

Breck School 2025 Boys Soccer Handbook

As boys' soccer coaches at Breck School, we are thrilled that you are part of our program. We want this season to be an enjoyable and fulfilling experience for you. We believe that good communication is important to achieve this. If you ever have questions or concerns, please don't hesitate to contact a coach, captain or captain's parent.

This handbook is intended to provide contact information, information regarding team selection, team rules and lettering policy for the Breck Upper School boys' soccer program. Please be sure to review and understand the team rules. If you have any questions, please ask one of the coaches.

Coaches: George Stuempfig
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Varsity Captains: Elan Choudry
 Ellis Preissing
 Chase Wilkinson

Captains' Parents: Umar Choudry, choudryu@gmail.com
 Marina Aleixo, Aleix001@umn.edu
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Bryan Wilkinson, bryanwilkinson@icloud.com

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Team Selection

The first week of coaches' practices, August 11 through 15, will double as tryouts for our teams. A select group of players will be taken to scrimmages on Saturday, August 16. The Varsity team will be selected from this group. Team rosters will be announced on Monday morning, August 18.

Nobody will be cut from the program as long as they maintain regular attendance and do not violate team rules. Players will be evaluated based on their attitude, technical ability, tactical understanding, soccer conditioning, physical development and attendance at soccer program activities. They will be placed on one of our teams based on these evaluations, as well as where they fall among players vying for similar roles on our teams. We try to place players on teams where we believe the level of competition will afford them opportunities for success and a positive experience.

Commitment Letter

If a player accepts a Varsity roster spot, the expectation is that he will remain with the team, fully committed, until the season is over. This includes the section tournament, which falls during MEA week, and the state tournament. When we offer a Varsity roster spot to a player, he will need to bring a Commitment Letter home for review by his parents/guardians, sign it, and return to the Head Coach to secure his roster spot on the Varsity team.

Team Rules

Attendance: The soccer teams are viewed as an extension of the classroom. As such, attendance at practices and games is mandatory.

If you will be late to a practice because of a classroom commitment, you must inform your coach via text or email before 3:00pm; include your name, the name of your teacher and the class in your communication.

If you will miss practice because of a doctor appointment, let your coach know via text or email before 3:00pm. If you see a doctor because of a soccer-related injury, you must give a note signed by your doctor clearing you to participate to the athletic trainer John LaRotonda. John will make the final clearance decision regarding return to the field upon receiving the doctor's note.

Absences due to religious conflicts will be excused. Please inform your coach in advance.

Do not ask a captain or another player to convey your message to your coach. It is your responsibility to give the message yourself.

Be at the field ready to start promptly at the start time for every practice. Be at the designated location on time for every team meeting.

If you are late for a practice or team meeting without informing your coach of the reason in advance, you will not start the next game.

If you are absent without permission from a class or other school activity during the day, you may not participate in soccer that afternoon/evening.

First unexcused absence: miss first half of next game

Second unexcused absence: miss next game and coach will discuss with parents

Third unexcused absence: dismissal from soccer program

Personal Conduct:

Disruptive behavior will not be tolerated. You will be told by a coach to leave the field immediately. Effect on playing time will be at the discretion of your coach. Persistent disruptive behavior will result in a call to the parents, followed potentially by dismissal from the soccer program.

NO FOUL LANGUAGE – player will be removed from practice or game, and will be held out from the remainder of that activity.

Respect your teammates, opponents, referees and spectators. Your behavior must reflect positively on yourself, your team and Breck School.

Clean up all garbage at the end of each practice or game, whether it's yours or someone else's. Leave the bench area as clean as, or cleaner than you found it.

Respect school equipment. If you lose a ball during a practice or game, it is your personal responsibility to retrieve it.

A shirt must be worn at all times during practices as well as games. Shin guards must be worn at all practices that involve competitive soccer activities.

Other:

For Varsity games, undergarments that are visible outside the uniform (compression shorts, Under Armour tops) must be the same color throughout the team. Coordinate with the Varsity captains. Tape used on the outside of socks must be the same color as the socks.

We encourage players to ride the bus back to the school from away games. If parents intend to drive a player home from the field, a completed driver release form **must** be handed to the coach before the team gets on the bus after the game.

We encourage our players to keep our athletic trainer John LaRotonda abreast of any physical problems they're having so he can keep track of their health and offer advice/recommendations.

Players can have their uniforms washed at the school. Put your uniform down the laundry chute and retrieve it the next day.

Lettering Policy

A player must play in at least one half of the Varsity games over the course of the season to obtain a letter. A letter may be given at the coach's discretion if there are unique circumstances.