

# Bridging the Gap

Supporting Students  
Through Change

Thursday, April 24 | 6-7:30 pm



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# Navigating Change: Empowering Scholars for Successful Transitions



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Each Scholar: A voice. A dream. A **BRIGHT** future.

## David Stone

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and Career & Technical Education, and  
School Counseling

## Christine Robinson

Facilitator of College & Career Readiness,  
and Career & Technical Education, and  
School Counseling

## Paris Lillard

K-8 School Counselor



# SUCCESSFUL TRANSITIONS:

## The 3 Cs to help your child manage change



**WHEN YOU THINK OF TRANSITION: What's 1 word that you think of?**

**MOVEMENT**

**CHANGE**

**GROWTH**

**LOSS**

**ADJUSTMENT**

**DISRUPTION**

**DISCOMFORT**

**FEAR**




**GOAL 5: PERSISTENCE TO GRADUATION**  
High School Graduation Through Successful Transitions



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“Change is not a threat,  
it’s an opportunity.  
Survival is not the goal,  
transformative success is.”

—Seth Godin



# The Three (3) Cs for Successful Transitions



Connection  
Communication  
Celebration

five



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# MAKING CONNECTIONS || EMBRACING TRANSITION

Consider: how long it take your child to adjust to a new situation?

- Know what might trigger anxiety in your child.
- Anticipate the differences between grade levels.
- Identify the similarities between grade levels

- Draw a map of the school and share it with your child.
- Drive past the school several times before start of school.
- Participate in orientation sessions sponsored by the school.
- Meet the school's principal.

- Distance from bus pick-up to school
- Time on bus
- Who are your child's peers on the bus?
- Have you met your child's bus driver?



# CONNECTION:

## Join your school community or create one yourself

- Principal's Parent Advisory Board
- Superintendent's Parent Advisory Board
- HS Booster Club
- Parent Teacher Club

### Volunteer

- at your child's school
- in your child's classroom
- to be a chaperone on field trips



# COMMUNICATION

**Listen completely.**

**Reflect back what you heard.**

**Be reassuring.**

**Don't always wait for kids to come to you.**



*five*



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# COMMUNICATION



**SCHOOL TO HOME/  
HOME TO SCHOOL**

**PARENT VUE/STUDENT VUE  
PARENT SQUARE**

**TEACHER'S EMAIL ADDRESS**

**[WWW.FWPS.ORG](http://WWW.FWPS.ORG)**

**PRINCIPAL'S LETTERS**

**SUPERINTENDENT'S LETTERS**

**STUDENT LED CONFERENCES**



# CELEBRATE THE OPPORTUNITY

# C #1

## EMBRACE CHANGE

Change in life is inevitable, but we can shift our perception of what this word means and fully embrace it so that it does not have control over us.



three



**GOAL 3: ACTIVE LEARNERS**  
Engaged, Empowered Critical Thinkers

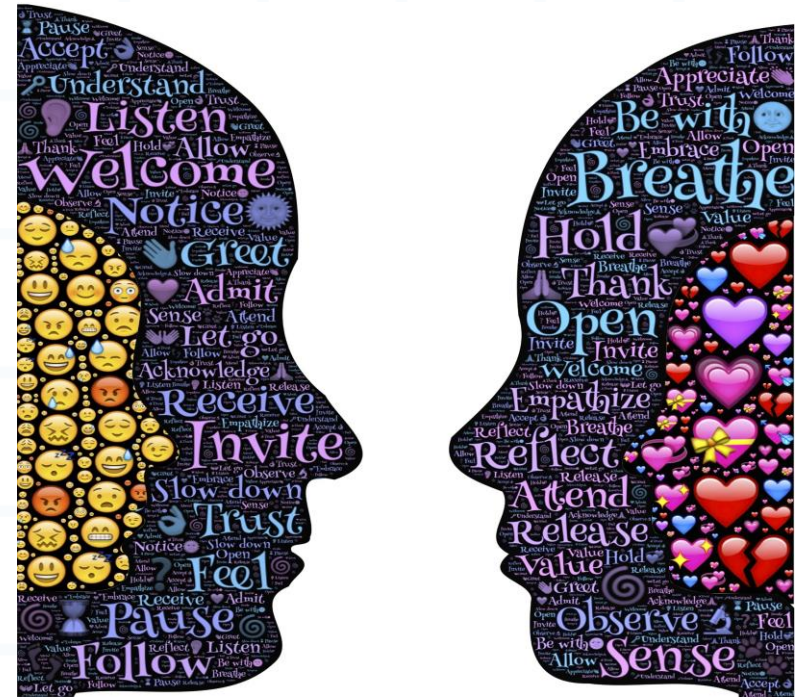


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# TWO TYPES OF SCHOOL TRANSITIONS



# ACADEMIC TRANSITIONS



# SOCIAL-EMOTIONAL TRANSITIONS

# ACADEMIC TRANSITIONS

HOW CAN I HELP MY CHILD  
TRANSITION  
***ACADEMICALLY***  
TO BE BETTER PREPARED  
FOR THE NEXT GRADE  
LEVEL?





# LEARNING PARTNERSHIP GUIDES



# WAYS TO SUPPORT YOUR CHILD'S ACADEMIC LEARNING

## ORGANIZATIONAL AND ENVIRONMENTAL SUPPORTS

- Keep a school calendar
- Manage time
- Be on time to class and manage school activities
- Keep up with assignments
- Manage materials
- Navigating around the school: restrooms, lunchroom, health room, office
- Knowing who's who—teachers and staff



- **School Counselor**
- **Dean of Students**

**Assistant Principal**  
**Special Ed Case Manager**

**Parent Liaison**  
**CIS**

[https://youtu.be/\\_pUm\\_F-bZwI](https://youtu.be/_pUm_F-bZwI)



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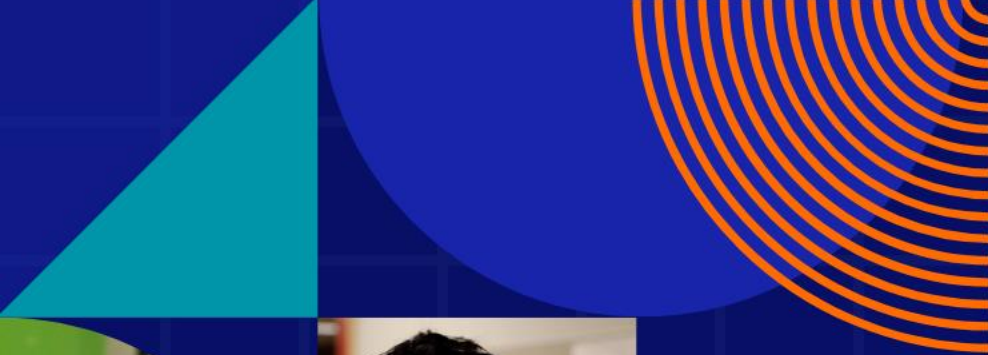
# What to expect **ACADEMICALLY**

- Homework
- Reduced parental help needed from middle school up
- Understanding new grading factors
- Accepting more responsibility
- Presentations in front of class
- Working with other scholars



[https://youtu.be/\\_pUm\\_F-bZwI](https://youtu.be/_pUm_F-bZwI)





# FWPS Summer Learning

2024-2025



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# SUMMER SCHOOL GOALS

- To prevent learning loss by continuing instruction through July
- To provide additional ELA and Math instruction to support transitions to the next grade level
- To provide an opportunity to explore hands on learning opportunities



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ACTIVE LEARNERS

Engaged,  
Empowered  
Critical  
Thinkers

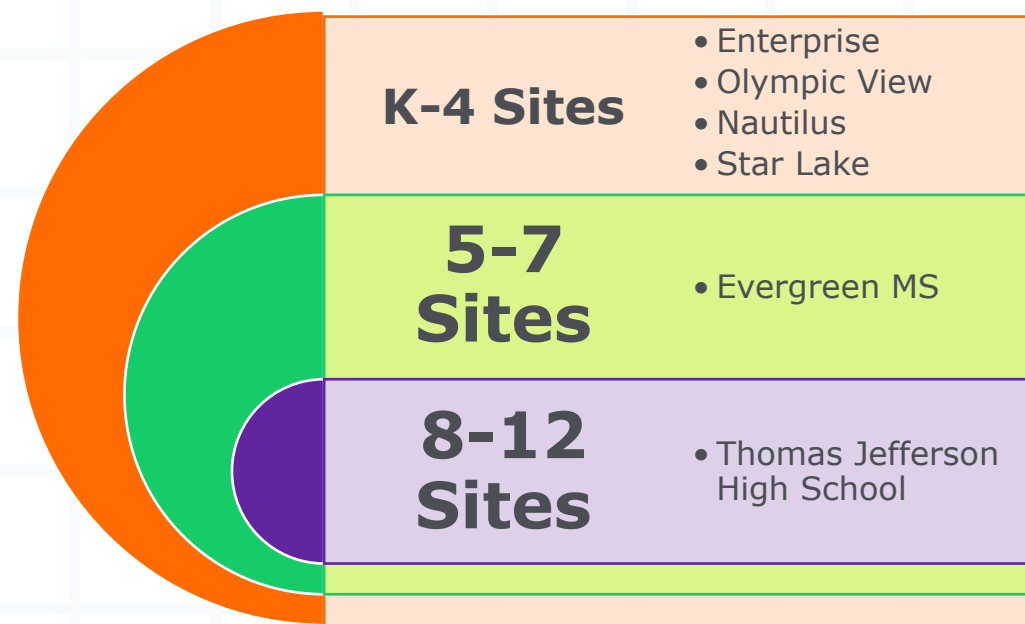


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# Scholar Sites and Sessions

**DATES: June 30-July 24**

**(Monday-Thursday for 3 hours)**



- ENT, OLV, NAU: 8:30-12:00 noon
- STR, EVG, TJHS: 9:30-1:00 pm
- AM Credit Recovery: 9:30-12:30 pm
- PM Credit Recovery: 1:00-4:00 pm



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ACTIVE LEARNERS

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# Summer Programs

K-4

- Camp Invention
- Academic Language Academy

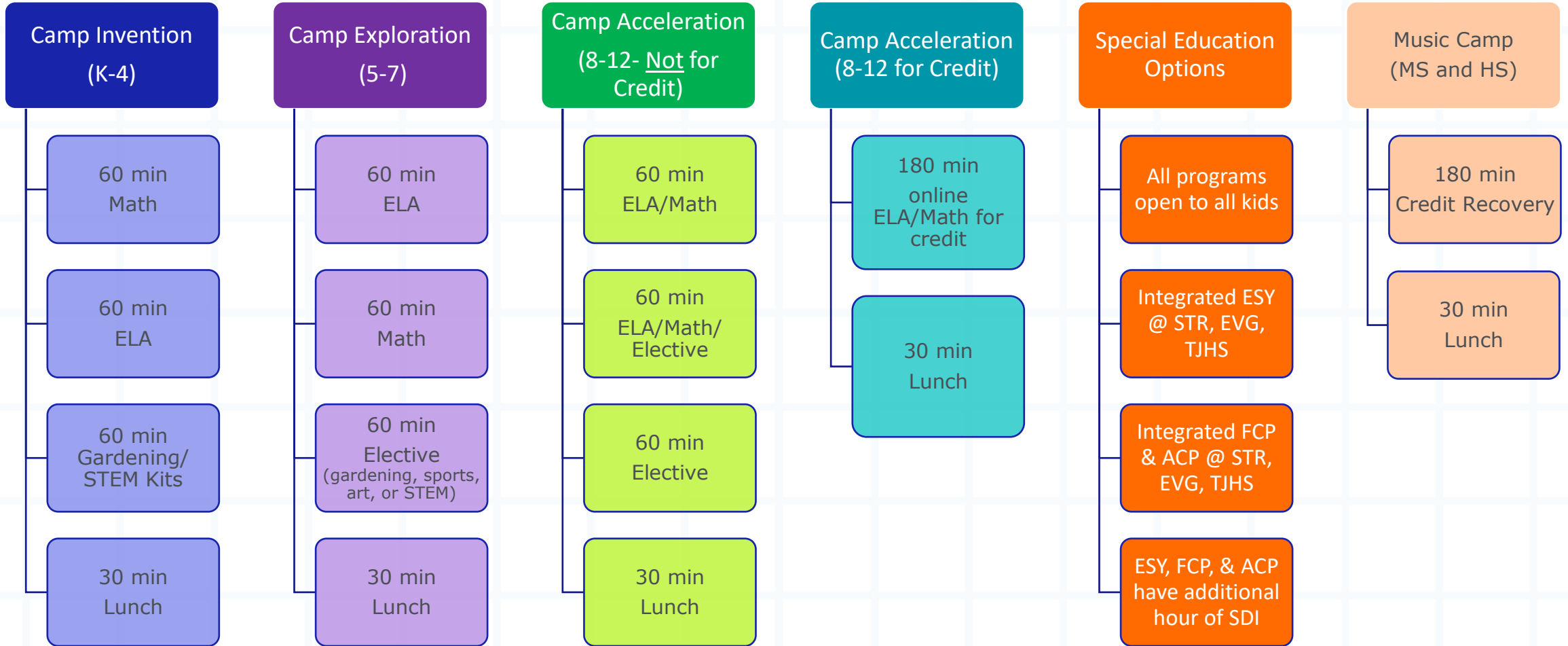
5-7

- Camp Exploration
- Music Camps

8-12

- Camp Acceleration for credit
- Camp Acceleration not for credit
- Credit Recovery
- Music Camps

# SUMMER LEARNING BLOCKS



three



**GOAL 3: ACTIVE LEARNERS**  
Engaged, Empowered Critical Thinkers



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# SUMMER SCHOOL SITES

## Elementary Schools



Olympic View



Enterprise



Nautilus



## Middle School



## High School







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ACTIVE LEARNERS

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## Additional Summer Opportunities & Resources

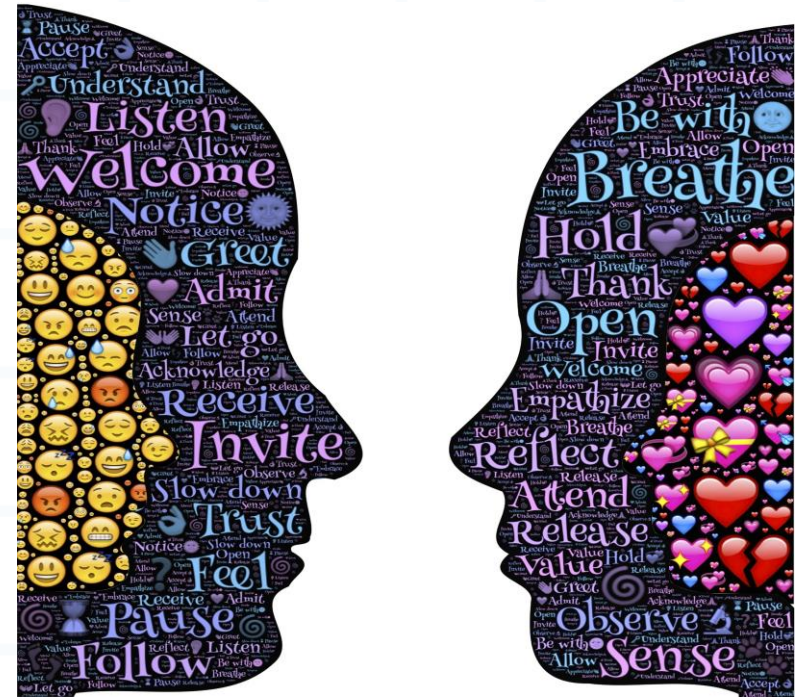
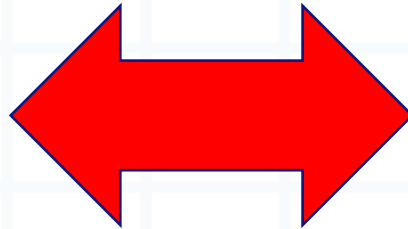
2025 Summer schedule and details TBD

- Summer learning packets
  - Available for 1-12
- Summer learning video-lessons
  - Available for K-5
- FRED bus
- Food
- King County Library

# TWO TYPES OF SCHOOL TRANSITIONS



# ACADEMIC TRANSITIONS



# SOCIAL-EMOTIONAL TRANSITIONS

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# PROMOTING POSITIVE SOCIAL-EMOTIONAL TRANSITIONS

# School Counselors in Schools ↑

S

Advisory Periods in Schools: 1 ,2, 4 x/week

Mentor & Me

E



(MS) WEB—Where Everybody Belongs

L

(HS) LINK CREW-Orientation, Onboarding, Peer-to-Peer Mentorship

Summer School 2025

## Social-Emotional Learning

Self-Awareness

Self-Management

Social Awareness

Relationship Skills

Responsible Decision-Making

Future Self

two



GOAL 2: WHOLE CHILD

Thriving, Confident, Responsible Individuals



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# Wellness Exercises

- Emotional
- Environmental
- Financial
- Intellectual
- Occupational
- Physical
- Social
- Spiritual



one



**GOAL 1: THE EARLY**  
Building the Foundat

How **BALANCED** is your **WELLNESS WHEEL**?

# Wellness Activities



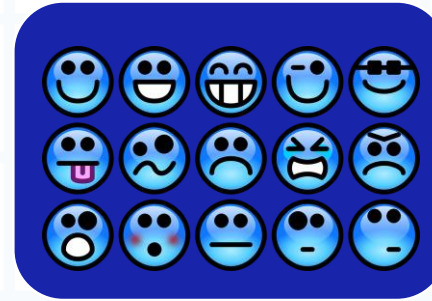
Physical



Spiritual



Mindful



Emotional



Nature

# Examples of what to say when there's a crisis

I hear how awful that must be for you.

I'll bet that brought up some difficult feelings.

It's okay to cry.

I'm here for you.

What reasons do you want to live?

That sounds really difficult.

Is there anything I can do to help?

Is sounds like you're in real distress.



# How can adults be supportive of young people?

Be the best role model you can be

Help youth develop healthy, safe, and stable relationships

Do your best to provide youth with a supportive, stable, and predictable environment

Ensure youth have regular check-ups

Look out for warning signs of distress, and seek help when needed

Minimize access to means of self-harm or harm to others

Be attentive and involved when youth spend time online

**Thank you!**



# Feedback Survey

**Please help us improve by sharing your feedback about today's event through a 3-minute survey:**

*Encuesta posterior al evento: !Ayúdenos a mejorar!*

*Sau buổi sự kiện: Hãy giúp chúng tôi cải thiện!*

Опрос мнения по окончании мероприятия:  
Помогите нам учесть недочёты!

پست-نظرسنجی : رویداد به ما کمک می کند  
بهبود یابیم!



**Scan the QR code or, Visit:**  
**[www.fwps.org/FamilyAcademySurvey](http://www.fwps.org/FamilyAcademySurvey)**



# Please make your way to your next breakout session

6:55-7:30 pm

- Ready, Set, Kindergarten!
- Future Ready: How Your Digital Footprint Shapes Opportunities
- What Happens When the Bus Stops? Supporting Secondary Transitions for Scholars with IEPs
- Navigating Change: Empowering Scholars for Successful Transitions
- Together We Grow: Family Strategies for Emotional Support in School Changes
- Family Tech Empowerment: Helping Families Navigate District Tools
- Ready, Set, Register: How to Enroll in College Classes