School Health Advisory Council

SHERMAN
INDEPENDENT SCHOOL DISTRICT

April 3. 2025 - SISD SHAC Meeting
Reid Kirk – Chairman
Casie Rivas – Co-Chairman
Christy Baca – Secretary
In attendance:
Reid Kirk
Christy Baca
Sarah Pierce
Amber Clark
Casie Rivas
Justin Tollison
Gail Petty
Robert Rushing

Student Representatives
London Wecker
Truman Smucker
Aiden Kirk

Reid Kirk calls meeting to order and opens discussion: 11:36am

What are some possibilities for us to work on and toward bringing something we believe can come in the form of a recommendation to the board?

- State Ambassadors program addressing topics that need addressing at each campus school levels in SISD.
- We have talked about credence to have a program for parents to attend that is informative for parents regarding cell phone usage, vaping education

Topics specifically being addressed in SISD currently -

September

- Suicide prevention with Grant Halliburton

- 2024-2025 both middle school campuses did this

Sherman High School

- Suicide Prevention

October is drug awareness Red Ribbon week -

- Amber Clark shared that Piner does push out lessons done during advisory at MS level
- HS doesn't currently have lessons done on the campus but has dress up days

April 29 –

- Sexual Health education 5-8th grades YES is our organization
- Reid hosting an event with YES for parents as a zoom
- We recommend that YES remain the district choice for sexual health education program

May 1- Another zoom parent information meeting with YES hosted by Reid

May 5,6,7,8 – YES program presented at both MS campuses

Talking about maybe State Ambassadors as school safety representatives for Sherman ISD

Child Advocacy Center abuse awareness/prevention

Currently a cell phone program at one middle school including social media safety is implemented. The question was asked, Can we implement this internet safety program?

- Piner implemented
- Fifth graders are getting a Child Abuse Awareness program from CAC as well
- Is there a way to get an internet safety program for fifth grades district wide?

Cassie asked, why was the suicide prevention and other programs being implemented at Piner not being implemented at Sherman Middle School?

Amber Clark – very supportive of programs being implemented as preventive education. She thinks the parents are still unaware of the ways and places kids are gaining access to drugs, things that are dangerous on the internet.

How can we get parents informed?

- Amber Clark has tried getting parent involvement with a newsletter
- Should the letters come from the district as well from campus counselors?

Sarah pierce asked are the student council members part of this process and connecting with their campus counselors?

Reid is setting out to coincide the conversations with district – to be implemented district wide as a recommendation to board which then can be strengthened by being required by administration.

Early meeting adjourned 12:00 pm

Post Lunch meeting resuming

12:30 Reid resumed meeting

Overview of what we discussed from 11:30-12:00

Check with CAC about implementing one of their programs for internet safety and other safety topics

Sarah Pierce asked how to get self defense into the school for prevention education

- Rick Arnold has approached Reid about trying incorporate self defense on middle school campuses. In the past he has done this but not this year.

The question was asked by a committee member, how can we 3-4 times a year have a touch point with our students on these prevention education topics district wide?

It was discussed that suicide prevention education should begin with 5th grade and be presented to students through High School grades.

Sarah asked, is there anything that is available for December winter break for access to mental health community touch points for during and post breaks?

Amber Clark Piner tries to incorporate things to remind students to have fun with their dress up days.

Christy asked if there is a one pager to send home or out district wide, addressing SAD seasonal affective disorder to equip parents with resources to navigate potential mental health needs during the breaks or post break especially in winter?

Amber Clark - The HOPE squad program has presented an increase in cost, so the district is transitioning to potentially going peer to peer program. This is like the HOPE squad, student chosen – trained student leaders to bring HOPE to campuses.

HOPE squad is district wide Elementary 4th grade up to High School

- Unity Day is uniting against bullying right before or after Red Ribbon week targeted at bullying specifically
- HOPE week is week of HOPE led by HOPE squad week of MLK in January
- HOPE week should be district wide but for sure is being done at Piner
- HOPE squad peer confidence for extra layer of support – trained on how to handle situations

Reid - if we task it like this, we have 5 times we are implementing prevention education can we make recommendation we latch drug awareness week by implementing this… or coinciding a parent meeting where we can address vaping with one pill kills program

Formulate a plan to present to the school board

- Statewide safety team school ambassador presented to Reid by chief wester
  - This is one further avenue to add to what's already being done
  - Or is it a program we want to use in place of what's being done
  - Reid commented we maybe can table the statewide ambassadors until May if needed

State Ambassador program is student trained by state program and student led.

Reid made a motion to table state ambassador program to May meeting for the purpose of having Chief Wester in attendance to further educate us on the program.

- Christy second motion to table and have Chief Wester give more information in May

Cassie, we have all the pieces – concern is why are we inconsistent?

- Specifically, why are Piner and Sherman Middle School campuses not doing the same thing when it comes to prevention education?
- Is the going to be resistance if we recommend a plan to be implemented?
- Are we going to have follow through if Dr. Oneal approves recommendations

Christy asked, if we put a plan out there for recommendation, will it be implemented district wide with fidelity and integrity?

How do we create transparency / accountability for these things? On district counselor coordinators for these things being implemented. Without fidelity from the top, district level leaders, we will continue to see inconsistent with implementation of these programs.

Motion made by Sarah that the recommendation made by Chirsty to add fidelity and accountability to the recommendation for the counselor coordinator district level to oversee that these things are happening district wide.

Reid seconded motion

Reid reminded committee – we need to make this recommendation to the board that this is what we want to see done – this recommendation is an aspect of the wellness plan

Mental Health, Substance Abuse and Recreation

We would be submitting as an addendum to the wellness plan that will be added

Reid asked if we have anyone who can help take the framework and get it in words

Christy – if I have a cohort of a team, I'd be willing to work on this

Reid we have a subcommittee of:

Nurse Petty

Casie Rivas

Christy Baca

Reid Kirk is available for this task which needs to be completed and ready to recommend to the board by May 8. Potentially this recommendation would be made in June.

Amber Clark made a motion that this committee by approved.

Sarah seconds

Subcommittee set.

Reid motion to adjourn 12:57

Christy second

Meeting adjourned 12:57