



NYS Apples

May

2025 K-5



Lunch

Southwestern Elementary



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Egg & Sausage on Maple Flatbread NYS Potatoes 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	2 Popcorn Chicken Steamed Broccoli 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz
5 Chicken Tacos Carrot Sticks 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	6 Baked Chicken w/ Biscuit Vegetarian Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	7 Chicken Alfredo Green Peas 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	8 Grilled Cheese Sandwich NYS Salad Greens 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	9 Chicken Nuggets Mixed Vegetables 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz
12 Meatball Sub Green Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	13 Macaroni & Cheese Baked Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	14 Twin Tacos Steamed Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	15 Cheeseburger on WG Bun NYS Potatoes 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	16 National Pizza Day Specialty Pizza Steamed Broccoli 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz Chocolate Sundae Cup
19 Chicken Tender Wrap Carrot Sticks 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	20 Chicken Patty on WG Bun Vegetarian Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	21 Nacho Grande Sliced Cucumbers 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	22 Chicken Alfredo NYS Salad Greens 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	23 Chicken Tacos Roasted Corn 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz
26 Happy Memorial Day! 	27 Cheeseburger on WG Bun Baked Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	28 Grilled Ham & Cheese Sandwich Fresh Baby Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	29 Chicken Nuggets NYS Potatoes w/ Onion 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	30 Macaroni & Cheese Steamed Broccoli 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz

NYS LOCAL FOODS

*Upstate Farms
Milk, Yogurt, Sour Cream
Eden Valley Growers
Assorted Varieties of Apples
Eden Valley Growers
Assorted Fruits & Vegetables
used in Meal Program highlighted in green

Available Daily
Pizza Tu, Thurs
PBJ
Subs
Premade Entrée Salad
Tu, Thurs.
Hot Dog M, W, Fri
Yogurt Basket W

On call substitute positions available in the Bemus Point, Panama, and Southwestern Cafeterias.
Call 716- 664-6940 for more information.

Offered daily with all School Lunches:
Fresh or Prepared Fruit
(Must take 1/2 cup of Fruit or Vegetable – may take up to 1 cup)

NYS State 8oz 1% or Skim White Milk
Fat Free Chocolate Milk

Approved by PTFS Dietitian: Perry Schmidt, MS, RD, CDN

If your student has a particular food allergy, please contact the food service office @

spaden@swcsk12.org

