

MONDAY

April 28

TUESDAY

April 29

WEDNESDAY

April 30

THURSDAY

May 1

FRIDAY

May 2

PODS & CFC LUNCH MENU

April 28 - May 2

DELI

Ham, Cheese & Lettuce Wrap

Peanut Butter & Jelly

Uncrustable Sandwich

Fruit & Yogurt Parfait

Peanut Butter & Jelly

Uncrustable Sandwich

Fruit & Yogurt Parfait

Chicken Ranch Wrap

Peanut Butter & Jelly Uncrustable Sandwich

Fruit & Yogurt Parfait

Peanut Butter & Jelly

Uncrustable Sandwich

Fruit & Yogurt Parfait

Pizza Roll Up

Peanut Butter & Jelly

Uncrustable Sandwich

Fruit & Yogurt Parfait



SIDES

Baked Beans

Fresh Vegetables

Fresh Fruit

Chilled Fruit

Steamed Corn

Fresh Vegetables

Fresh Fruit

Chilled Fruit

Mixed Veggie Medley

Fresh Vegetables

Fresh Fruit

Chilled Fruit

Steamed Broccoli

Fresh Vegetables

Fresh Fruit

Chilled Fruit

Savory Green Beans

Fresh Vegetables

Fresh Fruit

Chilled Fruit



They feed you. Show 'em some love.

Friday, May 2nd

2024-2025 academic year,

the Food Service

Department will provide a

free complete lunch to any

student who qualifies for FREE OR REDUCED PRICED SCHOOL MEALS.

A complete student lunch must include at least THREE of the five components being offered (protein, grain, vegetables, fruit and milk). One component MUST be a full serving of fruit or vegetables. Milk choices include 1% white and fat-free chocolate.

PIZZA

Pepperoni Pizza

Cheese Pizza

Italian Sausage

Pizza

Cheese Pizza

The Works Pizza

Cheese Pizza

Cheeseburger

Pizza

Cheese Pizza

Chicken Bacon

Ranch Pizza

Cheese Pizza

ENTREES

Chicken Nuggets

Sloppy Joe Sandwich

Walking Taco

BBQ Riblet Sandwich

Tater Tot Casserole w/

Texas Toast

Grilled Chicken Sandwich

Spaghetti w/ Italian Meat

Sauce & Texas Toast

Hot Ham & Cheese

Sandwich

Crispy Fish Sticks

Cheese Quesadilla

Staff/Visitor Lunch: \$4.00

Hearty Tossed

Salad w/

Shredded

Cheese

Pea Salad Hearty Tossed	
Salad w/ Shredded Cheese	
Hearty Tossed Salad w/ Shredded Cheese	Healthy Food Aealthy Life
Veggetable Pasta Salad	For online personal wellness resources for you and your family, visit
Hearty Tossed Salad	ChooseMyPlate.gov
Hearty Tossed Salad w/ Shredded Cheese	Protein Choose My Plate.gov
Hearty Tossed	For the duration of the

This institution is an equal opportunity provider.

Menu is subject to change. Check Nutrislice for the most up-to-date menu information.



MAY 5 - MAY 9

A complete student lunch must include at least THREE of the five components being

of fruit or vegetables. Milk choices include 1% white and fat-free chocolate.





Staff/Visitor Lunch: \$4.00

Get a FREE chocolate chip cookie when you take a complete school lunch on Friday, May 9th.



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May is **National** Asparagus Month



ČČČČ	Entrees	Pizza	Deli	Sides	Salad
	Cheese Stuffed	D	Ham, Cheese & Lettuce Wrap	Baked Beans	De a Calad
Monday	Breadsticks w/ Sauce	Pepperoni Pizza	Peanut Butter & Jelly	Fresh Vegetables	Pea Salad
May 5	Clanny Ion Candwich	Cheese Pizza	Uncrustable Sandwich	Fresh Fruit	Hearty Tossed
	Sloppy Joe Sandwich	Cheese Pizza	Fruit & Yogurt Parfait	Chilled Fruit	Salad
	Crispy Chicken Sandwich	Italian Sausage	Peanut Butter & Jelly	Steamed Corn	Hearty Tossed Salad w/ Shredded Cheese
Tuesday	Crispy Criicken Sandwich	Pizza	Uncrustable Sandwich	Fresh Vegetables	
May 6	Cnigy Chickon Condwich	Cheese Pizza	Fruit C Voquet Dorfoit	Fresh Fruit	
	Spicy Chicken Sandwich		Fruit & Yogurt Parfait	Chilled Fruit	
	Pancakes w/ Sausage Patty & String Cheese	Chicken Bacon Ranch Pizza	Peanut Butter & Jelly Uncrustable Sandwich	Hash Brown Patty	Vegetable Pasta Salad
Wednesday				Fresh Vegetables	
May 7	Hot Ham & Cheese Sandwich	Cheese Pizza	Fruit & Yogurt Parfait	Fresh Fruit	Hearty Tossed Salad
				Chilled Fruit	
	Chicken Alfredo Pasta w/ Texas Toast	Cheeseburger Pizza	Chicken Ranch Wrap	Steamed Broccoli	Hearty Tossed Salad w/ Shredded Cheese Hearty Tossed Salad w/ Shredded Cheese
Thursday			Peanut Butter & Jelly Uncrustable Sandwich	Fresh Vegetables	
May 8	BBQ Pulled Pork Sandwich	Cheese Pizza		Fresh Fruit	
•			Fruit & Yogurt Parfait	Chilled Fruit	
Friday May 9	Macaroni & Cheese	Pepperoni Pizza	Peanut Butter & Jelly Uncrustable Sandwich	Savory Green Beans	
				Fresh Vegetables	
	Grilled Chicken Sandwich	Cheese Pizza	Fruit & Yogurt Parfait	Fresh Fruit	
				Chilled Fruit	





MAY 12 - MAY 16

A complete student lunch must include at least THREE of the five components being offered (protein, grain, vegetables, fruit and milk). One component MUST be a full serving

of fruit or vegetables. Milk choices include 1% white and fat-free chocolate.





Staff/Visitor Lunch: \$4.00

	ENTREES	PIZZA	DELI	SIDES	SALAD
		Pepperoni Pizza	Ham, Cheese & Lettuce Wrap	Smile Potatoes	Pea Salad
MONDAY	Classic Cheeseburger		Peanut Butter & Jelly	Fresh Vegetables	
May 12	Grilled Chicken Sandwich	Cheese Pizza	Uncrustable Sandwich	Fresh Fruit	Hearty Tossed Salad
	Grilled Chicken Sandwich		Fruit & Yogurt Parfait	Chilled Fruit	
	Malling To a	Italian Sausage Pizza	Peanut Butter & Jelly	Steamed Corn	Marinated Cucumber Salad
TUESDAY	Walking Taco		Uncrustable Sandwich	Fresh Vegetables	
May 13	BBQ Pulled Pork Sandwich	Cheese Pizza	Fruit & Yogurt Parfait	Fresh Fruit	Hearty Tossed Salad
				Chilled Fruit	
	Chicken Drumstick w/	The AME who Dimes	Chicken Ranch Wrap	Steamed Broccoli	Hearty Tossed Salad w/ Shredded Cheese
WEDNESDAY	Mashed Potatoes, Gravy & Dinner Roll	The Works Pizza	Peanut Butter & Jelly Uncrustable Sandwich	Fresh Vegetables	
May 14	Sloppy Joe Sandwich	Cheese Pizza		Fresh Fruit	
			Fruit & Yogurt Parfait	Chilled Fruit	
	Portesi Cheese Fries w/ Dipping Sauce	Cheeseburger Pizza	Peanut Butter & Jelly Uncrustable Sandwich	Mixed Vegetable Medley	Hearty Tossed Salad w/ Shredded Cheese
THURSDAY				Fresh Vegetables	
May 15	Hot Ham & Cheese Sandwich	Cheese Pizza	Fruit & Yogurt Parfait	Fresh Fruit	
				Chilled Fruit	
FRIDAY	E-LARING.		How do you fix a bro	ken strawberry?	
May 16	16 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		With a strawb	erry patch!	

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You Gotta Nourish To Flourish.



May is National **Strawberry Month**



Strawberries, a delicious and nutritious fruit, are a good source of vitamin C, antioxidants and fiber.

For online personal wellness resources for you and your family, visit

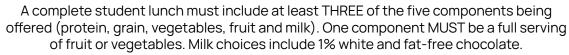
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For the duration of the 2024-2025 academic year, the Food Service Department will provide a free complete lunch to any student who qualifies for FREE OR REDUCED PRICED SCHOOL MEALS.



May 19 - May 23







Staff/Visitor Lunch: \$4.00

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May is National Egg Month



Why shouldn't you tease egg whites?

Because they can't take a yolk!

For online personal wellness resources for you and your family, visit

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***	ENTREES	PIZZA	DELI	SIDES	SALAD
	Objeten Newson	Pepperoni Pizza	Ham, Cheese & Lettuce Wrap	Baked Beans	Pea Salad
MONDAY	Chicken Nuggets		Peanut Butter & Jelly	Fresh Vegetables	
May 19	BBQ Pulled Pork Sandwich	Cheese Pizza	Uncrustable Sandwich	Fresh Fruit	Hearty Tossed
	DDQ Fulled FOLK SalidWich	Crieese Fizza	Fruit & Yogurt Parfait	Chilled Fruit	Salad
	Marila III O la Occada dal	Italian Sausage	Peanut Butter & Jelly	Steamed Corn	Hearty Tossed Salad w/ Shredded Cheese
TUESDAY	Meatball Sub Sandwich	Pizza	Uncrustable Sandwich	Fresh Vegetables	
May 20	Grilled Chicken Sandwich	Cheese Pizza	Fruit & Yogurt Parfait	Fresh Fruit	
	Grilled Chicken Sandwich			Chilled Fruit	
	Classic Corn Dog	The Works Pizza	Peanut Butter & Jelly Uncrustable Sandwich	Savory Green Beans	Hearty Tossed Salad w/ Shredded Cheese
WEDNESDAY				Fresh Vegetables	
May 21	Toasted Cheese Sandwich	Cheese Pizza	Fruit & Yogurt Parfait	Fresh Fruit	
				Chilled Fruit	
	Spaghetti w/ Italian Meat Sauce & Texas Toast	Cheeseburger Pizza	Chicken Ranch Wrap	Steamed Broccoli	Vegetable Pasta Salad
THURSDAY			Peanut Butter & Jelly Uncrustable Sandwich	Fresh Vegetables	
May 22	Hot Ham & Cheese Sandwich	Cheese Pizza		Fresh Fruit	Hearty Tossed
			Fruit & Yogurt Parfait	Chilled Fruit	Salad
FRIDAY May 23	Crispy Fish Sticks	Chicken Bacon Ranch Pizza	Peanut Butter & Jelly Uncrustable Sandwich	Mixed Vegetable Medley	Hearty Tossed Salad w/ Shredded Cheese
				Fresh Vegetables	
	Sloppy Joe Sandwich	Cheese Pizza	Fruit & Yogurt Parfait	Fresh Fruit	
				Chilled Fruit	

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MAY 26 - MAY 30

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A complete student lunch must include at least THREE of the five components being

of fruit or vegetables. Milk choices include 1% white and fat-free chocolate.



Staff/Visitor Lunch: \$4.00



cocoo	ENTREES	PIZZA	DELI	SIDES	SALAD	
MONDAY May 26 NO SCHOOL TODAY NO SCHOOL MEMORIAL DAY						
TUESDAY	Cheese Stuffed Breadsticks w/ Sauce	Pepperoni Pizza	Peanut Butter & Jelly Uncrustable Sandwich	Mixed Veggie Medley Fresh Vegetables	Hearty Tossed Salad w/	
May 27	BBQ Pulled Pork Sandwich	Cheese Pizza	Fruit & Yogurt Parfait	Fresh Fruit Chilled Fruit	Shredded Cheese	
	Crispy Chicken Sandwich	Italian Sausage Pizza	Chicken Ranch Wrap	Steamed Broccoli	Marinated Tomato & Cucumber Salad Hearty Tossed Salad	
WEDNESDAY			Peanut Butter & Jelly Uncrustable Sandwich	Fresh Vegetables		
May 28	Spicy Chicken Sandwich	Cheese Pizza		Fresh Fruit		
			Fruit & Yogurt Parfait	Chilled Fruit		
	Walking Taco	Cheeseburger Pizza	Peanut Butter & Jelly Uncrustable Sandwich	Steamed Corn	Hearty Tossed Salad w/ Shredded Cheese	
THURSDAY				Fresh Vegetables		
May 29	Grilled Chicken Sandwich	Cheese Pizza	Fruit & Yogurt Parfait	Fresh Fruit		
				Chilled Fruit		
FRIDAY May 30	Classic Corn Dog	Chicken Bacon Ranch Pizza	Pizza Roll Up	French Fries		
			Peanut Butter & Jelly	Fresh Vegetables	Hearty Tossed Salad w/	
	Hot Ham & Cheese Sandwich	Cheese Pizza	Uncrustable Sandwich	Fresh Fruit	Shredded Cheese	
			Fruit & Yogurt Parfait	Chilled Fruit	Oncese	

MAY 28th is NATIONAL HAMBURGER DAY!





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June 2 - June 5

A complete student lunch must include at least THREE of the five components being offered (protein, grain, vegetables, fruit and milk). One component MUST be a full serving

of fruit or vegetables. Milk choices include 1% white and fat-free chocolate.





Staff/Visitor Lunch: \$4.00



4	ENTREES	PIZZA	DELI	SIDES	SALADS
MONDAY	Olivia va Nasavala	Pepperoni Pizza	Peanut Butter & Jelly Uncrustable Sandwich	Steamed Broccoli	Hearty Tossed Salad w/ Shredded Cheese
MONDAY	Chicken Nuggets			Fresh Vegetables	
June 2	Cheese Quesadilla	Cheese Pizza	Fruit & Voqurt Parfait	Fresh Fruit	
	Crieese Quesaullia	Cheese Pizza	Fruit & Yogurt Parfait	Chilled Fruit	
THEODAY	Classia Chassahurgar	Italian Sausage Pizza	Peanut Butter & Jelly Uncrustable Sandwich	Steamed Corn	Hearty Tossed Salad w/ Shredded Cheese
TUESDAY	Classic Cheeseburger			Fresh Vegetables	
June 3	BBQ Pulled Pork Sandwich	Cheese Pizza	Fruit & Yogurt Parfait	Fresh Fruit	
				Chilled Fruit	
	Pancakes w/ Sausage Patty & String Cheese	Cheeseburger Pizza	Peanut Butter & Jelly Uncrustable Sandwich	Savory Green Beans	Hearty Tossed Salad w/ Shredded Cheese
WEDNESDAY				Fresh Vegetables	
June 4	Hot Ham & Cheese Sandwich	Cheese Pizza	Fruit & Yogurt Parfait	Fresh Fruit	
				Chilled Fruit	
THURSDAY Jone 5	Classic Hot Dog on a Bun	Chicken Bacon Ranch Pizza	Peanut Butter & Jelly Uncrustable Sandwich	Baked Beans	Hearty Tossed Salad w/ Shredded Cheese
				Fresh Vegetables	
	Grilled Chicken Sandwich	Cheese Pizza		Fresh Fruit	
				Chilled Fruit	
				•	



ENJOY YOUR SUMMER BREAK!



WORLD MILK DAY

June 1, 2025



For online personal wellness resources for you and your family, visit

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