



NYS Apples
NYS Potatoes
NYS Onions

May

2025 6-12



Lunch

Southwestern MS/HS



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chicken Patty on Bun NYS Potatoes 1/2c Steamed Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	2 Chicken Fajita 1C Romaine Lettuce=1/2c Steamed Broccoli 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
5 Nacho Grande Green Beans 1/2c Sweet Potatoes 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	6 Turkey & Cheddar Melt Wrap Vegetarian Beans 1/2c Seasoned Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	7 Meatball Sub Green Peas 1/2c Steamed Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	8 Buffalo Chicken Filet On WG Bun NYS Salad Greens 1c Sliced Cucumber 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	9 Chicken Tender Sub 1C Romaine Lettuce=1/2c Steamed Broccoli 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
12 Chicken Nuggets Celery Sticks 1/2c Carrot Sticks 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	13 Macaroni & Cheese Baked Beans 1/2c Roasted Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	14 Chicken Patty on WG Bun Mixed Vegetables 1/2c Baby Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	15 Grilled Ham & Cheese Sandwich NYS Potatoes and Onions 1/2c Green Peas 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	16 National Pizza Day Specialty Pizza 1C Romaine Lettuce=1/2c Steamed Broccoli 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz Chocolate Sundae Cup
19 Combo Basket Green Beans 1/2c Grape Tomatoes 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	20 Grilled Cheese Sandwich Vegetarian Beans 1/2c Seasoned Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	21 Chicken Tender Sub Potatoes 1/2c Steamed Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	22 Taco in a Bag NYS Salad Greens 1c Pinto Beans 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	23 Sweet & Sour Meatballs w/ Rice 1C Romaine Lettuce=1/2c Steamed Broccoli 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
26 Happy Memorial Day! 	27 Chicken Tender Wrap Baked Beans 1/2c Roasted Cauliflower 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	28 Chicken Alfredo Mixed Vegetables 1/2c Fresh Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	29 Egg & Sausage Breakfast Pizza NYS Potatoes and Onions 1/2c Roasted Carrots 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	30 Chicken Fajita 1C Romaine Lettuce=1/2c Steamed Broccoli 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz

NYS LOCAL FOODS
*Upstate Farms
Milk, Yogurt, Sour Cream
Eden Valley Growers
Assorted Varieties of Apples
Eden Valley Growers
Assorted Fruits & Vegetables
used in Meal Program
highlighted in green

Available Daily
Salad Bar or Premade Salad
Hamburger/Cheeseburger
Premade Subs & Wraps
PBJ
Pizza M,W, Fri
Tacos Tue/Thurs

On call substitute positions available in the Bemus Point, Panama, and Southwestern Cafeterias.
Call 716- 664-6940 for more information.

Offered daily with all School Lunches:
Fresh or Prepared Fruit
(Must take 1/2 cup of Fruit or Vegetable – may take up to 1 cup)
NY State 8oz 1% or Skim White Milk
Fat Free Chocolate Milk

Approved by PTFS Dietitian: Perry Schmidt, MS, RD, CDN



If your student has a particular food allergy,
please contact the food service office @
spaden@swcsk12.org