

Hutto ISD Quick Reference Guide: When to Send Students to the Health Office

Classroom-Based Services	Minor toothache/lost primary tooth <ul style="list-style-type: none"> Have the student rinse mouth with water Place the tooth in tooth container from the classroom first aid kit Wash hands 	Minor Cuts/Scrapes/Abrasions/Scabs <ul style="list-style-type: none"> Wash hands and scraped area with soap and water, younger students may need help Direct to the classroom first aid kit and apply band-aid if needed
	Minor headache or fatigue with no other symptoms, especially right before lunch, and/or after lunch or recess <ul style="list-style-type: none"> Encourage snack or drink water Apply cool water to the face and neck Rest 20 minutes If worsening, contact the nurse 	Mild indigestion and/or upset stomach, especially immediately after lunch or recess <ul style="list-style-type: none"> Allow the student to use the restroom Drink water Rest 20 minutes If worsening, contact the nurse for a clinic visit
	Localized bug bites (no known history of reaction) <ul style="list-style-type: none"> Apply a cool damp paper towel 	Clothing or Glasses repair <ul style="list-style-type: none"> Email or call the campus nurse to determine what supplies are needed/available
	Readily controlled nosebleeds <ul style="list-style-type: none"> Provide tissue, tilt the head slightly forward Pinch the soft part of the nose with the thumb and index finger for 10 minutes Wash hands 	Anxiety/Stress/Psychological issue <ul style="list-style-type: none"> Try calming techniques and/or contact the school counselor
	Soiled clothing <ul style="list-style-type: none"> Classroom teachers need to encourage parents to keep supplies and multiple changes of clothing in all students' backpacks. Students may be directed to self-clean up and discard fecal contaminated clothing in a double bag. If the student is unable to be self-directed and needs assistance, the person assisting must have another adult present. Whenever possible, accidents should be handled in the classroom to decrease the risk of exposure in the clinic. If the student needs to be sent home for hygiene, the parent/guardian will be contacted by the campus nurse. 	
Triage Symptoms - Call the Campus Nurse	<ul style="list-style-type: none"> Cough Cuts/Scrapes (see above for minor) Headache unresolved or significant (see above for minor) Indigestion/Nausea unresolved (see above for minor) 	<ul style="list-style-type: none"> New Injury with moderate bleeding or head bumps Nosebleeds - uncontrolled in class Possible fever Stomachache - elementary students should be encouraged to try to use the restroom first
Send Immediately	<ul style="list-style-type: none"> Allergic reactions Bee/Wasp sting Breathing problems (including asthma-related) Diabetes-related issues Signs and symptoms of Multisystem Inflammatory Syndrome in Children (MIS-C), which may include rash, swollen red eyes, hands, and feet. 	<ul style="list-style-type: none"> Dental injuries Physical injury or concern for broken bones Vomiting Diarrhea (single accidents non-diarrhea can be handled in the classroom, see above) Suspected Head Injury Pregnancy Seizure activity (call for assistance) Old cut that is red, swollen or draining