FIVE STAR MEALS



Mt. Lakes High School



Adult Lunch

\$5.75

STUDENTS CHOOSE 3 OF 5 COMPONENTS FOR LUNCH
(IE. PROTEIN, GRAIN, VEGETABLE, FRUIT, MILK)
AN ENTREE ITEM MAY ENCOMPASS 2 COMPONENTS
(IE. PROTEIN/GRAIN)

STUDENT'S MUST TAKE 1/2 CUP OF FRUIT OR VEGETABLE AT THE MINIMUM; MORE IS ALLOWED AND BOTH ARE ALLOWED


Monday

Tuesday

Wednesday

Thursday

Friday

<p>PLEASE COME AND JOIN US FOR A NUTRITIOUS, HEALTHY BREAKFAST AND LUNCH! WE PROUDLY SERVE FRANZ BREAD ITEMS THAT ARE WHOLE WHEAT AND WHOLE GRAIN WE ALSO PROUDLY SERVE PRODUCER'S MILK AND DAIRY ITEMS</p> <p>CHILLED 1% WHITE MILK AND NONFAT CHOCOLATE MILK & OTHER FLAVORS ARE SEASONAL (no high fructose corn syrup in chocolate milk)</p> <p>ALL MENU'S SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY</p>				1	<p>BIG DADDY'S PIZZA CHOICES</p> <p>BURRITO CHOICES</p> <p>(ALL ABOVE Q UANTITIES ARE LIMITED)</p> <p>LASAGNA</p> <p>ROLLS, GREEN BEANS</p>	2	<p>BIG DADDYS PIZZA CHOICES</p> <p>BURRITO CHOICES</p> <p>CORN DOG</p> <p>SUB SAND.</p> <p>(ALL ABOVE ARE LIMITED QUANTITIES)</p> <p>ORANGE CHICKEN OR</p> <p>EGG ROLLS</p>		
5	<p>BIG DADDY'S PIZZA CHOICES</p> <p>BURRITO CHOICES</p> <p>CORN DOG</p> <p>SUB SAND.</p> <p>(ALL ABOVE ARE LIMITED QUANTITIES)</p> <p>SOFT TACO (BEEF)</p> <p>SPANISH RICE</p>	6	<p>BIG DADDY'S PIZZA CHOICES</p> <p>BURRITO CHOICES</p> <p>CORN DOG</p> <p>(ALL ABOVE ARE LIMITED QUANTITIES)</p> <p>SPICY CHICKEN SAND.</p> <p>STEAMED BROCCOLI</p>	7	<p>BIG DADDY'S PIZZA CHOICES</p> <p>BURRITO CHOICES</p> <p>CORN DOG</p> <p>SUB SAND.</p> <p>(ALL ABOVE ARE LIMITED QUANTITIES)</p> <p>SUB SANDWICH</p> <p>SUN CHIPS</p>	8	<p>BIG DADDY'S PIZZA CHOICES</p> <p>BURRITO CHOICES</p> <p>CORN DOG</p> <p>SUB SAND.</p> <p>(ALL ABOVE ARE LIMITED QUANTITIES)</p> <p>SALISBURY STEAK</p> <p>w/MASHED POTATOES & ROLLS</p>	9	<p>BIG DADDYS PIZZA CHOICES</p> <p>BURRITO CHOICES</p> <p>CORN DOG</p> <p>SUB SAND.</p> <p>(ALL ABOVE ARE LIMITED QUANTITIES)</p> <p>ORANGE CHICKEN OR</p> <p>EGG ROLLS</p>
12	<p>BIG DADDY'S PIZZA CHOICES</p> <p>BURRITO CHOICES</p> <p>CORN DOG</p> <p>(ALL ABOVE ARE LIMITED QUANTITIES)</p> <p>NASHVILLE HOT CHICKEN</p> <p>NUGGETS</p> <p>NASHVILLE HOT TENDERS</p> <p>STEAMED CARROTS</p>	13	<p>BIG DADDY'S PIZZA CHOICES</p> <p>BURRITO CHOICES</p> <p>CORN DOG</p> <p>SUB SAND.</p> <p>(ALL ABOVE ARE LIMITED QUANTITIES)</p> <p>CHICKEN FAJITA</p> <p>SPANISH RICE</p>	14	<p>BIG DADDY'S PIZZA CHOICES</p> <p>BURRITO CHOICES</p> <p>CORN DOG</p> <p>SUB SAND.</p> <p>(ALL ABOVE ARE LIMITED QUANTITIES)</p> <p>HOT DOG W/ BUN</p>	15	<p>BIG DADDY'S PIZZA CHOICES</p> <p>BURRITO CHOICES</p> <p>CORN DOG</p> <p>SUB SAND.</p> <p>(ALL ABOVE ARE LIMITED QUANTITIES)</p> <p>8 WAY BAKED CHICKEN</p> <p>W/MASHED POTATOES,</p> <p>DINNER ROLLS</p>	16	<p>BIG DADDY'S PRIMO PIZZA</p> <p>BURRITO CHOICES</p> <p>CORN DOG</p> <p>SUB SAND.</p> <p>(ALL ABOVE ARE LIMITED QUANTITIES)</p> <p>SWEET N' SOUR CHICKEN OR</p> <p>EGG ROLLS</p>
19	<p>BIG DADDY'S PIZZA CHOICES</p> <p>BURRITO CHOICES</p> <p>CORN DOG</p> <p>(ALL ABOVE ARE LIMITED QUANTITIES)</p> <p>CHICKEN TENDERS,</p> <p>ROLLS</p> <p>STEAMED BROCCOLI</p>	20	<p>BIG DADDY'S PIZZA CHOICES</p> <p>BURRITO CHOICES</p> <p>CORN DOG</p> <p>SUB SAND.</p> <p>(ALL ABOVE ARE LIMITED QUANTITIES)</p> <p>SUPER NACHOS (BEEF)</p> <p>SPANISH RICE</p>	21	<p>BIG DADDY'S PIZZA CHOICES</p> <p>BURRITO CHOICES</p> <p>CORN DOG</p> <p>SUB SAND.</p> <p>(ALL ABOVE ARE LIMITED QUANTITIES)</p> <p>CHEESEBURGER W/ BUN</p>	22	<p>BIG DADDY'S PIZZA CHOICES</p> <p>BURRITO CHOICES</p> <p>CORN DOG</p> <p>SUB SAND.</p> <p>(ALL ABOVE ARE LIMITED QUANTITIES)</p> <p>TURKEY</p> <p>W/MASHED POTATOES,</p> <p>GRAVY, DINNER ROLLS</p>	23	<p>BIG DADDY'S PIZZA</p> <p>BURRITO CHOICES</p> <p>CORN DOG</p> <p>SUB SAND.</p> <p>(ABOVE ITEMS ARE LIMITED QUANTITIES)</p> <p>SPICY SICHUAN CHICKEN</p> <p>EGG ROLLS</p>
26	 <p>Memorial Day</p> <p>-----NO SCHOOL-----</p>	27	<p>BIG DADDY'S PIZZA CHOICES</p> <p>BURRITO CHOICES</p> <p>CORN DOG</p> <p>SUB SAND.</p> <p>(ALL ABOVE ARE LIMITED QUANTITIES)</p> <p>PULLED PORK SAND.</p>	28	<p>BIG DADDY'S PIZZA CHOICES</p> <p>EXTREME BURRITO (BN&CHS)</p> <p>CORN DOG</p> <p>SUB SAND.</p> <p>(ABOVE IN LIMITED QUANTITIES)</p> <p>TOASTED CHEESE SAND.</p> <p>CHICKEN SOUP</p>	29	<p>BIG DADDY'S PIZZA CHOICES</p> <p>BURRITO CHOICES</p> <p>CORN DOG</p> <p>SUB SAND.</p> <p>(ALL ABOVE ARE LIMITED QUANTITIES)</p> <p>MAC N' CHEESE</p>	30	<p>BIG DADDY'S PIZZA CHOICES</p> <p>BURRITO CHOICES</p> <p>CORN DOG</p> <p>SUB SAND.</p> <p>(ALL ABOVE ARE LIMITED QUANTITIES)</p> <p>EDAMAME KUNG PAO CHICKEN</p> <p>OR EGG ROLL</p>