

Period 1	7:45 - 8:30
Period 2	8:35 - 9:20
Break	9:20 - 9:30
Period 3	9:35 - 10:20
Period 4	10:25 - 11:10
Lunch	11:10 - 11:40
Period 5	11:45 - 12:30
Period 6	12:35 - 1:20
Period 7	1:25 - 2:10

Tomorrow is our Cougar Pride Spirit Day! Be sure to wear as much RED or Carmel gear as possible. **Go Cougars!**

Attention all Adventurous 7th Graders: It is time for the meeting to discuss the most epic and legendary experience a young naturalist can have! That's right, we are talking about the Fall 2025 8th Grade Lava Beds Trip. Camping, exploring caves, doing dishes, and many other amazing activities take place over this week-long adventure. If you are not sure if the trip is right for you, ask any of our veteran 8th grade cavers who have gone on the trip about all the fun and exciting learning opportunities. Next Tuesday, April 29th, we will be having our very first Lava Beds Meeting in the theater during lunch. This meeting is 100% mandatory. You must come to this meeting to receive highly important documentation regarding the trip. There are limited spaces for the trip, so you need to make sure you are at the meeting to hear all the important details. Only students that have attended the meeting will receive the paperwork. If you have any questions, please come see Mr. Guzzi. We look forward to seeing you next Tuesday at lunch in the theatre.

The CMS Songwriters Showcase is coming up on Friday May 9. If you enjoy writing, singing, playing, or performing your own music and would like to be in the show, please come to the weekly Songwriters Club meeting at lunch in Mr. Loosleys room, C9. You do not have to be a regular attendee of the club to join in on the show.

Attention ALL Members of CJSF: Just a friendly reminder that your 5 hours of community service is due next Friday, May 2nd. Please post your hours on the google form found in our CJSF classroom.

Good Luck to our Sports Teams in their games today:

Our Tennis Team takes Buena Vista Middle School on our home courts at 4:00.

While the Golf Team tees off against Pacific Grove Middle School at Carmel Valley Ranch.

The Wrestling Team has a home match in our gym at 4:30.

In the 8th Grade Wiffle Ball Tournament of Donuts ~ Yesterday's game between the *Mayer/Bajari Powerful, Prowling, Pink Panthers* and the *Kueno OG Pink Panthers* came down to the wire as both teams hit a combined 8 runs in the last inning. The *OG Panthers* showed up in huge numbers making it nearly impossible for the opposing team to find a hole in their defense. Down by three in the bottom of the last inning the prowling panthers had their opportunities to take the lead but fell short due to shortstop James Newhouse who broke a record, making all three outs in the inning. The **Kueno OG's** won this battle of the Pink Panthers 8-7. Today's game will feature the *Clarketown Jhonkey Monkeys* vs *Forte Piano Flying Pigs.*

Other Lunch Time Activities:

The Cougar Catch and the Video News Club have joined forces to update CMS on student news. Help make a show about what is going on around CMS and the world. Create a podcast about your favorite topics, opinions, and jokes? Help inform and entertain campus with your amazing video and storytelling skills! Write articles about events on campus! Come by S2 today at lunch to learn more and decide if this club is for you.

Today's Menus: Breakfast: Everything Bagel with Cream Cheese, Banana Bread, and Honey Nut Cheerios Lunch: Chicken Strips & Chips, Cheeseburger, Spaghetti w/a bread roll, or a Yogurt Parfait with Granola.

Happy Birthday to: