

# Middle School Menus

# MAY 2025

**St. Charles Parish  
Public Schools**

*This institution is an equal opportunity provider.  
Menus are subject to change.*

**AVAILABLE DAILY**  
With all meals:  
**Low Fat White or  
Fat-Free Flavored Milk**

**Daily: Deli Sandwich**  
**Mon/Wed/Fri: Pizza**  
**Tuesday: Chicken  
Sandwich or Totchos**  
(rotates weekly)  
**Thursday: Hamburger or  
Cheeseburger**

**Thursday, May 1**

**Breakfast**  
Sausage Biscuit  
Cereal w/Graham Crackers  
Yogurt w/Tiger Bites  
Fruit or Juice Choice

**Lunch**  
Chicken/Sausage Jambalaya  
Broccoli Florets  
Steamed Carrots  
WW Roll  
Fruit

**Friday, May 2**

**Breakfast**  
Waffles  
Cereal w/Graham Crackers  
Yogurt w/Tiger Bites  
Fruit or Juice Choice

**Lunch**  
General Tso Chicken  
Lo Mein Noodles  
Edamame  
Asian Salad  
Orange Wedge

**Monday, May 5**

**Breakfast**  
Breakfast Pizza  
Cereal w/Graham Crackers  
Yogurt w/Tiger Bites  
Fruit or Juice Choice

**Lunch**  
Chicken & Cheese Quesadilla  
Salsa  
Steamed Corn  
Frozen Fruit Cup

**Tuesday, May 6**

**Breakfast**  
Chicken Biscuit  
Cereal w/Graham Crackers  
Yogurt w/Tiger Bites  
Fruit or Juice Choice

**Lunch**  
Chicken Tenders  
Crinkle Cut Fries  
Steamed Carrots  
Apple Wedges

**Wednesday, May 7**

**Breakfast**  
Cinnamon Roll  
Cereal w/Graham Crackers  
Yogurt w/Tiger Bites  
Fruit or Juice Choice

**Lunch**  
Fresh Hot Pizza  
Marinara Sauce  
Broccoli Florets  
Banana

**Thursday, May 8**

**Breakfast**  
Sausage Biscuit  
Cereal w/Graham Crackers  
Yogurt w/Tiger Bites  
Fruit or Juice Choice

**Lunch**  
Deli Turkey on Bun  
Tater Tots  
Lettuce/Tomato/Pickle  
Sliced Peaches

**Friday, May 9**

**Breakfast**  
French Toast Sticks  
Cereal w/Graham Crackers  
Yogurt w/Tiger Bites  
Fruit or Juice Choice

**Lunch**  
Bosco Sticks  
Marinara Sauce Cup  
Green Beans  
Strawberry Cup

**Monday, May 12**

**Breakfast**  
Confetti Pancakes  
Cereal w/Graham Crackers  
Yogurt w/Tiger Bites  
Fruit or Juice Choice

**Lunch**  
Chicken Alfredo Pasta  
Green Beans  
Carrots  
Applesauce

**Tuesday, May 13**

**Breakfast**  
Chicken Biscuit  
Cereal w/Graham Crackers  
Yogurt w/Tiger Bites  
Fruit or Juice Choice

**Lunch**  
Sliced Beef & Gravy  
Mashed Potatoes  
Steamed Peas  
WW Roll  
Apple Wedges

**Wednesday, May 14**

**Breakfast**  
Cinnamon Roll  
Cereal w/Graham Crackers  
Yogurt w/Tiger Bites  
Fruit or Juice Choice

**Lunch**  
Manager's Choice

**Thursday, May 15**

**Breakfast**  
Sausage Biscuit  
Cereal w/Graham Crackers  
Yogurt w/Tiger Bites  
Fruit or Juice Choice

**Lunch**  
Beef Dippers  
Macaroni & Cheese  
Broccoli Florets  
Baked Beans  
Fruit

**Friday, May 16**

**Breakfast**  
Donut  
Cereal w/Graham Crackers  
Yogurt w/Tiger Bites  
Fruit or Juice Choice

**Lunch**  
Pastalaya  
Green Beans  
Garden Salad  
Fresh Orange Wedges

**Monday, May 19**

**Breakfast**  
Manager's Choice  
Cereal w/Graham Crackers  
Yogurt w/Tiger Bites  
Fruit or Juice Choice

**Lunch**  
Chicken Filet Sandwich  
*Or Burger*  
Tater Tots or Fries  
Veggie  
Fruit

**Tuesday, May 20**

**Breakfast**  
Manager's Choice  
Cereal w/Graham Crackers  
Yogurt w/Tiger Bites  
Fruit or Juice Choice

**Lunch**  
Fresh Hot Pizza  
Marinara Sauce  
Veggie  
Fruit

**Wednesday, May 21**

**Breakfast**  
Manager's Choice  
Cereal w/Graham Crackers  
Yogurt w/Tiger Bites  
Fruit or Juice Choice

**Lunch**  
Mini Corn Dogs  
Tater Tots or Fries  
Veggie  
Fruit

**Thursday, May 22**

**Breakfast**  
Manager's Choice  
Cereal w/Graham Crackers  
Yogurt w/Tiger Bites  
Fruit or Juice Choice

**Lunch**  
Bosco Sticks  
Marinara  
Veggie  
Fruit

**Have a great  
summer!**

**Thanks for  
eating with us this  
year. We look  
forward to  
seeing you when  
school starts up  
again!**