

# SAN LUIS COASTAL ADULT SCHOOL LIFELONG FITNESS

June 9th-July 3rd  
Classes Available:

Gentle Yoga with Kat Yeung - \$60  
M & W 5:45PM - 7:00PM  
SLO Campus

Tai Chi Intro Online - \$30  
TU 9:00AM-10:00AM

Gentle Yoga Online - \$60  
TU & TH 9:30AM-10:45AM

Qigong Online - \$30  
W 9:35AM-10:35AM

REGISTRATION BEGINS  
APRIL 25<sup>TH</sup> FRIDAY - CALL  
US TO REGISTER  
805.549.1222  
DIY - ONLINE



REGISTER FOR OUR  
MINI-SUMMER SESSION

SIGN UP FOR CLASS  
ON APRIL 25<sup>TH</sup> FRIDAY  
[AE.SLCUSD.ORG/COMMUNITY-PROGRAMS](http://AE.SLCUSD.ORG/COMMUNITY-PROGRAMS)

OR CALL ADULT SCHOOL TO REGISTER  
805.549.1222



SAN LUIS COASTAL  
UNIFIED SCHOOL DISTRICT