

# THE WOOD ROAD BUZZ

School Counseling Newsletter

Spring 24-25

## CHARACTER TRAIT OF THE MONTH

### WOOD ROAD PBIS

## Character Trait of the Month



Our PBIS character trait of the month for April is **Resilience**.

In March we focused on the character trait of **courage**. During our courage lessons, we worked with every class on an interactive SEL Lesson about courage where students learned about courage, made courageous clovers - where they identified feelings and situations in which they showed courage themselves. on clovers displayed in the Wood Road hallways.

### UPCOMING

#### MAY MENTAL HEALTH AWARENESS MONTH: SELF CARE FAIR

Wood Road Elementary will be kicking off Mental Health May with a Self-Care Fair, offering activities that promote student wellness and resources to help students manage stress and to prioritize the importance of self-care.

## DID YOU KNOW?



Scottie's Closet is a resource that provides clean clothing for students who need a change of clothing during the day due to a fall in the mud, a spilled lunch, or an accident, etc. that requires a fresh pair of clothes. Staff has access to the closet and will provide your child with clothing as needed. There is no need to send the clothing back, you are able to keep it!



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## SECOND STEP

As we begin spring time, our Wood Road students will continue building important SEL skills through Second Step. They will focus on problem-solving, managing emotions, and calming strategies.



## CIRCLES

In addition we're excited to introduce Circles, a new practice that fosters open discussions, strengthens relationships, and encourages thoughtful reflection



## Our Amazing Interns



Your children may have come home, talking about Mr. LaGoy and Ms. Bouleris (Miss B). They have been interning with us and have been a wonderful addition to our team. The students have loved getting to know them. Miss B is leaving soon, but we have Mr. LaGoy until the beginning of May.