



Additional Health Benefits



Hinge Health gives you the tools you need to conquer back and joint pain, recover from injuries, prepare for surgery, stay healthy and pain-free.

The program is available to employees and dependents 18+ on a UHC medical plan through their employer.

Activate your membership:
www.Hinge.health/valleyschools



No-cost second opinion with a board-certified specialist via phone or video.

This program is available to employees and their dependents a UHC medical plan through their employer.

Activate your membership:
www.2nd.MD/valleyschools

Parsley Health

Parsley Health finds the root cause of your symptoms and makes a personalized plan for healing with online support every step of the way.

The program is available to employees and dependents 18+ on the UHC medical plan through their employer.

Activate your membership:
www.parsleyhealth.com/b2b/valley-schools