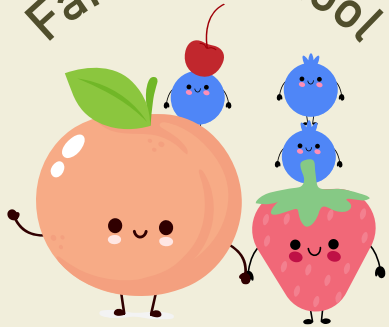


Gant and Tincher Menu

May 2025

Farm to School



ITEMS OF THE MONTH:

**CHERRIES, PEACHES,
ORGANIC BLUEBERRIES &
STRAWBERRIES**

Key



House-Made



Locally-Grown & Sourced



Vegetarian Entrees



Vegan Entrees

All fruits, fresh vegetables, & cereals are vegan.



Contains Pork



All grains are whole-grain rich
Except cinnamon roll



New Item

*MENUS ARE SUBJECT TO CHANGE
WITHOUT NOTICE.



Scan QR code
for more menu
information.



MON

OFFERED DAILY

BREAKFAST:

- Fruit
- Whole-Grain Cereals
- Yogurt with Granola
- String Cheese
- 100% Fruit Juice
- Low-Fat White Milk
- Nonfat Chocolate Milk

BREAKFAST

French Toast Sticks
Peaches

LUNCH

Chicken Tenders
Southwest Bean Burger
Fresh Apple Slices
Fresh Baby Carrots

TUE

OFFERED DAILY

LUNCH:

- Fruits & Vegetables
- Yogurt with Granola
- Low-Fat White Milk
- Nonfat Chocolate Milk

Only grades 6-8:

- Salads & Sandwiches
- 100% Fruit Juice

BREAKFAST

Pan Dulce Concha
Pineapple

LUNCH

Chili Cheese Nachos
Corn Dog
Fresh Orange Wedges
Roasted Chickpeas

WED

SPECIAL EVENTS

- May 2: May the 4th Be With You

BREAKFAST

House-Baked Cinnamon Roll
Mixed Fruit

LUNCH

Teriyaki Chicken w/Rice
Bean & Cheese Burrito
Farm to School Organic
Strawberries
Fresh Baby Carrots
Chocolate Pudding

THU

BREAKFAST

Cinnamon Crumb Cake
Fresh Apple Slices

LUNCH

Chili Cheese Nachos
Chicken Sandwich
Frozen Strawberry Cup
Fresh Baby Carrots

FRI

BREAKFAST

Muffin
Pineapple

LUNCH

Chicken Stars & Waffle
Cheese Pizza
Fresh Broccoli
Farm to School Organic
Blueberries

BREAKFAST

Mini Maple Pancakes
Peaches

LUNCH

Bean Burrito
Orange Chicken w/Rice
Fresh Apple Slices
Fresh Baby Carrots

BREAKFAST

Bagel w/Cream Cheese
Pineapple

LUNCH

Chicken Tamale
BBQ Turkey Mac & Cheese
w/Roll
Fresh Orange Wedges
Corn w/Tajin

BREAKFAST

Egg, Cheese, & Turkey Ham
Croissant Sandwich
Mixed Fruit

LUNCH

Cheese Quesadilla
Chicken & Cheese Taquitos
Fresh Apple
Roasted Chickpeas

BREAKFAST

Cinnamon Crumb Cake
Fresh Apple Slices

LUNCH

Chili Cheese Nachos
Chicken & Waffle
Fresh Banana
Fresh Baby Carrots

BREAKFAST

Cinnamon Waffle
Pineapple

LUNCH

Chicken Sandwich
Cheese Pizza
Fresh Broccoli
Farm to School Organic
Strawberries

BREAKFAST

Egg, Cheese, & Turkey
Sausage Breakfast Burrito
Peaches

LUNCH

Boneless Chicken Wings &
Waffle
Quesadilla
Fresh Apple Slices
Roasted Chickpeas
Chocolate Chip Cookie

BREAKFAST

Pan Dulce Concha
Pineapple

LUNCH

Kickin' Tenders w/Rolls
Chicken Sliders
Fresh Orange Wedges
Corn w/Tajin

BREAKFAST

House-Baked Cinnamon Roll
Mixed Fruit

LUNCH

Chickpea Butter & Jelly
(CB&J) Sandwich
Cheeseburger
Fresh Banana
Fresh Baby Carrots

BREAKFAST

Cinnamon Waffle
Fresh Apple Slices

LUNCH

Grilled Cheese Sandwich
Corn Dog
Farm to School Cherries
Fresh Broccoli

BREAKFAST

Mini Maple Pancakes
Pineapple

LUNCH

Boneless Wings w/Cornbread
Pepperoni Pizza
Farm to School Peaches
Fresh Baby Carrots

MEMORIAL DAY



Memorial Day - No School

BREAKFAST

Breakfast Bites
Pineapple

LUNCH

Hamburger
Macaroni & Cheese
Fresh Orange Wedges
Fresh Baby Carrots

BREAKFAST

Egg, Cheese, & Turkey Ham
Croissant Sandwich
Mixed Fruit

LUNCH

Teriyaki Meatballs w/Rice
Pancakes & Sausage
Fresh Apple Slices
Corn w/Tajin

BREAKFAST

Cinnamon Crumb Cake
Fresh Apple Slices

LUNCH

Chili Cheese Nachos
Chicken Sandwich
Fresh Banana
Fresh Baby Carrots

BREAKFAST

Muffin
Pineapple

LUNCH

Chicken Tenders w/Roll
Cheese Pizza
Fresh Broccoli
Farm to School Peaches