

+Prices 2024-2025
Student Lunch \$2.90
Adult Lunch \$5.00
Reduced Lunch FREE

MAY

GHMS LUNCH 2025

Prepared by CVSD (717)556-0025

BUCKSKIN BAG

- #1 WG Mini Pretzels, String Cheese, Peanut Butter, Grahams
- #2 WG Sun Chips, Turkey Stick, Mini Loaf, Sunflower Seeds
- #3 WG Grahams, Yogurt, Peanut Butter, Mini Muffin
- #4 WG Chex Mix, Turkey Stix, Mini Loaf, Cheese Stix

Monday	Tuesday	Wednesday	Thursday	Friday
			1 French Toast Stix / Sausage Links or Turkey & Cheese on WG or Garden Salad / Cheez Its / WG Roll Hash Brown / 100% Fruit Juice Cucumbers w/ Ranch Cinnamon Apples / 100% Fruit Juice Milk	2 Cheese Pizza Slice or Buckskin Bag #2 or Garden Salad / Cheez Its / WG Roll Mixed Vegetables Baby Carrots w/ Ranch Mixed Fruit / Fresh Fruit Milk
5 Chicken Parmesan on WG Roll Buttered Rotini or Buckskin Bag #3 or Deli Salad / Sun Chips / Bread Stick Steamed Peas Spring Mix Salad w/ Ranch Pears / Fresh Fruit Milk	6 Pretzel Bun w/ Cheese or Italian Meat & Cheese on WG or Deli Salad / Sun Chips / Bread Stick Tomato Soup w/ Goldfish Crackers Cucumbers w/ Ranch Peaches / Fresh Fruit Milk	7 Teriyaki Dippers / Fried Rice Eggroll / Orange Sauce or Buckskin Bag #3 or Deli Salad / Sun Chips / Bread Stick Steamed Broccoli Baby Carrots w/ Ranch Pineapples / Fresh Fruit Milk	8 Walking Taco or Italian Meat & Cheese on WG or Deli Salad / Sun Chips / Bread Stick Mexican Bean Salad Lettuce / Tomato / Cheese Apple Sauce / Fresh Fruit Milk	9 French Bread Pizza or Buckskin Bag #3 or Deli Salad / Sun Chips / Bread Stick Mixed Vegetables Broccoli Florets w/ Ranch Mixed Fruit / Fresh Fruit Milk
12 Egg Omelet / Sausage Links / Biscuit or Buckskin Bag #4 or Cobb Salad / Fritos / WG Roll Parsley Potatoes Baby Carrots w/ Ranch Cinnamon Apples / 100% Fruit Juice	13 Chicken Tenders / Snack Bag or PBJ or Cobb Salad / Fritos / WG Roll Baked Beans / Onion Rings Grape Tomatoes w/ Ranch Mixed Fruit / Fresh Fruit Milk	14 Rotini Pasta / Meatballs / Breadstick or Buckskin Bag #4 or Cobb Salad Mixed Vegetables Mini Salad w/ Ranch Pears / Fresh Fruit Milk	15 Jumbo Hotdog w/ Mac & Cheese or PBJ or Cobb Salad Steamed Peas Celery Stix w/ Ranch Peaches / Fresh Fruit Milk	16 Pizza Stix w/ Sauce or Buckskin Bag #4 or Cobb Salad Steamed Broccoli Cucumbers w/ Ranch Apple Slices / Craisins Milk
19 Breaded Chicken Filet on WG Roll or Buckskin Bag #1 or Italian Salad BBQ Baked Beans Shredded Lettuce & Tomato Pineapples / Fresh Fruit Milk	20 Cheesy Pull-a-Parts or Ham & Cheese on WG or Italian Salad / Goldfish / Bread Stick Tomato Soup w/ Goldfish Crackers Cucumbers w/ Ranch Apple Sauce / Fresh Fruit Milk	21 Popcorn Chicken / Mashed Potatoes Buckskin Bag #1 Italian Salad / Goldfish / Bread Stick Steamed Broccoli Baby Carrots w/ Ranch Mixed Fruit / Fresh Fruit Milk	22 Soft Shell Taco or Ham & Cheese on WG or Italian Salad / Goldfish / Bread Stick Steamed Corn Lettuce / Tomato / Cheese Peaches / Fresh Fruit Milk	23 EARLY DISMISSAL French Bread Pizza or PBJ Green Beans Apple Slices / Craisins Milk
26 NO SCHOOL	27 Beef & Cheddar or Pepperoni Hot Pocket w/ Sun Chips snack bag or Turkey & Cheese on WG or Garden Salad / Cheez Its / WG Roll Steamed Broccoli Baby Carrots w/ Ranch Pears / Fresh Fruit Milk	28 Cheeseburger on WG or Buckskin Bag #2 or Garden Salad / Cheez Its / WG Roll Smile Potatoes Shredded Lettuce & Tomato Peaches / Fresh Fruit Milk	29 Mac & Cheese w/ Tostitos / Salsa Cup or Turkey & Cheese on WG or Garden Salad / Cheez Its / WG Roll Baked Beans Grape Tomatoes w/ Ranch Pineapples / Fresh Fruit Milk	30 Cheese Pizza or Buckskin Bag #2 or Deli Salad / Sun Chips / Bread Stick Mixed Vegetables Broccoli Florets w/ Ranch Mixed Fruit / Fresh Fruit Milk

LUNCH SELECTION CHOICE INCLUDES:

1. **HOT ENTRÉE: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT**
2. **COLD SANDWICH / PBJ: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT**
3. **BUCKSKIN BAG INCLUDES: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT**
FAT FREE MILK SERVED DAILY

MENU SUBJECT TO CHANGE

- Garden Salad (Greens, Tomato, Cucumber, Carrot, Pepper, Sunflower Seeds, Cheddar)
- Deli Salad (Greens, Tomato, Cucumber, Red Onion, Peppers, Egg, Turkey Ham, Mozzarella)
- Cobb Salad (Greens, Tomato, Cucumber, Carrot, Egg, Turkey Bacon Grilled Chicken, Cheddar)
- Italian Salad (Greens, Tomato, Carrots, Red Onion, Pepper, Turkey Pepperoni, Mozzarella)

