

## Middle School Menu



Week 3	5/1 Thursday		5/2 Friday		
<b>Breakfast</b>	Pancake Sausage Stick (16) Cereal (25)w/ String Cheese		French Toast Stick (38) Cereal(25) w/ GoGurt(14)		
<b>Lunch</b>	Breaded Ravioli (64) Turkey & Cheese Munchable (38) Cheese (35)/Pepperoni Pizza (33)		Chicken Nuggets (13) or Cheese (35)/Pepperoni Pizza (33)		
<b>Vegetable</b>	Spinach Mandarin Salad		Tater Tots (22)		
Week 4	5/5 Monday	5/6 Tuesday	5/7 Wednesday	5/8 Thursday	5/9 Friday
<b>Breakfast</b>	Benefit Bar Variety (see package) Cereal (25)w/ Power Snacks(7)	Egg Sandwich (21) Cereal (25)w/ String Cheese	Muffin Varies by Month(46-47) Cereal (25)w/ Power Snacks(7)	Breakfast Burrito (21) Cereal (25)w/ String Cheese	Strawberry Mini Bagels (42) Cereal (25)w/ String Cheese
<b>Lunch</b>	Beef Sliders (29) or Cheese (35)/Pepperoni Pizza (33)	Chicken Penne Alfredo Turkey & Cheese Munchable (38) Cheese (35)/Pepperoni Pizza (33)	Mozzarella Pull-Aparts (29) Dinner Roll(11) or Cheese (35)/Pepperoni Pizza (33)	Popcorn Chicken Bowl (39) Turkey & Cheese Munchable (38) Cheese (35)/Pepperoni Pizza (33)	Beef Fiestada (43) Cheese (35)/Pepperoni Pizza (33)
<b>Vegetable</b>	Ranch Beans 1/2c (23)	Carroteenies	Steamed Veggie Blend	Mashed Potatoes(15)	Fresh Broccoli w/Ranch
Week 1	5/12 Monday	5/13 Tuesday	5/14 Wednesday	5/15 Thursday	5/16 Friday
<b>Breakfast</b>	2ct Poptart (2g) Cereal (25)w/ Power Snacks(7)	Breakfast Wrap (21) Cereal (25)w/ String Cheese	WG Chocolate Donuts (42) Cereal (25)w/ Power Snacks(7)	Pancake Sandwich (16) Cereal (25)w/ String Cheese	Frudel Varies by month (36) Cereal (25)w/ Power Snacks(7)
<b>Lunch</b>	Hamburgers/Cheeseburgers (30) Cheese (35)/Pepperoni Pizza (33)	Wings / Mac & Cheese (31) Turkey & Cheese Munchable (38) Cheese (35)/Pepperoni Pizza (33)	Chicken Tenders (13) or Cheese (35)/Pepperoni Pizza (33)	BBQ Beef Rib Sandwich Turkey & Cheese Munchable (38) Cheese (35)/Pepperoni Pizza (33)	Super Nachos (42) or Cheese (35)/Pepperoni Pizza (33)
<b>Vegetable</b>	French Fries (24)	Green Beans	Sweet Potato Fries (32)	Romaine Caesar	Refried Beans (28) Celery Sticks
Week 2	5/19 Monday	5/20 Tuesday	5/21 Wednesday	5/22 Thursday	5/23 Friday
<b>Breakfast</b>	4oz Yogurt/Giant Goldfish Cereal (25)w/ Power Snacks(7)	Breakfast Pizza (31) Cereal (25)w/ String Cheese	Cinnamon Roll (52) Cereal (25)w/ Graham (19)	Confetti Mini Pancakes (36) Cereal (25)w/ String Cheese	Banana Bread (46) Cereal(25)w/ GoGurt(14)
<b>Lunch</b>	Mini Corn Dogs (27) or Cheese (35)/Pepperoni Pizza (33)	Philly Cheesesteak (60) Turkey & Cheese Munchable (38) Cheese (35)/Pepperoni Pizza (33)	Breaded Chx Drum (2) WG Roll (11) or Cheese (35)/Pepperoni Pizza (33)	Chicken Egg Roll(20) Fried rice(27) Turkey & Cheese Munchable (38) Cheese (35)/Pepperoni Pizza (33)	Spicy Beef Taco Stick (32) or Cheese (35)/Pepperoni Pizza (33)
<b>Vegetable</b>	Tater Smiles (31)	Steamed Carrots	Baked Beans (26)	Steamed Broccoli	Sliced Cucumbers

**Offered Everyday at Breakfast:**

**1% White Milk  
Fat Free White Milk  
Fat Free Flavored Milk  
100% Fruit Juice**

**Offered Every Day at Lunch:**

**Fresh Fruit and Vegetable Bar  
1% White Milk  
Fat Free White Milk  
Fat Free Flavored Milk**

**All meals comply with the National School Breakfast and Lunch Programs for nutrition guidelines.**

**( ) Indicates Carbohydrate Count**

**Menu Subject to change based on availability.**

**This institution is an equal opportunity provider.**