

MAY | 2025



Trigg County Middle & High School Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 Mini Donuts or Chicken Biscuit, Raisins, Orange or Apple Juice, Milk	29 Fun Fruitti Waffles or Tornado, Banana, Orange or Apple Juice, Milk	30 Breakfast Bowl or TORNADOS, Fruit, Orange or Apple Juice, Milk	1 Cinnis Mini or Sausage Biscuit, Grapes, Orange or Apple Juice, Milk	2 Lemon Bread or Cereal Bar, Fruit, Orange or Apple Juice, Milk
5 Chicken Biscuit or French Toast Sticks, Peaches, Orange or Apple Juice, Milk	6 Biscuit & Gravy or Banana Muffin & Cheese Stick, Orange Wedges, Apple Juice, Milk	7 Yogurt Bag or Blueberry Bread, Fruit, Orange or Apple Juice, Milk	8 Mini Donuts or Peanut Butter Toast, Raisins, Orange or Apple Juice, Milk	9 Biscuit & Breakfast Bowl or TORNADOS, Strawberry Cup, Fruit Punch Juice, Milk
12 Breakfast Sandwich on Bun or Uncrustable, Strawberry Cup Orange or Apple Juice, Milk	13 Donut Hole or Chicken Biscuit, Fruit, Orange or Apple Juice, Milk	14 Tornado or French Toast Sticks Strawberry Cup, Orange or Apple Juice, Milk	15 Bagel/Strawberry Cream Cheese or Sausage Biscuit, Raisins, Apple Juice, Milk	16 Biscuit & Gravy or Banana Muffin & Cheese Stick, Orange Wedges, Apple Juice, Milk
19 French Toast Sticks or Sausage Biscuit, Fruit, Orange or Apple Juice, Milk	20 Tornado or Chocolate Muffin & Cheese Stick, Fruit, Orange or Apple Juice, Milk	21 Sausage Pancake on a Stick or Chicken Biscuit, Peaches, Orange or Apple Juice, Milk	22 Breakfast Bowl or Banana Muffin & Cheese Stick, Strawberry Cup, Apple Juice, Milk	23
SUN MEALS TO-GO	Free Sun Meals To Go: 5 breakfasts, 5 lunches, 1 gallon milk, ½ gallon Juice per student. Free pick on June 3 rd , June 10 th , & June 17 th	SUN MEALS TO-GO	Free Sun Meals To Go: 5 breakfasts, 5 lunches, 1 gallon milk, ½ gallon Juice per student. Free pick on June 3 rd , June 10 th , & June 17 th	SUN MEALS TO-GO

News

Menus are subject to change without notice.

This institution is an equal opportunity provider.

Milk served with all meals.

Free Sun Meals To Go:

5 breakfasts, 5 lunches, 1 gallon milk, ½ gallon Juice per student.

Free pick on June 3rd, June 10th, & June 17th

Questions?

Call 270-522-2228

MY SCHOOL BUCKS

