

May 2025

ELEMENTARY SCHOOL LUNCH MENU GLUTEN FREE



DAILY OPTIONS

1. Fresh Fruits and/or Whole Fruits
2. Fresh Veggies and/or Fresh-Made Side Salads
3. Milk (1% Milk or 1% Chocolate)
4. Flatbread served with salads on Wednesday & Friday*

*Menu is subject to change. **Vegetarian, Locally Grown**
Halal, Sesame-Free & Gluten-Free Menus are also available. This institution is an equal opportunity provider.

			Thu. 5/1/25 Yogurt and Turkey Sausage (1) Fruit and Yogurt (2) Hash Brown	Fri. 5/2/25 Pizza Salad
Mon. 5/5/25 GF Chicken Tenders (1) Garden Salad (2) Smiley Face Fries	Tue. 5/6/25 Beef Nachos (1) Cheese Nachos (2) Refried Beans Salsa/Sour Cream	Wed. 5/7/25 Hot Dog on GF Bun (1) Vegan Chickpea Salad (2)	Thu. 5/8/25 Yogurt w/ Turkey Sausage (1) Fruit & Yogurt (2) Hash Brown	Fri. 5/9/25 Pizza Salad
Mon. 5/12/25 Grilled Chicken on GF Bun (1) Garden Salad (2) Smiley Face Fries	Tue. 5/13/25 Beef Nachos (1) Cheese Nachos (2) Refried Beans Salsa/Sour Cream	Wed. 5/14/25 Grilled Cheese on GF Bread (1) Vegan Chickpea Salad (2)	Thu. 5/15/25 Yogurt w/ Turkey Sausage (1) Fruit & Yogurt (2) Hash Brown	Fri. 5/16/25 Pizza Salad
Mon. 5/18/25 Grilled Chicken w/ Mashed Potatoes (1) Cheese Lasagna (2)	Tue. 5/19/25 Beef Nachos (1) Cheese Nachos (2) Refried Beans Salsa/Sour Cream	Wed. 5/20/25 BBQ Chicken on GF Bun (1) Vegan Chickpea Salad (2)	Thu. 5/21/25 Yogurt w/ Turkey Sausage (1) Fruit & Yogurt (2) Hash Brown	Fri. 5/22/25 Pizza Salad
Mon. 5/26/25 NO SCHOOL	Tue. 5/27/25 Chicken Nachos (1) Corn & Black Bean Nachos (2) Black Beans	Wed. 5/28/25 Hot Dog on GF Bun (1) Vegan Chickpea Salad (2)	Thu. 5/29/25 Yogurt w/ Turkey Sausage (1) Fruit & Yogurt (2) Hash Brown	Fri. 5/30/25 Pizza Salad
Monday Weekly Choice Chicken Caesar Salad	Tuesday Weekly Choice Taco Salad	Wednesday Weekly Choice Vegan Chickpea Salad*	Thursday Weekly Choice Fruit Parfait	Friday Weekly Choice Caprese Sandwich

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