




# ONALASKA MIDDLE SCHOOL MENU

## MAY 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Pizza Variety Available Daily</b>	<b>Fresh Garden Bar and milk choices available daily</b> <u>USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER</u>	<b>The menu is subject to change without notice</b>	1 Choice 1: Baked Chicken Choice 2: Bakalar Hot Dog on a WG Bun Baked Beans, Orange Slices/ Blueberries Garden Bar <b>Breakfast: French Toast, 2 sausage links, fruit, juice, milk</b>	2 <b>No School</b>
5 Choice 1:Cheeseburger Choice 2:Chicken Patty on a WG Bun Sweet Potato Fries / Apple Slices/Garden Bar <b>Breakfast: WG Chicken Breakfast Biscuit with Honey, fruit, juice, milk</b>	6 Choice 1 :WG Chicken Nuggets Choice 2: Pulled Pork on a WG Bun Oven Fries, Pineapple/Blueberries /Garden Bar <b>Breakfast: WG Muffin, Cheese Omelet, fruit, juice, milk</b>	7 Choice 1:WG Spaghetti /Cheese/ WG Breadstick Choice 2 WG Breakfast Pizza Broccoli Spears, Garden Bar/ Banana <b>Breakfast: Uncrustable PB &amp; J, Yogurt Cup, fruit, juice, milk</b>	8  Choice 1:WG Chicken and Waffles Choice 2: WG Cheese Ravioli /Marinara Applesauce, Carrot Coins, Garden Bar <b>Breakfast: Breakfast Pizza, fruit, juice, milk</b>	9 Choice 1: Orange Chicken/ Brown Rice Choice 2: Deli Sandwich on a Croissant Stir Fry Veggies/ Peaches/Slushy Cup Garden Bar <b>Breakfast Sandwich on a WG Biscuit, fruit, juice, milk</b>
12 Choice 1:Baked Chicken WG Dinner Roll Choice 2: Meatballs/ WG Dinner Roll Mashed Potatoes /Gravy ,Pears/ Garden Bar <b>Breakfast: WG French Toast, Sausage, fruit, juice, milk</b>	13 Choice 1: WG Grilled Cheese Sandwich Choice 2: Dilly Chicken Patty on a WG Bun Au gratin Potatoes, Grapes, Garden Bar <b>Breakfast: WG Mini Bagels with Cream Cheese, Tater Tots, fruit, juice, milk</b>	14 Choice 1:Deli Sandwich on a WG Hoagie Choice 2: Bakalar Hot Dog/ WG Bun WG Mac-N-Cheese /Cole Slaw, Mandarin Oranges/ Garden Bar <b>Breakfast: Breakfast Pizza, fruit, juice, milk</b>	15 Choice 1: Orange Chicken/Brown Rice Choice 2: WG Pizza Slice Broccoli/ Peaches/Slushy Cup/ Garden Bar <b>Breakfast: WG Chicken Breakfast Biscuit with Honey, fruit, juice, milk</b>	16  Choice 1: WG Chicken and Waffles Choice 2: Cheeseburger on a WG Bun Oven Wedge Fries, Applesauce/Garden Bar <b>Breakfast: WG Muffin, Cheese Omelet, fruit, juice, milk</b>
19 Choice 1: WG Dilly Chicken Patty on a WG Bun Choice 2:WG Fish Sandwich/ Cheese /WG Bun Broccoli Cheese Soup Apple Slices/ Garden Bar <b>Breakfast: French Toast, 2 sausage links, fruit, juice, milk</b>	20 Choice 1: Deli Sub Sandwich Choice 2: Pancake on a Stick with syrup cup Tater Tots/ Orange Slices/ Slushy Cup Garden Bar <b>Breakfast: Breakfast Pizza, fruit, juice, milk</b>	21  Choice 1: WG Chicken and Waffles Choice 2: Pulled Pork on a WG Bun Carrot Coins, Applesauce/Blueberries/Garden Bar <b>Breakfast: WG Muffin, Cheese Omelet, fruit, juice, milk</b>	22 <u><b>Farm to School Harvest of the Month</b></u> Choice 1: Baked Chicken Choice 2: Meatballs Mashed Potatoes/Gravy, Mixed Fruit cup/ Garden Bar and WG Dinner Roll <u><b>Locally Grown Steamed Peas</b></u> <b>Breakfast: Uncrustable PB &amp; J, Yogurt , fruit, juice, milk</b>	23 Choice 1: WG Chicken Nuggets Choice 2:BBQ Pulled Pork on a WG Bun WG Mac-N-Cheese /Broccoli Spears Mandarin Oranges/ Garden Bar <b>Breakfast: WG Chicken Breakfast Biscuit with Honey, fruit, juice, milk</b>
26 <b>No School</b>	27 Choice 1: Meatball Sub with Mozzarella Choice 2: Toasted Cheese Ravioli/ Marinara Sweet Potato Fries, Strawberry Cup/ Garden Bar <b>Breakfast: WG Mini Bagels with Cream Cheese, Tater Tots, fruit, juice, milk</b>	28 Choice 1:Chicken Alfredo with WG Garlic Knot Choice 2: Bakalar Hot Dog on a WG Bun Broccoli, Grapes,Garden Bar <b>Breakfast: Breakfast Sandwich on a WG Biscuit, fruit, juice, milk</b>	29 Choice1: Walking Tacos with Tostada Chips Choice 2: BBQ Pulled Pork/ WG Bun Green Beans, Banana ,Cole Slaw, Garden Bar <b>Breakfast: Uncrustable PB &amp; J, Yogurt Cup, fruit, juice, milk</b>	30 Choice 1: Cheeseburger on a WG Bun Choice2: Dilly Chicken Patty on a WG Bun Oven Fries /Apple Slices Garden Bar <b>Breakfast: Breakfast Pizza, fruit, juice, milk</b>

**Allergy Notice: Menu items may contain tree nuts, peanuts/nut products, wheat, fish, eggs, soy, and various legumes. Students with allergies should contact the School Nurse or School Nutrition Director prior to eating any food served in the cafeteria**