

**+Prices 2024-2025**  
**Student Lunch \$2.90**  
**Adult Lunch \$5.00**  
**Reduced Lunch FREE**

**MAY**

# GHMS LUNCH 2025

Prepared by CVSD (717)556-0025

## BUCKSKIN BAG

#1 WG Mini Pretzels, String Cheese, Peanut Butter, Grahams  
 #2 WG Sun Chips, Turkey Stick, Mini Loaf, Sunflower Seeds  
 #3 WG Grahams, Yogurt, Peanut Butter, Mini Muffin  
 #4 WG Chex Mix, Turkey Stix, Mini Loaf, Cheese Stix

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> French Toast Stix / Sausage Links or Turkey & Cheese on WG or Garden Salad / Cheez Its / WG Roll  Hash Brown / 100% Fruit Juice Cucumbers w/ Ranch Cinnamon Apples / 100% Fruit Juice Milk	<b>2</b> Cheese Pizza Slice or Buckskin Bag #2 or Garden Salad / Cheez Its / WG Roll  Mixed Vegetables Baby Carrots w/ Ranch Mixed Fruit / Fresh Fruit Milk
<b>5</b> Chicken Parmesan on WG Roll Buttered Rotini or Buckskin Bag #3 or Deli Salad / Sun Chips / Bread Stick  Steamed Peas Spring Mix Salad w/ Ranch Pears / Fresh Fruit Milk	<b>6</b> Pretzel Bun w/ Cheese or Italian Meat & Cheese on WG or Deli Salad / Sun Chips / Bread Stick  Tomato Soup w/ Goldfish Crackers Cucumbers w/ Ranch Peaches / Fresh Fruit Milk	<b>7</b> Teriyaki Dippers / Fried Rice Eggroll / Orange Sauce or Buckskin Bag #3 or Deli Salad / Sun Chips / Bread Stick  Steamed Broccoli Baby Carrots w/ Ranch Pineapples / Fresh Fruit Milk	<b>8</b> Walking Taco or Italian Meat & Cheese on WG or Deli Salad / Sun Chips / Bread Stick  Mexican Bean Salad Lettuce / Tomato / Cheese Apple Sauce / Fresh Fruit Milk	<b>9</b> French Bread Pizza or Buckskin Bag #3 or Deli Salad / Sun Chips / Bread Stick  Mixed Vegetables Broccoli Florets w/ Ranch Mixed Fruit / Fresh Fruit Milk
<b>12</b> Egg Omelet / Sausage Links / Biscuit or Buckskin Bag #4 or Cobb Salad / Fritos / WG Roll  Parsley Potatoes Baby Carrots w/ Ranch Cinnamon Apples / 100% Fuit Juice	<b>13</b> Chicken Tenders / Snack Bag or PBJ or Cobb Salad / Fritos / WG Roll  Baked Beans / Onion Rings Grape Tomatoes w/ Ranch Mixed Fruit / Fresh Fruit Milk	<b>14</b> Rotini Pasta / Meatballs / Breadstick or Buckskin Bag #4 or Cobb Salad  Mixed Vegetables Mini Salad w/ Ranch Pears / Fresh Fruit Milk	<b>15</b> Jumbo Hotdog w/ Mac & Cheese or PBJ or Cobb Salad  Steamed Peas Celery Stix w/ Ranch Peaches / Fresh Fruit Milk	<b>16</b> Pizza Stix w/ Sauce or Buckskin Bag #4 or Cobb Salad  Steamed Broccoli Cucumbers w/ Ranch Apple Slices / Craisins Milk
<b>19</b> Breaded Chicken Filet on WG Roll or Buckskin Bag #1 or Italian Salad  BBQ Baked Beans Shredded Lettuce & Tomato Pineapples / Fresh Fruit Milk	<b>20</b> Cheesy Pull-a-Parts or Ham & Cheese on WG or Italian Salad / Goldfish / Bread Stick  Tomato Soup w/ Goldfish Crackers Cucumbers w/ Ranch Apple Sauce / Fresh Fruit Milk	<b>21</b> Popcorn Chicken / Mashed Potatoes Buckskin Bag #1 Italian Salad / Goldfish / Bread Stick  Steamed Broccoli Baby Carrots w/ Ranch Mixed Fruit / Fresh Fruit Milk	<b>22</b> Soft Shell Taco or Ham & Cheese on WG or Italian Salad / Goldfish / Bread Stick  Steamed Corn Lettuce / Tomato / Cheese Peaches / Fresh Fruit Milk	<b>23</b> <b>EARLY DISMISSAL</b>  French Bread Pizza or PBJ  Green Beans Apple Slices / Craisins Milk
<b>26</b>  <b>NO SCHOOL</b>	<b>27</b> Beef & Cheddar or Pepperoni Hot Pocket w/ Sun Chips snack bag or Turkey & Cheese on WG or Garden Salad / Cheez Its / WG Roll  Steamed Broccoli Baby Carrots w/ Ranch Pears / Fresh Fruit Milk	<b>28</b> Cheeseburger on WG or Buckskin Bag #2 or Garden Salad / Cheez Its / WG Roll  Smile Potatoes Shredded Lettuce & Tomato Peaches / Fresh Fruit Milk	<b>29</b> Mac & Cheese w/ Tostitos / Salsa Cup or Turkey & Cheese on WG or Garden Salad / Cheez Its / WG Roll  Baked Beans Grape Tomatoes w/ Ranch Pineapples / Fresh Fruit Milk	<b>30</b> Cheese Pizza or Buckskin Bag #2 or Deli Salad / Sun Chips / Bread Stick  Mixed Vegetables Broccoli Florets w/ Ranch Mixed Fruit / Fresh Fruit Milk

## LUNCH SELECTION CHOICE INCLUDES:

- HOT ENTRÉE: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT**
- COLD SANDWICH / PBJ: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT**
- BUCKSKIN BAG INCLUDES: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT**  
**FAT FREE MILK SERVED DAILY**

## MENU SUBJECT TO CHANGE

Garden Salad (Greens, Tomato, Cucumber, Carrot, Pepper, Sunflower Seeds, Cheddar)  
 Deli Salad (Greens, Tomato, Cucumber, Red Onion, Peppers, Egg, Turkey Ham, Mozzarella)  
 Cobb Salad (Greens, Tomato, Cucumber, Carrot, Egg, Turkey Bacon Grilled Chicken, Cheddar)  
 Italian Salad (Greens, Tomato, Carrots, Red Onion, Pepper, Turkey Pepperoni, Mozzarella)

