

NAMI BASICS

A free, six-week education program led by family members for parents and caregivers caring for youth experiencing mental health symptoms. The program covers information on mental health care, advocating for your child, preparing and responding to a crisis, and much more.



CLASS INFO



Hellam Township Building

35 Walnut Springs Rd, York, PA 17406



6pm-8:30pm



Tuesdays, June 3rd - July 15th

No class on June 24th



info@namiyorkadams.org



717-848-3784

JOIN US



40 **nami**
National Alliance on Mental Illness

**York-Adams
Counties PA**
Celebrating 40 Years




NAMI Family To Family

A free, eight-week educational course for family and friends of people with mental health conditions. Participants develop critical skills such as effective communication, accessing resources, self-care, and problem-solving.



Class Info

 **Tuesdays from May 6- June 23rd**

 **6-8:30PM**


 **St Patrick Church**

219 S Beaver St, York, PA 17401



REGISTER HERE!

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