

Dietary Modifications

The National School Lunch program (NSLP) and School Breakfast program (NSBP) aim to provide all participating students, regardless of background, with the nutritious meals they need to be healthy. This includes ensuring children with disabilities have an equal opportunity to participate in and benefit from the NSLP and NSBP.

Federal Regulations require schools and institutions to serve meals at no extra charge to those students whose disability restricts their diet in such a way that they cannot fully participate in the food program without modification to the foods offered or the planned menu. If you believe your child needs substitutions because of a disability, please contact us for further information. You must request meal modifications from the school and provide the school with a medical statement from a State licensed healthcare professional or Registered Dietician. This medical statement must contain but is not limited to the following information:

- *Information about the student's physical or mental impairment to inform the school as to how it restricts the student's diet

- *An explanation of what accommodations are needed to be made to meet the student's dietary needs

- *What foods to omit and recommended alternatives

If you have questions regarding meal modifications please contact Pamela Gallant, Food Service Manager, 315-754-2062 for more information.