



Severe Allergy/Anaphylaxis Emergency Care Plan - Independent School District 717

Student Name: _____ DOB: _____ Grade: _____

Child has an allergy to _____

Severe Allergy and Anaphylaxis

ANY of these symptoms, **give Epinephrine**

- Shortness of breath, wheezing or coughing
- Weak pulse
- Fainting or dizziness
- Tight or hoarse throat
- Trouble breathing or swallowing
- Swelling of lips or tongue
- Severe vomiting or diarrhea
- Many hives or redness over body
- Feeling of "doom" or confusion
- Altered consciousness or agitation

Special situation: If this box is checked, the child has an extremely severe allergy. Even if child has MILD symptoms, **give Epinephrine**

1. Inject Epinephrine **ASAP** and note what time it was given
2. Call **911**
3. Stay with the child and call parents
4. Give a second dose of Epinephrine, if symptoms worsen or do not improve in 5 minutes and note the time
5. Give other medications, if prescribed. Do not use other medicine in place of Epinephrine

Mild Allergic Reaction

Any **one** mild symptoms, **monitor child**

- Itchy nose, sneezing, itchy mouth
- A few hives
- Mild nausea or stomach discomfort

1. Stay with child and monitor closely
2. Give antihistamine (if ordered)
3. Call parents
4. If more than 1 symptom or severe symptoms develop, **give Epinephrine** (see above)

Epinephrine Order

Medication: _____ Dose: _____ Intramuscularly

Student was trained to self-administer and may self-carry epinephrine: Yes No

Antihistamine Order

Medication Name: _____ Dose: _____ Route: _____ Frequency _____

Other: _____

Physician Signature _____ **Date** _____

Physician Name _____ Phone: _____ Fax _____

I want this plan implemented for my child while in school. I give permission for exchange of confidential medical information between school staff and my child's health care providers on a need to know basis. I release school personnel from liability in the event adverse reactions result from implementation of the above emergency plan and subsequent administration of emergency medication(s). I give permission for school staff to call 911 if necessary.

Parent/Guardian Signature: _____ **Date:** _____

School Nurse Signature: _____ **Date:** _____



Allergy Questionnaire - Independent School District 717

Student Name: _____ DOB: _____
 Grade: _____ Teacher: _____

Allergy History

1. Please list all allergens: _____
2. When was your child diagnosed with anaphylaxis? _____
3. How often has your child been treated for a minor reaction? _____
4. How often has your child been treated for a major reaction? _____
5. Please describe the specific symptoms your child experiences during an allergic reaction:

6. Does your child recognize the symptoms of an allergic reaction? Yes No
7. Does your child have asthma? Yes No
8. What medications will your child have at school for allergies?
 Epinephrine Antihistamine (Benadryl)
 Other _____
- Emergency medication location(s):** Nurse's office With Student With Teacher
 Kids Company Other _____
9. Is your child able to identify what allergen(s) cause an allergic reaction? Yes No
10. Please indicate below any modifications requested for your child while in school: (check all that apply):

PEANUT/TREE NUT ALLERGY	BEE STING ALLERGY
<p>In the classroom:</p> <ul style="list-style-type: none"> <input type="checkbox"/> ALL snacks will be provided by parent <input type="checkbox"/> Student will chose snacks from snack cart <input type="checkbox"/> A letter will be sent to classmates' parents requesting they do not send birthday treats with known allergens <input type="checkbox"/> A letter will be sent to classmates' parents asking they avoid sending foods with known allergens in <i>their child's</i> daily snacks <input type="checkbox"/> Teacher will review lesson plans and projects and modify as needed to protect student <input type="checkbox"/> NO ACCOMMODATIONS NEEDED <p>In the cafeteria:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Child will sit at the peanut-safe table <input type="checkbox"/> NO ACCOMMODATIONS NEEDED <p>On the bus:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Child will sit in the first two rows <input type="checkbox"/> Parent will introduce student to driver and show driver where EpiPen is located <input type="checkbox"/> NO ACCOMMODATIONS NEEDED 	<p>Recess:</p> <ul style="list-style-type: none"> <input type="checkbox"/> EpiPen will be kept with recess staff during recess <input type="checkbox"/> Child will be introduced to recess staff by nurse <input type="checkbox"/> NO ACCOMMODATIONS NEEDED <p>Outdoor Phy-ed:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Student will be responsible for getting EpiPen from nurse's office before outdoor phy-ed <input type="checkbox"/> Student needs a reminder to get EpiPen before outside phy-ed <input type="checkbox"/> NO ACCOMMODATIONS NEEDED <p>Bag Lunch: <i>(On "Bag Lunch" days students eat outside. Students with allergies to bee stings eat indoors, unless otherwise indicated below, due to the increased risk of bee exposure with the presence of food and drink)</i></p> <ul style="list-style-type: none"> <input type="checkbox"/> Student will eat indoors on bag lunch days <input type="checkbox"/> Student may eat outdoors on bag lunch days

A copy of this will be kept in the substitute folders and will be distributed to all staff involved with your child.

Parent Name _____ (h) _____ (w) _____

Parent Signature _____ Date _____

School Nurse _____ Date _____