

SAN LUIS COASTAL ADULT SCHOOL LIFELONG FITNESS

June 9th-July 3rd
Classes Available:

Gentle Yoga with Kat Yeung - \$60
M & W 5:45PM - 7:00PM
SLO Campus

Tai Chi Intro Online - \$30
TU 9:00AM-10:00AM

Gentle Yoga Online - \$60
TU & TH 9:30AM-10:45AM

Qigong Online - \$30
W 9:35AM-10:35AM

REGISTRATION BEGINS
APRIL 25TH FRIDAY - CALL
US TO REGISTER
805.549.1222
DIY - ONLINE



REGISTER FOR OUR
MINI-SUMMER SESSION

SIGN UP FOR CLASS
ON APRIL 25TH FRIDAY
AE.SLCUSD.ORG/COMMUNITY-PROGRAMS

OR CALL ADULT SCHOOL TO REGISTER
805.549.1222



SAN LUIS COASTAL
UNIFIED SCHOOL DISTRICT