

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

5  
Chicken Nuggets  
Sweet Potato Fries  
Dinner Roll  
Choice of Fruit  
Choice of Milk

D

6  
Beef Nachos  
Seasoned ground beef served over  
Corn Chips with cheese, salsa and sour  
cream  
Vegetable Brown Rice  
Choice of Fruit  
Choice of Milk

E

7  
Pizza Wedge  
Choice of Cheese or Pepperoni Pizza  
Three Bean Salad  
Choice of Fruit  
Choice of Milk

F

1  
Hot Dog  
All Beef hot dog served on whole grain  
bun  
Baked Beans  
Choice of Fruit  
Choice of Milk

B

2  
**National Lunch Super Hero Day**  
Pasta with Meat sauce  
Whole grain pasta with a ground beef  
meat sauce.  
Mixed Vegetables  
Garlic Breadstick  
Choice of Fruit  
Choice of Milk

C

8  
Cheeseburger  
French Fries  
Choice of Fruit  
Choice of Milk

A

9  
Brunch for Lunch  
Pancakes  
Sausage  
Potato Wedges  
Choice of Fruit  
Choice of Milk

B

12  
Chicken Tenders  
Whole Grain Breaded Chicken Tenders  
With choice of dipping sauce  
Corn  
Dinner Roll  
Choice of Fruit  
Choice of Milk

C

13  
Pulled Pork Sliders  
Two sliders with bbq pulled pork  
French Fries  
Choice of Fruit  
Choice of Milk

D

14  
French Bread Pizza  
Steamed Broccoli  
Choice of Fruit  
Choice of Milk

E

15  
Chicken Fajita  
Fajita chicken strips  
Brown Rice  
Onions and Peppers  
Tortilla on the side  
Choice of Fruit  
Choice of Milk

F

16  
Mac & Cheese  
Elbow Macaroni in a cheddar cheese  
sauce.  
Mixed Vegetable  
Choice of Fruit  
Choice of Milk

A

19  
General Tso's Chicken  
Brown Rice  
Broccoli  
Choice of Fruit  
Choice of Milk

B

20  
**Mozzarella Sticks**  
Whole grain breaded mozzarella sticks  
served with marinara sauce  
Garden Salad  
Garlic Breadstick  
Choice of Fruit

C

21  
Ernie's Pizza  
Ernie's Cheese Pizza  
Quinoa Salad  
Choice of Fruit  
Choice of Milk

D

22  
Sloppy Joe  
Ground Beef seasoned and cooked with  
onions and tomato sauce served  
On a whole grain bun  
Potato Wedges  
Choice of Fruit  
Choice of Milk

E

23  
Vegan Creamy Chickpea & Potato Curry  
Cream sauce made with soy milk and  
Tomatoes  
Brown Rice  
Choice of Fruit  
Choice of Milk

F

26  
No School

27  
Chicken Bacon Ranch Pasta  
Diced chicken, diced bacon ranch  
dressing mixed with pasta  
Mixed Vegetable  
Choice of Fruit  
Choice of Milk

A

28  
Ernie's Pizza  
Three Bean Salad  
Choice of Fruit  
Choice of Milk

B

29  
Grilled Cheese  
Whole grain bread toasted with melted  
American cheese  
Tomato Soup  
Choice of Fruit  
Choice of Milk

C

30  
Hot Dog  
All Beef hot dog served on whole grain  
bun  
Coleslaw  
Choice of Fruit  
Choice of Milk

D

Milk is offered with all meals choice of Fat Free Chocolate, 1% white or Lactaid Free

Available every day Rainbow Veggie Tray may include: Broccoli, Baby Carrots, Celery, Cucumbers, Tomatoes, Peppers, Bean Salad, Black Beans and Chickpeas

Three ways to pay: send in cash or check in a labeled envelope or visit [mypaymentsplus.com](http://mypaymentsplus.com) to add money or track your account.

Ala Carte Snack Items are available daily snacks price range \$.60 -\$1.75 including, milk, assorted chips and Ice Cream

For menu questions please contact Jessica Hill [jhill@woodbridgesps.org](mailto:jhill@woodbridgesps.org)