

ELEMENTARY SCHOOL MENU





A full student breakfast includes grains, fruit, and a choice of milk. Milk Choices include 1% white or fat free chocolate.



Student Breakfast: FREE Visitor/Staff Breakfast: \$3.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fruits	,		DAY 4 1	DAY 5 2
	For online personal		1. Sausage & Pancake	1. Cheese Omelet
	vellness resources for		on a Stick w/ Syrup	2. Froot Loops Cereal
Vegetables Protein YC	ou and your family, visit	wake up!	2. Frosted Mini Wheats	Toast or Cinnamon Toast
			Toast or Cinnamon Toast	Fresh Fruit
Choose MyPlate .gov	hooseMyPlate.gov	School Breakfast	Fresh Fruit, Fruit Juice	Chilled Fruit
			Choice of Milk	Choice of Milk
DAY 6 5	DAY 1 G	DAY 2 7	DAY 3 8	DAY 4 9
1. Bagel w/ Yogurt	1. Yogurt Parfait w/	1. Pancakes w/ Blueberries	1. Cinnamon Roll	1. Chocolate Chip
& String Cheese	Berries & Granola	& Whipped Topping	2. Frosted Mini Wheats	Ultimate Breakfast Round
2. Cheerios Cereal	2. Cocoa Puffs Cereal	2. Lucky Charms Cereal	Toast or Cinnamon Toast	2. Cinnamon Chex Cereal
Toast or Cinnamon Toast	Toast or Cinnamon Toast	Toast or Cinnamon Toast	Fresh Fruit	Toast or Cinnamon Toast
Fresh Fruit, Chilled Fruit	Fresh Fruit, Fruit Juice	Fresh Fruit, Chilled Fruit	Fruit Juice	Fresh Fruit, Chilled Fruit
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
DAY 5 12	DAY 6 13	DAY 1 14	DAY 2 15	E-LEARNING DAY 16
1. Pancakes w/ Blueberries	1. Double Chocolate	1. Sausage & Egg	1. Sausage Breakfast Pizza	
& Whipped Topping	Chip Muffin	Breakfast Sandwich	2. Lucky Charms Cereal	E-LEARNING
2. Cheerios Cereal	2. Cinnamon Chex Cereal	2. Cocoa Puffs Cereal	Toast or Cinnamon Toast	
Toast or Cinnamon Toast	Toast or Cinnamon Toast	Toast or Cinnamon Toast	Fresh Fruit	
Fresh Fruit, Chilled Fruit	Fresh Fruit, Fruit Juice	Fresh Fruit, Chilled Fruit	Fruit Juice	
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	
19	DAY 3 20	DAY 4 21	DAY 5 22	DAY 6 23
NO SCHOOL	1. Sausage Breakfast Pizza	1. Homemade Blueberry	1. French Toast Sticks	1. Apple Frudel
	2. Lucky Charms Cereal	Muffin	2. Frosted Mini Wheats	2. Froot Loops Cereal
TODAY	Toast or Cinnamon Toast	2. Cheerios Cereal	Toast or Cinnamon Toast	Toast or Cinnamon Toast
2	Fresh Fruit	Toast or Cinnamon Toast	Fresh Fruit	Fresh Fruit
	Fruit Juice	Fresh Fruit, Chilled Fruit	Fruit Juice	Chilled Fruit
	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
NO SCHOOL 26	DAY 1 27	DAY 2 28	DAY 3 29	DAY 4 30
	1. Chocolate Chip	1. Yogurt Parfait w/	1. Pancakes w/ Blueberries	1. Apple Frudel
MIEMORIAL DAY	Ultimate Breakfast Round	Berries & Granola	& Whipped Topping	2. Cheerios Cereal
	2. Cinnamon Chex Cereal	2. Cocoa Puffs Cereal	2. Lucky Charms Cereal	Toast or Cinnamon Toast
	Toast or Cinnamon Toast	Toast or Cinnamon Toast	Toast or Cinnamon Toast	Fresh Fruit
	Fresh Fruit, Fruit Juice	Fresh Fruit, Chilled Fruit	Fresh Fruit, Fruit Juice	Chilled Fruit
	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
DAY 5 2	DAY 6 3	DAY 1 4	DAY 2 5	0.00
1. Pancakes w/ Blueberries	1. Bagel w/ Yogurt	1. Cinnamon Roll	1. Cinnamon Chex Cereal	hello h
& Whipped Topping	& String Cheese	2. Cheerios Cereal	2. Apple Jacks Cereal	
2. Cocoa Puffs Cereal	2. Lucky Charms Cereal	Toast or Cinnamon Toast	Toast or Cinnamon Toast	
Toast or Cinnamon Toast	Toast or Cinnamon Toast	Fresh Fruit	Fresh Fruit	Enjoyyoun
Fresh Fruit, Chilled Fruit	Fresh Fruit, Fruit Juice	Chilled Fruit	Fruit Juice	Enjoy your
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	summer break!
This institution is an equal opportunity provider. 👌 🤌 🤌 🤌 Menu is subject to change. For the most up to date menu info, check Nutrislice.				

BREAKFAST BITES

From your Friends in the Food Service Department



MAY IS NATIONAL EGG MONTH



Here are some entertaining egg facts for your enjoyment:

- Eggs are good for your eyes. They contain lutein, which helps prevent cataracts and muscle degeneration.
- Egg yolks are one of the few foods that naturally contain vitamin D.
- Eggs are rich in choline, which promotes healthy cell activity.
- The average hen lays about 300 to 325 eggs per year.
- An egg shell can have as many as 17,000 pores.
- As hens age, their eggs become larger.

source: vel-co.com

WISCONSIN School Breakfast PROGRAM

WHY DO WE PARTICIPATE?

More than 8 million children across the U.S. start their day with the School Breakfast Program, a Federal program that provides States with cash assistance for non-profit breakfast programs in schools. School breakfast is healthy, convenient and helps students do well in school. Research shows that eating breakfast leads to improved academic performance, focus and behavior. source: dpi.wi.gov



<u>CONTACT US:</u> 715-345-5435

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REMEMBER and HONOR

National Dairy Month was established in 1939 to recognize dairy farmers and encourage families to drink milk. To learn more about Dairy Month, attend a June Dairy Breakfast in your area or visit **thedairyalliance.com**.



June is DAIRY MONTH

source: thedairyalliance.com

This academic year, the district's Food Service Department is once again offering FREE breakfast to ALL students.



START YOUR DAY OFF RIGHT.