## May 2025 Breakfast/Lunch Menu

## Iredell Statesville Schools: Elementary/Middle Menu

Offered Daily: 1/2 pint Milk: 1% Unflavored (12) or Chocolate FF (19) (~carb counts)

\*\*Menu subject to change\*\*

			Glazed Cinnamon Roll (43)	Chicken Biscuit (31)
		*****	Orange Chicken with Rice (34)	Pepperoni Pizza (32)
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			Fresh Garden Salad (3)	Seasoned Potato Wedges (20)
			Sweet Yellow Corn (16)	Cherry Tomatoes & Dip (3)
			Fresh Fruit	Fruit Ice Cup (22)
			1	2
Mini Pancakes (35)	Warm Cinnamon Bar (41)	Yogurt w/ Grahams (31)	Biscuit & Gravy (36)	Sweet Roll (39)
Chic Fillet Sandwich (37)	Chicken Alfredo (26)	Cheeseburger (27)	Beefy Nachos (23)	Cheese Pizza (32)
Ham & Cheese Sandwich (31)	Cheese Hot Pocket (30)	Loaded Potato, Roll (53)	Chicken Tenders, Roll (29)	Beef Ravioli, Breadstick (56)
Mashed Potatoes (17)	Green Beans (3)	Dill Pickles (0)	Pinto Beans (19)	Steamed Cabbage (3)
Green Peas (12)	Glazed Carrots (12)	Broccoli w/ Cheese (7)	Sweet Yellow Corn (16)	Baby Carrots & Dip (8)
Craisins (27)	Sliced Pears(19)	Warm Apple Cobbler (42)	Assorted Fruit Juice (15)	Fresh Fruit
5	6	7	8	9
Super Slice (44)	Super Honey Bun (35)	Muffin (25)	French Toast Sticks (38)	Dunking Stix (48)
Hamburger (26)	Chicken Pie & Roll (28)	Corndog (30)	Mozzarella Sticks w/ Marinara (37)	Pizza Pocket (33)
Roasted Chicken with Roll (13)	Taco Pull-apart (33)	Grilled Cheese Sandwich (30)	Popcorn Chicken with Roll (29)	Fish Nuggets w/Roll (36)
Sweet Potato Waffle Fries (21)	Baked Crispy Fries (16)	Tomato Soup, Crackers (28)	Potato Smiles (20)	Deli Roasters (20)
	Baked Beans (30)	California Medley w/ Cheese (4)	Fresh Garden Salad (3)	Cherry Tomatoes & Dip (3)
Mandarin Oranges (20)	Raisins (34)	Fruit Cocktail (20)	Fresh Fruit	Applesauce Cup
12	13	14	15	16
Managers Choice	Managers Choice 20	Managers Choice 21	Managers Choice	Managers Choice
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\*\*Whole Grain Poptarts, assorted cereals, grahams, fruit, and juice are daily alternate breakfast selections\*\*