



# PODS & CFC LUNCH MENU

April 28 - May 2



A complete student lunch must include at least THREE of the five components being offered (protein, grain, vegetables, fruit and milk). One component MUST be a full serving of fruit or vegetables. Milk choices include 1% white and fat-free chocolate.

Staff/Visitor Lunch: **\$4.00**

	ENTREES	PIZZA	DELI	SIDES	SALAD
<b>MONDAY</b> April 28	Chicken Nuggets	Pepperoni Pizza	Ham, Cheese & Lettuce Wrap	Baked Beans	Pea Salad
			Peanut Butter & Jelly Uncrustable Sandwich	Fresh Vegetables	Hearty Tossed Salad w/ Shredded Cheese
	Sloppy Joe Sandwich	Cheese Pizza	Fruit & Yogurt Parfait	Fresh Fruit	
<b>TUESDAY</b> April 29	Walking Taco	Italian Sausage Pizza	Peanut Butter & Jelly Uncrustable Sandwich	Steamed Corn	Hearty Tossed Salad w/ Shredded Cheese
				Fresh Vegetables	
	BBQ Riblet Sandwich	Cheese Pizza	Fruit & Yogurt Parfait	Fresh Fruit	
<b>WEDNESDAY</b> April 30	Tater Tot Casserole w/ Texas Toast	The Works Pizza	Chicken Ranch Wrap	Mixed Veggie Medley	Vegetable Pasta Salad
			Peanut Butter & Jelly Uncrustable Sandwich	Fresh Vegetables	
	Grilled Chicken Sandwich	Cheese Pizza	Fruit & Yogurt Parfait	Fresh Fruit	Hearty Tossed Salad
<b>THURSDAY</b> May 1	Spaghetti w/ Italian Meat Sauce & Texas Toast	Cheeseburger Pizza	Peanut Butter & Jelly Uncrustable Sandwich	Steamed Broccoli	Hearty Tossed Salad w/ Shredded Cheese
				Fresh Vegetables	
	Hot Ham & Cheese Sandwich	Cheese Pizza	Fruit & Yogurt Parfait	Fresh Fruit	
<b>FRIDAY</b> May 2	Crispy Fish Sticks	Chicken Bacon Ranch Pizza	Pizza Roll Up	Savory Green Beans	Hearty Tossed Salad w/ Shredded Cheese
			Peanut Butter & Jelly Uncrustable Sandwich	Fresh Vegetables	
	Cheese Quesadilla	Cheese Pizza	Fruit & Yogurt Parfait	Fresh Fruit	

*This institution is an equal opportunity provider.*

*Menu is subject to change. Check Nutrislice for the most up-to-date menu information.*

They feed you.  
Show 'em some love.

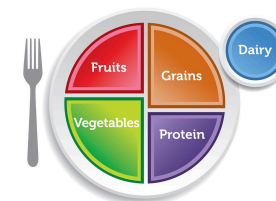
**SCHOOL LUNCH  
HERO DAY**

**Friday, May 2nd**



For online personal wellness resources for you and your family, visit

**ChooseMyPlate.gov**



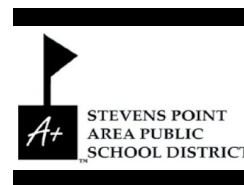
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# PODS & CFC LUNCH MENU

MAY 5 – MAY 9



Staff/Visitor Lunch: **\$4.00**

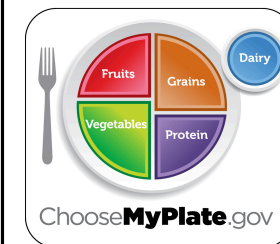
Get a **FREE** chocolate chip cookie when you take a complete school lunch on Friday, May 9th.



	Entrees	Pizza	Deli	Sides	Salad
<b>Monday</b> May 5	Cheese Stuffed Breadsticks w/ Sauce	Pepperoni Pizza	Ham, Cheese & Lettuce Wrap	Baked Beans	Pea Salad
	Sloppy Joe Sandwich	Cheese Pizza	Peanut Butter & Jelly Uncrustable Sandwich Fruit & Yogurt Parfait	Fresh Vegetables Fresh Fruit Chilled Fruit	Hearty Tossed Salad
<b>Tuesday</b> May 6	Crispy Chicken Sandwich	Italian Sausage Pizza	Peanut Butter & Jelly Uncrustable Sandwich	Steamed Corn Fresh Vegetables	Hearty Tossed Salad w/ Shredded Cheese
	Spicy Chicken Sandwich	Cheese Pizza	Fruit & Yogurt Parfait	Fresh Fruit Chilled Fruit	
<b>Wednesday</b> May 7	Pancakes w/ Sausage Patty & String Cheese	Chicken Bacon Ranch Pizza	Peanut Butter & Jelly Uncrustable Sandwich	Hash Brown Patty Fresh Vegetables	Vegetable Pasta Salad
	Hot Ham & Cheese Sandwich	Cheese Pizza	Fruit & Yogurt Parfait	Fresh Fruit Chilled Fruit	Hearty Tossed Salad
<b>Thursday</b> May 8	Chicken Alfredo Pasta w/ Texas Toast	Cheeseburger Pizza	Chicken Ranch Wrap	Steamed Broccoli Fresh Vegetables	Hearty Tossed Salad w/ Shredded Cheese
	BBQ Pulled Pork Sandwich	Cheese Pizza	Peanut Butter & Jelly Uncrustable Sandwich Fruit & Yogurt Parfait	Fresh Fruit Chilled Fruit	
<b>Friday</b> May 9	Macaroni & Cheese	Pepperoni Pizza	Peanut Butter & Jelly Uncrustable Sandwich	Savory Green Beans Fresh Vegetables	Hearty Tossed Salad w/ Shredded Cheese
	Grilled Chicken Sandwich	Cheese Pizza	Fruit & Yogurt Parfait	Fresh Fruit Chilled Fruit	

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May is **National Asparagus Month**



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# LUNCH


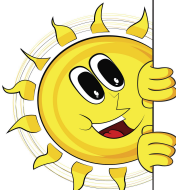

## PODS & CFC LUNCH MENU

### MAY 12 - MAY 16

A complete student lunch must include at least THREE of the five components being offered (protein, grain, vegetables, fruit and milk). One component MUST be a full serving of fruit or vegetables. Milk choices include 1% white and fat-free chocolate.



Staff/Visitor Lunch: \$4.00

	ENTREES	PIZZA	DELI	SIDES	SALAD
MONDAY May 12	Classic Cheeseburger	Pepperoni Pizza	Ham, Cheese & Lettuce Wrap	Smile Potatoes	Pea Salad
	Grilled Chicken Sandwich	Cheese Pizza	Peanut Butter & Jelly Uncrustable Sandwich Fruit & Yogurt Parfait	Fresh Vegetables Fresh Fruit Chilled Fruit	Hearty Tossed Salad
TUESDAY May 13	Walking Taco	Italian Sausage Pizza	Peanut Butter & Jelly Uncrustable Sandwich	Steamed Corn Fresh Vegetables	Marinated Cucumber Salad
	BBQ Pulled Pork Sandwich	Cheese Pizza	Fruit & Yogurt Parfait	Fresh Fruit Chilled Fruit	Hearty Tossed Salad
WEDNESDAY May 14	Chicken Drumstick w/ Mashed Potatoes, Gravy & Dinner Roll	The Works Pizza	Chicken Ranch Wrap	Steamed Broccoli	Hearty Tossed Salad w/ Shredded Cheese
	Sloppy Joe Sandwich	Cheese Pizza	Peanut Butter & Jelly Uncrustable Sandwich Fruit & Yogurt Parfait	Fresh Vegetables Fresh Fruit Chilled Fruit	
THURSDAY May 15	Portesi Cheese Fries w/ Dipping Sauce	Cheeseburger Pizza	Peanut Butter & Jelly Uncrustable Sandwich	Mixed Vegetable Medley Fresh Vegetables	Hearty Tossed Salad w/ Shredded Cheese
	Hot Ham & Cheese Sandwich	Cheese Pizza	Fruit & Yogurt Parfait	Fresh Fruit Chilled Fruit	
FRIDAY May 16			<div><div><h3>How do you fix a broken strawberry?</h3><p>.....</p><h3>With a strawberry patch!</h3></div></div>		

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You Gotta Nourish  
To Flourish.



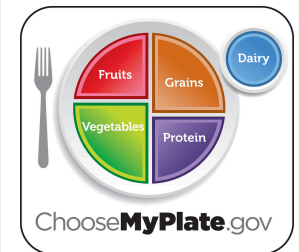
May is National  
Strawberry Month



Strawberries, a delicious and nutritious fruit, are a good source of vitamin C, antioxidants and fiber.

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# PODS & CFC LUNCH MENU

May 19 - May 23



A complete student lunch must include at least THREE of the five components being offered (protein, grain, vegetables, fruit and milk). One component **MUST** be a full serving of fruit or vegetables. Milk choices include 1% white and fat-free chocolate.

Staff/Visitor Lunch: **\$4.00**



	ENTREES	PIZZA	DELI	SIDES	SALAD
<b>MONDAY</b> May 19	Chicken Nuggets	Pepperoni Pizza	Ham, Cheese & Lettuce Wrap	Baked Beans	Pea Salad
			Peanut Butter & Jelly Uncrustable Sandwich	Fresh Vegetables	
	BBQ Pulled Pork Sandwich	Cheese Pizza	Fruit & Yogurt Parfait	Fresh Fruit	Hearty Tossed Salad
<b>TUESDAY</b> May 20	Meatball Sub Sandwich	Italian Sausage Pizza	Peanut Butter & Jelly Uncrustable Sandwich	Steamed Corn	Hearty Tossed Salad w/ Shredded Cheese
				Fresh Vegetables	
	Grilled Chicken Sandwich	Cheese Pizza	Fruit & Yogurt Parfait	Fresh Fruit	
<b>WEDNESDAY</b> May 21	Classic Corn Dog	The Works Pizza	Peanut Butter & Jelly Uncrustable Sandwich	Savory Green Beans	Hearty Tossed Salad w/ Shredded Cheese
				Fresh Vegetables	
	Toasted Cheese Sandwich	Cheese Pizza	Fruit & Yogurt Parfait	Fresh Fruit	
<b>THURSDAY</b> May 22	Spaghetti w/ Italian Meat Sauce & Texas Toast	Cheeseburger Pizza	Chicken Ranch Wrap	Steamed Broccoli	Vegetable Pasta Salad
			Peanut Butter & Jelly Uncrustable Sandwich	Fresh Vegetables	
	Hot Ham & Cheese Sandwich	Cheese Pizza	Fruit & Yogurt Parfait	Fresh Fruit	Hearty Tossed Salad
<b>FRIDAY</b> May 23	Crispy Fish Sticks	Chicken Bacon Ranch Pizza	Peanut Butter & Jelly Uncrustable Sandwich	Mixed Vegetable Medley	Hearty Tossed Salad w/ Shredded Cheese
				Fresh Vegetables	
	Sloppy Joe Sandwich	Cheese Pizza	Fruit & Yogurt Parfait	Fresh Fruit	
				Chilled Fruit	

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**May is National Egg Month**

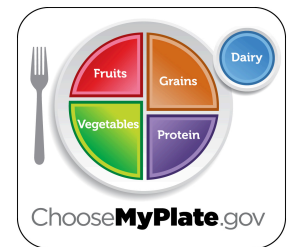


**Why shouldn't you tease egg whites?**

-----  
**Because they can't take a yolk!**

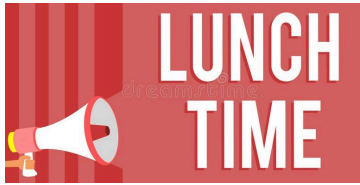
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# PODS & CFC LUNCH MENU

MAY 26 - MAY 30



A complete student lunch must include at least THREE of the five components being offered (protein, grain, vegetables, fruit and milk). One component **MUST** be a full serving of fruit or vegetables. Milk choices include 1% white and fat-free chocolate.

Staff/Visitor Lunch: **\$4.00**



## ENTREES

## PIZZA

## DELI

## SIDES

## SALAD

**MONDAY**  
May 26

**NO SCHOOL**  
★ ★ ★ ★ ★ **TODAY** ★ ★ ★ ★ ★



**MEMORIAL DAY**

**TUESDAY**  
May 27

Cheese Stuffed  
Breadsticks w/ Sauce

Pepperoni Pizza

Peanut Butter & Jelly  
Uncrustable Sandwich

Mixed Veggie Medley  
Fresh Vegetables

Hearty Tossed  
Salad w/  
Shredded  
Cheese

BBQ Pulled Pork Sandwich

Cheese Pizza

Fruit & Yogurt Parfait

Fresh Fruit  
Chilled Fruit

**WEDNESDAY**  
May 28

Crispy Chicken Sandwich

Italian Sausage  
Pizza

Chicken Ranch Wrap  
Peanut Butter & Jelly  
Uncrustable Sandwich

Steamed Broccoli  
Fresh Vegetables

Marinated  
Tomato &  
Cucumber Salad

Spicy Chicken Sandwich

Cheese Pizza

Fruit & Yogurt Parfait

Fresh Fruit  
Chilled Fruit

Hearty Tossed  
Salad

**THURSDAY**  
May 29

Walking Taco

Cheeseburger  
Pizza

Peanut Butter & Jelly  
Uncrustable Sandwich

Steamed Corn  
Fresh Vegetables

Hearty Tossed  
Salad w/  
Shredded  
Cheese

Grilled Chicken Sandwich

Cheese Pizza

Fruit & Yogurt Parfait

Fresh Fruit  
Chilled Fruit

**FRIDAY**  
May 30

Classic Corn Dog

Chicken Bacon  
Ranch Pizza

Pizza Roll Up  
Peanut Butter & Jelly  
Uncrustable Sandwich

French Fries  
Fresh Vegetables

Hearty Tossed  
Salad w/  
Shredded  
Cheese

Hot Ham & Cheese  
Sandwich

Cheese Pizza

Fruit & Yogurt Parfait

Fresh Fruit  
Chilled Fruit

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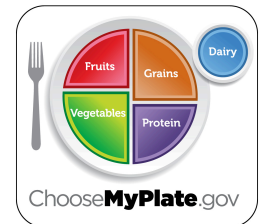
**MAY 28th is  
NATIONAL  
HAMBURGER DAY!**



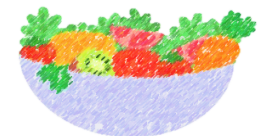
**LOVE**  
**SCHOOL**  
— *Meals* —

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SCHOOL MEALS.**



**EAT  
HEALTHY**

# LUNCH

## PODS & CFC LUNCH MENU

June 2 – June 5

A complete student lunch must include at least THREE of the five components being offered (protein, grain, vegetables, fruit and milk). One component **MUST** be a full serving of fruit or vegetables. Milk choices include 1% white and fat-free chocolate.



Staff/Visitor Lunch: **\$4.00**



	ENTREES	PIZZA	DELI	SIDES	SALADS
<b>MONDAY</b> June 2	Chicken Nuggets	Pepperoni Pizza	Peanut Butter & Jelly Uncrustable Sandwich	Steamed Broccoli	Hearty Tossed Salad w/ Shredded Cheese
	Cheese Quesadilla	Cheese Pizza	Fruit & Yogurt Parfait	Fresh Vegetables	
<b>TUESDAY</b> June 3	Classic Cheeseburger	Italian Sausage Pizza	Peanut Butter & Jelly Uncrustable Sandwich	Fresh Fruit	Hearty Tossed Salad w/ Shredded Cheese
	BBQ Pulled Pork Sandwich	Cheese Pizza	Fruit & Yogurt Parfait	Chilled Fruit	
<b>WEDNESDAY</b> June 4	Pancakes w/ Sausage Patty & String Cheese	Cheeseburger Pizza	Peanut Butter & Jelly Uncrustable Sandwich	Savory Green Beans	Hearty Tossed Salad w/ Shredded Cheese
	Hot Ham & Cheese Sandwich	Cheese Pizza	Fruit & Yogurt Parfait	Fresh Vegetables	
<b>THURSDAY</b> June 5	Classic Hot Dog on a Bun	Chicken Bacon Ranch Pizza	Peanut Butter & Jelly Uncrustable Sandwich	Fresh Fruit	Hearty Tossed Salad w/ Shredded Cheese
	Grilled Chicken Sandwich	Cheese Pizza		Chilled Fruit	



## ENJOY YOUR SUMMER BREAK!



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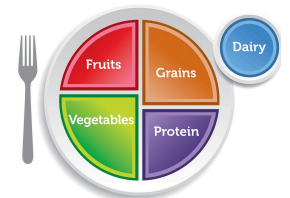
## WORLD MILK DAY

June 1, 2025



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