

# MAY 2025

## BREAKFAST



**School Information:**  
**K-12 Breakfast Price \$3.00**  
**K-12 Reduced \$.30.**



**Nutrition Tip:** Get started cooking more often at home: If you don't usually cook, start gradually. Make it a goal to cook once a week and work up to cooking more often.

Reference: USDA MyPlate



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



*This institution is an equal opportunity provider.*

*Menu is subject to change without notification.*

Pancakes w/Syrup and Sausage Link or Cereal  
 Apple Slices  
 Fruit Juice Choice  
 Milk Choice **1**

Biscuits & Gravy or Cereal  
 Diced Peaches  
 Fruit Juice Choice  
 Milk Choice **2**

Sausage & Cheese Biscuit or Cereal  
 Diced Pears  
 Fruit Juice Choice  
 Milk Choice **5**

Assorted Cereal w/Graham Crackers or Pop Tart  
 Banana  
 Fruit Juice Choice  
 Milk Choice **6**

Yogurt Parfait w/Granola or Cereal  
 Blueberries  
 Fruit Juice Choice  
 Milk Choice **7**

Bagels w/Cream Cheese or Cereal  
 Mandarin Oranges  
 Fruit Juice Choice  
 Milk Choice **8**

Biscuits & Gravy or Cereal  
 Watermelon  
 Fruit Juice Choice  
 Milk Choice **9**

Breakfast Burrito w/Salsa or Cereal  
 Orange Wedges  
 Fruit Juice Choice  
 Milk Choice **12**

French Toast Sticks w/Syrup or Cereal  
 Applesauce Cup  
 Fruit Juice Choice  
 Milk Choice **13**

Muffin w/Cheese Stick or Cereal  
 Pears  
 Fruit Juice Choice  
 Milk Choice **14**

Waffles w/Fruit Toppings or Cereal  
 Pineapple Tibits  
 Fruit Juice Choice  
 Milk Choice **15**

Biscuits & Gravy or Cereal  
 Sliced Apples  
 Fruit Juice Choice  
 Milk Choice **16**

Scrambled Eggs w/Toast or Cereal  
 Grapes  
 Fruit Juice Choice  
 Milk Choice **19**

Cereal Bar w/Yogurt Cup or Pop Tart  
 Strawberries  
 Fruit Juice Choice  
 Milk Choice **20**

English Muffin w/Egg & Cheese or Cereal  
 Mixed Fruit Cup  
 Fruit Juice Choice  
 Milk Choice **21**

Comet Donuts or Cereal  
 Fruit Cocktail  
 Fruit Juice Choice  
 Milk Choice **22**

**23**

**Memorial Day** **26**

**27**

**28**

**29**

**30**