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April 23, 2025

Invitation to Bid: Emanuel County Schools is now accepting bids for weight racks, bars, plates, dumbbells, sleds and other auxiliary weight/athletic equipment. Bids must meet or exceed specification outlined below. All bids must be received by May 2, 2025 at 2:00 pm. No late bids will be accepted.

Due Date: May 2, 2025 at 2:00 PM

Weight Equipment

Part 1: General

- A. Weight Room Equipment
- B. Weight Room Lay-out Diagram

1.02 Submittals

- A. Product Data: Description and photo of each equipment item.
- B. Shop Drawings: Indicates equipment lay-out and recommended clearances.
- C. Manufacturer's Instructions: Indicate installation and anchoring procedures
- D. Warranty information

Part 2: Products

2.01 Product Options

- A. Products Specified by Reference Standards or by Description Only: Use any product meeting those standards or description.

- B. Products Specified by Naming One or More Manufacturers with No Limitation as to Use of Other Manufacturer's Products: Use a product of one of the manufacturers named and meeting specifications or an approved or-equal or substitution per the requirements below.
- C. Products Specified by Naming One Manufacturer as a Sole Source: Use that product; no or-equal or substitution will be allowed.

2.02 Substitution, Limitations and Procedures

- A. Definitions:
 - 1. An "or-equal" is a material, product or equipment (collectively referred to as "product") of domestic manufacturer which is comparable (equal) to that described in the Bidding Documents in type, function, performance and quality.
 - 2. A "substitution" is a material, product or equipment (collectively referred to as product") of domestic manufacturer which is comparable (equal) to that described in the Bidding Documents in type, function, performance and quality.
 - 3. Or-equals or substitutions will be considered subject to the terms below, unless a specific technical specification section limits supply to a specific manufacturer's product.
- B. The Project Manager will only consider separate requests by product for proposed or-equals of substitutions where allowed.

2.04 Equipment

- A. Item 1: Williams Strength Rack System (ERP-PRHR8-4SA) - Quantity (6)
 - 1. 8 Post Full/Half Rack Combo – to include:
 - a. (4 each) 12" Weight Storage Pegs
 - b. (6 each) Band Hooks for rack
 - c. (6 each) Top Band Attachments
 - d. (1 each) 6" Weight Storage Pegs
 - e. (10) 3" X 3" X 8' Rack Bridge Connector w/holes on 4 sides
 - f. (12) 0/90 Bench with spotter steps, wheels, and grip pad
 - g. (12) Bench logos on head and gusset
 - h. (6) Drop-in landmine

- i. (6) Single leg squat attachment
 - j. (6) Dip attachment for rack
 - k. (2 each) 2-layer laser logos for rack arches
- 2. Overall Dimensions 49" wide X 144" Deep X 100" tall
- 3. Description
 - a. Frame: 3" X 3" 11 gauge steel. Adjustment posts: 3" X 3" 11 gauge steel with 2" hole spacing and laser cut numbers.
 - b. Rack system designed with holes on all four sides of posts every 2". Offset holes 1" on adjacent sides of posts. Provide numbers on 2 sides on every post. Connect frames with 1/2" bolts with 3/8" thick backer plates. Provide 1/4" arch brace at Weight Storage posts for a "walk through" design (no cross braces on bottom). Weight Storage Pegs & J-Cups have UHMW protection. Attach UHMW to J-Cups with machine screws. Stretch Band attachments at top of the rack and 5" off floor, allow for squat stance wider than 43". Adjustment Pegs to extend 9" from outside edge of rack. Bolt Multi Storage Hooks to the Rack

B. Item 1b: Bridge Connectors

- 1. Connection between Item 1 Racks
 - a. (4 total) 3" x 3" x 8' Rack Bridge Connector with holes on 4 sides

C. Item 2: Williams Strength Dumbbell 0/90 Bench- Quantity (12)

- 1. Dimensions: 33" W x 18" T (to top of pad) x 60" L
- 2. Frame: 2" x 3" 11-gauge all welded construction.
- 3. Moving Connections: oil impregnated brass bushings with 1/2" bolts.
- 4. Padding: 1 1/2" thick 6lb closed density foam covered in Naugahyde. Sewn vinyl with 1/4" vinyl covered back plate.
- 5. Description:
 - a. Adjustable Utility Bench with adjustments at flat, 30-degree Incline, 45- degree Incline and military. Seat and back pad adjustments: lever arm. Provide handle and wheels for relocation. Locate rear cross piece off the ground for spotters' feet clearance. Provide 1" thick rubber feet. Provide Clear vinyl head sleeve with perspiration treatment and full color high wear logo.

D. Item 3: Bars

1. Midwest Power Olympic Bar with needle Bearings - Quantity (12)
 - a. 28.5 mm black oxide shaft with medium knurling pattern, ; bright zinc sleeves area standard 2" diameter assembled in one piece, compatible with olympic bumper plates, guaranteed to test at a mininum 165,000 psi.
2. Speed Tsunami Bar - Quantity (12)
 - a. 7 ½' – with (2) pair of Croc Lock Collars (TB-L1-SPEED); Flexible barbell; 90" long; 15 lbs. weight; 2" diameter shaft; black color. Support 95 lbs. per side.
3. Williams Strength Open End Trap Bars with high low handles. - Quantity (12)

E. Item 4: Logo Plates and Power Block Dumbbells

1. Prime Competition Bumper Plates:
 - a. Quantity: (96) at 45lb; (24) at 25lb; (48) at 10lb; (24) at 5lb; (24) at 2.5lb.
 - b. Plates Diameter: 450mm/ 17.72 inches (IWF Standard)
 - c. Collar Diameter: 50.4mm/ 1.98 inches
 - d. Weight Tolerance: 10 grams of the claimed weight
 - e. Rubber Durometer range: 88-92
 - f. Plates Thickness: 1) 25LB 30mm (1.18 inches) -/+2mm (0.08 inches) 2) 45LB 51mm (2.01 inches)-/+2mm (0.08 inches)
2. Power Block Set - Quantity (1)
 - a. Weight Range: 5-100 lbs.
 - b. Urethane Coated Steel Plates
 - c. Zytel Pin
 - d. Stainless Steel Hardware
 - e. Stand Included
 - f. Knurled Steel Grip

g. TPR Contoured Grip

h. Footprint on Stand: 21.5" x 2

F. Item 5: Auxiliary Equipment

1. (4) Williams Strength Prowler Sled- (R-P2)
 - a. 2" x 3" welded 11 gauge steel Push Pull sled
2. (6) Williams Strength Drop in Core Blaster
3. (2) Williams Strength 8' Medicine ball storage
4. (1) Williams Strength Wall Mount 12-bar holder with graphics
5. (1) Williams Strength 6-bar Specialty bar holder for Trap Bars
6. (12) Comfort Grip DD Handles
7. (12) SPUD Pittsburg Jammer Strap
8. (4) Williams Strength Storage Base
9. (4) Williams Strength 8' Dumbbell Tray

G. Item 6: Extreme Med Balls

1. Quantity: (4) 10 lb. (3)16 lb. (3) 20lb.
2. Description:
 - a. 14" Diameter; Minimum 5% Kevlar exterior; 18-Panel design for high impact moves; interior lining; 936 Stitch Construction; Moisture and scuff resistant; Easy-grip exterior with Tacky surface; Weight designation stitched into surface

H. Item 7: Soft Plyo Boxes - Quantity (3) sets

1. Each set: (1 each) 6", 12", 18", 24" SFM Foam Plyo Boxes.

I. Item 8: Resistance Bands - Quantity (12) sets

1. Each Set:
 - a. (2) Mini: 7/8" wide; 41" long; 10 - 35 lbs. resistance
 - b. (2) Light: 1 1/8" wide; 41" long; 30 - 50 lbs. resistance

c. (2) Average: 1 3/4" wide; 41" long; 65 - 85 lbs. resistance

d. (2) Strong: 2 1/2" wide; 41" long; 80 - 100 lbs. resistance

J. Item 9: Lock Jaw Pro2 Collars - Quantity (30)

All bids should include delivery and installation

Submission Requirement: All bidders must be insured and provide the necessary E-verify information.

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