



ABOUT THIS CLASS

Supportive, small group programs to connect with other parents about raising young children. You can attend any or all of the classes below for **free**.

STRUCTURE

All workshops are held **virtually on Zoom** – Open to any parent or caregiver in Delaware and Morrow Counties.

Can't make any of the dates? Call or email us – we also provide one-to-one parenting support online or over the phone covering the topics below and more

OUR TOPICS

DEALING WITH DISOBEDIENCE

GET TIPS ON HOW TO GET KIDS TO LISTEN AND FOLLOW DIRECTIONS.

MONDAY MAY 5TH; 9AM TO 10:30AM

HASSLE-FREE SHOPPING WITH CHILDREN

LEARN HOW TO PLAN FOR EASY, CALM TRIPS AND HOW TO ADDRESS MISBEHAVIOR WHILE IN PUBLIC.

MONDAY MAY 5TH; 10:30AM TO NOON

MANAGING FIGHTING AND ANGER

LEARN STRATEGIES FOR TEACHING KIDS TO SOLVE PROBLEMS AND GET ALONG WITH OTHERS.

MONDAY MAY 12TH; 9AM TO 10:30AM

DEVELOPING GOOD BEDTIME ROUTINES

GET ADVICE ON GETTING YOUR KID TO GO TO BED – AND STAYING THERE.

MONDAY MAY 12TH; 10:30AM TO NOON

HASSLE-FREE MEAL TIME

ENCOURAGE MEALTIME BEHAVIOR YOU WANT TO SEE, REDUCE MEALTIME BEHAVIOR PROBLEMS AND FUSSINESS, AND MAKE MEALTIME EASIER ON YOU,

MONDAY MAY 19TH; 9AM TO 10:30AM

**Parenting is hard,
let us lend a helping hand**

SCAN THIS QR CODE OR
CLICK THE [LINK TO](#)
COMPLETE A REFERRAL
FORM



740-513-4211 EXT. 301



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