



PROJECT ABLE

SUMMER
CATALOG '25

PROJECT ABLE



Project ABLE (Achieving a Better Life through Education) is a program for adults with disabilities that provide social, recreational and educational opportunities. Project ABLE's staff is delighted to be back for another season!

Tips to help our activities run successfully:

- Please preregister for each class.
(Help us be prepared for class and let us know that you are coming.)
- Missing a class that you have signed up for? To receive a refund, you must inform the Project ABLE staff 12 hours in advanced that you will not be there.
- Transportation is not provided for any event unless specified in the course description.
- Please do not show up more than 15 minutes early to an event.
- If you have any questions regarding Project ABLE, please call our new Project ABLE Cell Phone Number at 507-201-5134.

Bowling League

J-MO'S BOWL (FORMERLY FARIBOWL)

Grab those bowling balls and let's go bowling. The price includes two games and bowling shoes. Weekly bowling results will be given each evening. Lanes will be assigned based on requests and needs. Please be sure to arrive on time. Participants that arrive late will not be guaranteed original lane assignments or two games.

Location: J-Mo's Bowl (Formerly Faribowl)
1802 4th St. NW, Faribault MN

Instructors: Project ABLE Lead

Times: 4:00 PM - 5:30 PM

Cost: \$11 per night

Dates:

Tuesdays: (7 total nights)	Thursdays: (7 total nights)
June 10th	June 12th
June 17th	June 26th
June 24th	July 10th
July 8th	July 17th
July 15th	July 24th
July 22nd	July 31st
July 29th	August 7th

SCHOLARSHIPS AVAILABLE

Having trouble paying for Project ABLE enrichment activities? Due to the Rice County Area United Way, the Hannah Lips Foundation and an anonymous donor, we have scholarships available for Project ABLE.

Call 507-333-6070 and speak with Monica or Linda for more details.

HOW TO REGISTER:

UPDATE: Please send all Project ABLE Registration Forms to the Faribault District Office.

Faribault District Office
Attn: Monica Leichtnam
710 17th ST SW, Faribault, MN 55021

Project ABLE is always looking for volunteers.
If you are interested, please call 507-333-6472.

ARTS & CRAFTS

Join us in creating a variety of seasonal art projects.

JUNE: KEEPSAKE BOXES

Keep those precious memories stored. We will be painting and decorating keepsake boxes.

Location: Faribault Education Center

Instructor: Project ABLE Lead

Date: Wednesday, June 25th

Time: 4:30 PM – 6:00 PM

Cost: \$6

**Sponsored by the United Way*

JULY: DECORATING CANVAS TOTE BAGS

Who doesn't need another bag while shopping or for putting BINGO prizes in. These will be great to use as well as environmentally friendly.

Location: Faribault Education Center

Instructor: Project ABLE Lead

Date: Wednesday, July 9th

Time: 4:30 PM – 6:00 PM

Cost: \$6

**Sponsored by the United Way*

AUGUST: WATER BOTTLE W/ GEMS

Hydrate more with designing your own water bottle..

Location: Faribault Education Center

Instructor: Project ABLE Lead

Date: Wednesday, August 6th

Time: 4:30 PM – 6:00 PM

Cost: \$6

**Sponsored by the United Way*

MUSIC GET-TOGETHER

For all Music Lovers! We will sing and hopefully be able to use some instruments for the first 30 minutes. Take a 10 minute break where snacks and refreshments will be provided. Then followed by another 30 minutes of songs.

Dates: Mondays | June 23rd, July 21st, August 11th

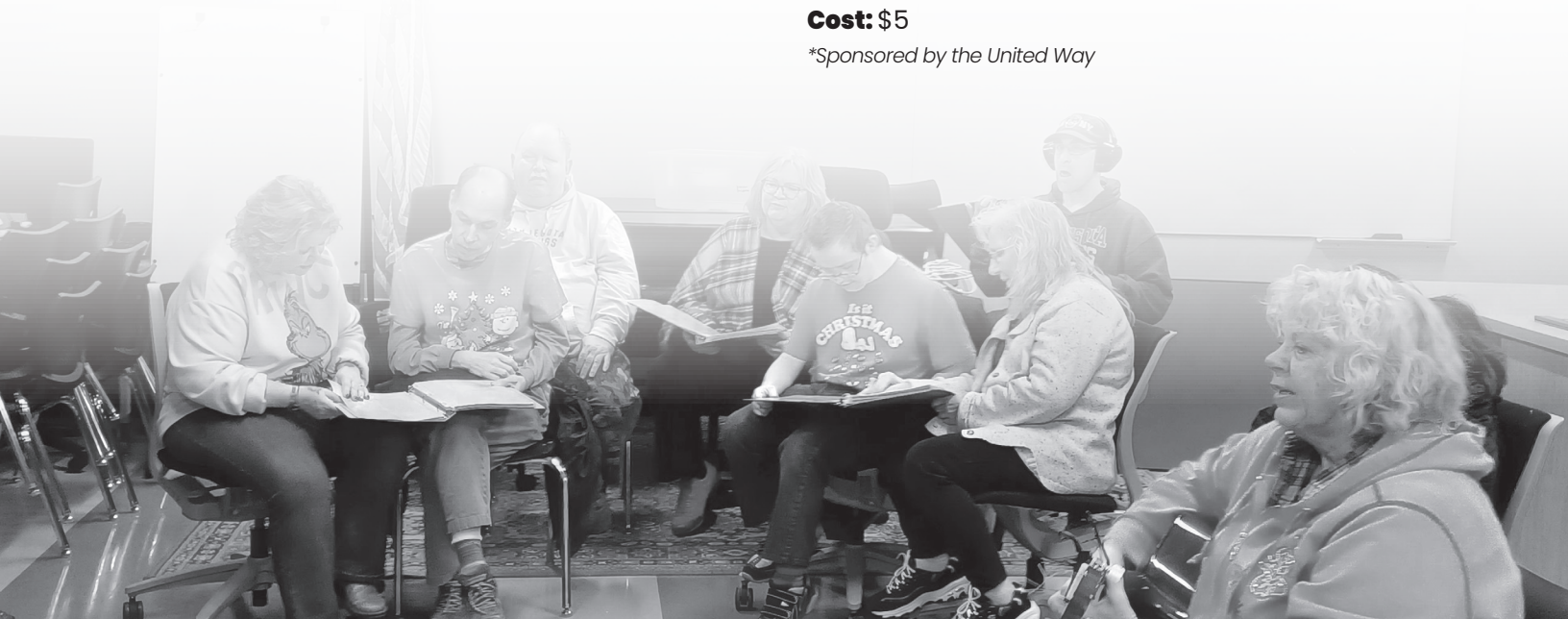
Time: 4:30 PM – 6:00 PM

Location: Faribault Education Center

Instructor: Debbie McBride

Cost: \$5

**Sponsored by the United Way*



FOOD FINDS

Do you like to cook? If so, come and join us in making some great new or classic dishes and fabulous treats. Once a month, we will be creating and cooking up a storm! Learning about what it takes to put a wonderful meal together. Water and lemonade will be provided most nights. Feel free to bring your own if you prefer. Staff members can choose to pay and eat with us. Please register ahead of time.

JUNE: INDIVIDUAL PIZZAS

These were such a hit!
Make your own pizza and socialize.

Location: Faribault Education Center

Instructor: Project ABLE Lead

Date: Wednesday, June 18th

Time: 4:30 PM – 6:00 PM

Cost: \$6

**Sponsored by the United Way*

JULY: PICNIC

Summer Picnic. We will be having burgers, hotdogs, chips, potato salad, watermelon, water, and pop.

Location: North Alexander Park Shelter #1

Instructor: Project ABLE Lead

Date: Wednesday, July 30th

Time: 4:30 PM – 6:00 PM

Cost: \$6

Please Note – Registration closes Friday, July 18th to give us enough time to get supplies. If staff are going to eat, please register as well.

**Sponsored by the United Way*

AUGUST: JIMMY JOHN'S

We will be combining Food Finds with Night Out of Eating. Please choose Turkey or Ham on the registration form. Pickles, chips, cookies, and beverages will be provided.

Location: Faribault Education Center

Instructor: Project ABLE Lead

Date: Wednesday, August 20th

Time: 4:30 PM – 6:00 PM

Cost: \$6

Please choose either Turkey or Ham on the Registration Form.

**Sponsored by the United Way*

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SPECIAL EVENTS

JULY:

ST. PAUL SAINTS GAME VS. WORCESTER RED SOX AT CHS FIELD

Let's go watch a baseball game at CHS Field in St. Paul together! We will have seats along 1st base to watch the Saints.

Please note – cash is not accepted at this venue, cards only to purchase concessions. You may bring in your own water bottle. No other food or beverages allowed. They also have a clear bag only policy, dimensions must be 18" H x 14"W x 8"D or smaller. Small medical bags are allowed. All bags will be inspected at the entrance.

TRIP DETAILS:

- Bus will leave FEC promptly at 12:00 pm (arrive by 11:45 am to load the bus)
- Dress for the weather (baseball caps, light jacket, sunscreen, comfortable clothes and shoes)
- Game usually lasts around 2-3 hours

Location: CHS Field – 360 North Broadway St. St. Paul, MN

Instructor: Project ABLE Lead

Date: Sunday, July 27th

Time: 12:00 PM to 6:30 PM | Game starts at 2 PM

Cost: \$25 (includes ticket price & transportation)

Transportation sponsored by the Hannah Lips Foundation

Registration cut off July 14th or once tickets are sold out. Limit of 23 tickets. Tickets are non refundable

AUGUST:

SEA LIFE AQUARIUM AT MALL OF AMERICA

SEA LIFE brings you closer than ever to thousands of sea creatures including sharks, sea turtles, stingrays, jellyfish, seahorses and more! Explore 1.3 million gallons of awesome and immerse yourself into an underwater world traveling inside the 300 foot long ocean tunnel.

Trip Details:

- Bus will leave promptly at 10:45 AM (arrive by 10:30 AM to load the bus)
- There are no concessions available, if needed you may bring food on the bus
- Bus will return to the FEC around 3:00 PM

Location: Mall of America

Instructor: Project ABLE Lead

Date: Saturday, August 23rd

Time: 10:45 AM – 3:00 PM

Cost: \$40 (includes ticket cost and bus transportation)

Staff – Free

Registration cut off August 8th.

Tickets are non refundable



FOOD ACTIVITIES

PIZZA BINGO

Spend the evenings with your friends playing BINGO, eating pizza and having fun. Pizza and beverages will be served. In order to ensure that we order enough pizza, preregistration is highly recommended.

Location: Faribault Education Center

Instructor: Project ABLE Lead

Dates: June 6th, June 20th | July 11th, July 18th | August 1st, August 8th

*ASL Interpreted Events – June 6th | July 11th | August 1st

Times: 5:00 PM – 6:30 PM

Participant Price: \$13 (Includes two pieces of pizza, one beverage, and prizes)

Staff Price: \$7 (Includes two pieces of pizza, one beverage)

*Staff, please wait to eat until all participants have been served.

Please Note – Project ABLE is no longer collecting money at events. Please hold onto your money and you will be invoiced. This helps alleviate processing and to avoid any chances of losing money. Thank You!

~ATTENTION PIZZA BINGO PARTICIPANTS AND STAFF~

To avoid overcrowding at Pizza Bingo, we encourage pre-registration. If you forgot to pre-register, please call Monica at **507-333-6070** by **12 PM on the day of the event** to check for availability. **Walk-ins are not encouraged.** If the event reaches its maximum capacity of **40 people**, you may unfortunately be turned away at the door.

NIGHT OUT OF EATING

Join great friends for laughs and food. Experience one of Faribault's many wonderful restaurants. Staff must pay at the venue separately and directly to the restaurant.

Location: Faribault Family Restaurant

Instructor: Project ABLE Lead

Dates: Friday, June 13th

Time: 5:00 PM – 6:30 PM

Participant Price: \$20

Staff Price: Staff pay individually at the venue.

Project ABLE
is sponsored by the
Rice County Area United Way



It is highly recommended that individuals preregister for activities as this helps us in getting needed materials as well as holding event. You will not be invoiced until after the event. If you preregister and pay before activity and do not call within 12 hours that you can not make event, refund may not be available. Each cancellation will be looked at individually based on circumstance. Thank you for understanding.



Project ABLE is always looking for gently used/new small donations to help support our bingos. Some ideas are: crayons, coloring books, boxed theater candy, matchbox cars, CD, movies, seasonal, cookie/brownie mixes. Cash donations are also welcomed and appreciated very much and are used as scholarships for participants.

REGISTRATION FORM

Name: _____
Address: _____ Phone Number _____
Guardian Name: _____
Group Home (if applicable): _____

SUMMER - Tuesday Night Bowling League 4-5:30 pm		
Dates	Select	Participant
June 10	<input type="checkbox"/>	\$11 per night
June 17	<input type="checkbox"/>	\$11 per night
June 24	<input type="checkbox"/>	\$11 per night
July 8	<input type="checkbox"/>	\$11 per night
July 15	<input type="checkbox"/>	\$11 per night
July 22	<input type="checkbox"/>	\$11 per night
July 29	<input type="checkbox"/>	\$11 per night

SUMMER - Thursday Night Bowling League 4-5:30 pm		
Dates	Select	Participant
June 12	<input type="checkbox"/>	\$11 per night
June 26	<input type="checkbox"/>	\$11 per night
July 10	<input type="checkbox"/>	\$11 per night
July 17	<input type="checkbox"/>	\$11 per night
July 24	<input type="checkbox"/>	\$11 per night
July 31	<input type="checkbox"/>	\$11 per night
August 7	<input type="checkbox"/>	\$11 per night

Night Out of Eating 5-6:30 pm				
Dates	Select	Participant	Select	Staff
June 13	<input type="checkbox"/>	\$20.00	<input type="checkbox"/>	*Pay venue
<i>*See Food Finds for combined events in catalog</i>				

Pizza Bingo 5-6:30 pm				
Dates	Select	Participant	Select	Staff
June 6 **	<input type="checkbox"/>	\$13.00	<input type="checkbox"/>	\$7.00
June 20	<input type="checkbox"/>	\$13.00	<input type="checkbox"/>	\$7.00
July 11 **	<input type="checkbox"/>	\$13.00	<input type="checkbox"/>	\$7.00
July 18	<input type="checkbox"/>	\$13.00	<input type="checkbox"/>	\$7.00
August 1 **	<input type="checkbox"/>	\$13.00	<input type="checkbox"/>	\$7.00
August 8	<input type="checkbox"/>	\$13.00	<input type="checkbox"/>	\$7.00
** ASL Interpreted Pizza Bingo Nights				

Music Get-Together with Debbie 4:30-6:00 pm				
Dates	Select	Participant	Select	Staff
June 23	<input type="checkbox"/>	\$5.00	<input type="checkbox"/>	Free
July 21	<input type="checkbox"/>	\$5.00	<input type="checkbox"/>	Free
August 11	<input type="checkbox"/>	\$5.00	<input type="checkbox"/>	Free

Special Events				
Dates	Select	Participant	Select	Staff
July 27 - St Paul Saints Game	<input type="checkbox"/>	\$25.00	<input type="checkbox"/>	\$25.00
August 23 - Sea Life of MN	<input type="checkbox"/>	\$40.00	<input type="checkbox"/>	Free

Arts & Crafts 4:30-6:00 pm				
Dates	Select	Participant	Select	Staff
June 25 - Keepsake	<input type="checkbox"/>	\$6.00	<input type="checkbox"/>	Free
July 9 - Tote Bags	<input type="checkbox"/>	\$6.00	<input type="checkbox"/>	Free
August 6 - Water bottle	<input type="checkbox"/>	\$6.00	<input type="checkbox"/>	Free

Three Ways to Register 1.) Drop off or mail completed form to: Faribault District Office, 710 17th St SW, Faribault, MN 55021 2.) Call us at 507-333-6070 for us to register for you 3.) Register and pay online: faribault.ce.eleyo.com (not available for staff)
Total Amount Owed Participant Total: \$ _____ Check # _____ Staff Total: \$ _____ Check # _____
Credit Card Info Name: _____ Card Number: _____ Exp. Date: _____ Sec. Code: _____ PA Received Date: _____ PA Initials: _____

Food Finds 4:30-6:00 pm				
Dates	Select	Participant	Select	Staff
June 18 - Pizza	<input type="checkbox"/>	\$6.00	<input type="checkbox"/>	\$6.00
July 30 - Picnic	<input type="checkbox"/>	\$6.00	<input type="checkbox"/>	\$6.00
August 20 - Jimmy Johns	<input type="checkbox"/>	\$6.00	<input type="checkbox"/>	\$6.00
Select a sandwich:	<input type="checkbox"/>	Turkey	<input type="checkbox"/>	Ham

Special Requests/Accommodations		
Food Allergies:	Yes	No
List food allergies:		
ASL Interpreter Needed:	Yes	No
Bumpers for Bowling:	Yes	No
Wheelchair:	Yes	No
Other:		

Scholarship Info Please call 507-333-6070 to ask about our scholarships.
Refund Policy To receive a full refund, you must call or text the Project ABLE team at (507) 201-5134 twelve hours prior to the event. All refunds will be applied as credit towards your next invoice unless requested otherwise.



710 17th ST SW,
Faribault, MN 55021

