

# May 2025 |

# Early Excellence Breakfast



## Announcements:

Our unit priced breakfast consists of 3 food components placed on the student's tray

Food Components:  
Meat/Meat Alternate  
Whole Grain  
Fruits, Vegetables  
Milk

All breakfast cereals and pastries contain at least 51% whole grain.

Families who think they may qualify for free or reduced priced meals can apply at [www.schoolcafe.com](http://www.schoolcafe.com)

Households must reapply every year to maintain free or reduced price meals if eligible

Cash or check deposits to meal accounts are always accepted at the school kitchen



**TOMBALL**  
INDEPENDENT SCHOOL DISTRICT  
Not just a district, a destination.

Monday	Tuesday	Wednesday	Thursday	Friday	
<p><b>Blueberries</b> Season in Texas: May - July Did you know? One blueberry bush can grow up to 6,000 berries every year</p>  		<b>1</b>	<p>Mini-Waffle 100% fruit juice Low-Fat White Milk</p>	<b>2</b>	<p>Whole Grain Cereal Chilled Fruit Low-Fat White Milk</p>
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	
<p>Mini-Pancakes 100% fruit juice Low-Fat White Milk</p>	<p>Whole Grain Cereal 100% fruit juice Low-Fat White Milk</p>	<p>Egg Croissant Fresh Fruit Low-Fat White Milk</p>	<p>Mini-Waffle 100% fruit juice Low-Fat White Milk</p>	<p>Whole Grain Cereal Chilled Fruit Low-Fat White Milk</p>	
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	
<p>Mini-Pancakes 100% fruit juice Low-Fat White Milk</p>	<p>Whole Grain Cereal 100% fruit juice Low-Fat White Milk</p>	<p>Egg Croissant Fresh Fruit Low-Fat White Milk</p>	<p>Mini-Waffle 100% fruit juice Low-Fat White Milk</p>	<p>Whole Grain Cereal Chilled Fruit Low-Fat White Milk</p>	
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	
<p>Manager's Choice</p>	<p>Manager's Choice</p>	<p>Manager's Choice</p>	<p><b>Last Day of School</b> Manager's Choice</p>	<p>Student Breakfast: \$1.50 Adult Breakfast: \$3.10</p>	
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	
<p>Memorial Day</p>					

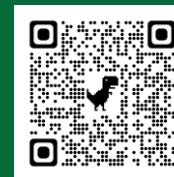


Menus are Subject to Change

Food and Nutrition Division  
[www.SquareMeals.org](http://www.SquareMeals.org)

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**COMMISSIONER SID MILLER**

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Updated 6/6/2024  
National School Lunch Program

# May 2025 | Early Excellence Lunch



## Announcements:

Our unit priced lunch consists of all 5 food components placed on the student's tray

Food Components:  
Meat/Meat Alternate  
Whole Grain  
Fruits, Vegetables  
Milk

All lunch rolls, tortillas, rice, pastas and other bread items contain at least 51% whole grain.

Families who think they may qualify for free or reduced priced meals can apply at [www.schoolcafe.com](http://www.schoolcafe.com)

Households must reapply every year to maintain free or reduced price meals if eligible

Cash or check deposits to meal accounts are always accepted at the school kitchen



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### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

#### Blueberries

Season in Texas: May - July  
Did you know?  
One blueberry bush can grow up to 6,000 berries every year



1

Mini Bagel Pizzas  
Vegetables, Fruits  
Milk

2

Chicken Sandwich  
Vegetables, Fruits  
Milk

5

Grilled Cheese Sandwich  
Vegetables, Fruits  
Milk

6

Bean & Cheese Pupusa  
Vegetables, Fruits  
Milk

7

Chicken Nuggets  
Vegetables, Fruits  
Breadstick & Milk

8

Fish Sticks  
Vegetables, Fruits  
Milk

9

Cheeseburger  
Vegetables, Fruits  
Milk

12

Cheese Stuffed Breadstick  
Vegetables, Fruits  
Milk

13

Chicken Quesadilla  
Vegetables, Fruits  
Milk

14

Steak Fingers & Roll  
Vegetables, Fruits  
Dinner Roll & Milk

15

Mini Bagel Pizzas  
Vegetables, Fruits  
Milk

16

Chicken Sandwich  
Vegetables, Fruits  
Milk

19

Breakfast for Lunch!  
Pancakes, Chicken Patty  
& Egg Patty  
Hash Browns, Fruit  
Milk

20

Manager's Choice

21

Manager's Choice

22

**Last Day of School**  
Manager's Choice

23

Student Lunch: \$2.50  
Adult Lunch: \$4.60

26

Memorial Day

27

28

29

30

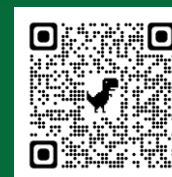


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# May 2025

## Desayuno de *Early Excellence*



### Announcements:

Nuestro almuerzo a precio unitario consiste en los 5 componentes alimenticios colocados en la bandeja del estudiante.

Componentes alimenticios:  
Carne/sustitutos de la carne  
Granos integrales  
Frutas, verduras  
Leche

Todos los panecillos, tortillas, arroz, pastas y otros productos de pan contienen al menos un 51% de cereales integrales.

Las familias que creen que pueden calificar para comidas gratuitas o a precio reducido pueden presentar su solicitud en [www.schoolcafe.com](http://www.schoolcafe.com).

Los hogares deben volver a presentar una solicitud cada año para mantener las comidas gratuitas o a precio reducido si son elegibles.



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**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

### Blueberries

Season in Texas: May - July  
**Did you know?**  
One blueberry bush can grow up to 6,000 berries every year



**1**  
Mini-Waffle  
100% jugo de fruta  
Leche blanca baja en grasa

**2**  
Cereal de grano entero  
Fruta fría  
Leche blanca baja en grasa

**5**  
Mini-Panqueques  
100% jugo de fruta  
Leche blanca baja en grasa

**6**  
Cereal de grano entero  
100% jugo de fruta  
Leche blanca baja en grasa

**7**  
Croissant de huevo  
Fruta fresca  
Leche blanca baja en grasa

**8**  
Mini-Waffle  
100% jugo de fruta  
Leche blanca baja en grasa

**9**  
Cereal de grano entero  
Fruta fría  
Leche blanca baja en grasa

**12**  
Mini-Panqueques  
100% jugo de fruta  
Leche blanca baja en grasa

**13**  
Cereal de grano entero  
100% jugo de fruta  
Leche blanca baja en grasa

**14**  
Croissant de huevo  
Fruta fresca  
Leche blanca baja en grasa

**15**  
Mini-Waffle  
100% jugo de fruta  
Leche blanca baja en grasa

**16**  
Cereal de grano entero  
Fruta fría  
Leche blanca baja en grasa

**19**  
Elección del gerente

**20**  
Elección del gerente

**21**  
Elección del gerente

**22**  
**Último día de clases**  
Elección del gerente

**23**  
Desayuno para estudiantes: \$1.50  
Desayuno para adultos: \$3.10  
  
Leche blanca al 1% ofrecida diariamente.

**26**  
Día de los Caídos

**27**

**28**

**29**

**30**

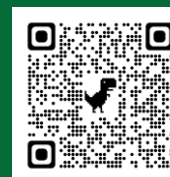


Los menús están sujetos a cambios

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# Almuerzo de *Early Excellence*



## Announcements:

Nuestro almuerzo a precio unitario consiste en los 5 componentes alimenticios colocados en la bandeja del estudiante.

Componentes alimenticios:  
Carne/sustitutos de la carne  
Granos integrales  
Frutas, verduras  
Leche

Todos los panecillos, tortillas, arroz, pastas y otros productos de pan contienen al menos un 51% de cereales integrales.

Las familias que creen que pueden calificar para comidas gratuitas o a precio reducido pueden presentar su solicitud en [www.schoolcafe.com](http://www.schoolcafe.com).

Los hogares deben volver a presentar una solicitud cada año para mantener las comidas gratuitas o a precio reducido si son elegibles.



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**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

### Blueberries

Season in Texas: May - July  
**Did you know?**  
One blueberry bush can grow up to 6,000 berries every year



**1**  
Mini pizzas de bagel  
Verduras, Frutas  
Leche

**2**  
Sándwich de pollo  
Verduras, Frutas  
Leche

**5**  
Sándwich de queso a la parrilla  
Verduras, Frutas  
Leche

**6**  
Pupusa de frijoles y queso  
Verduras, Frutas  
Leche

**7**  
Nuggets de pollo  
Verduras, Frutas  
Palito de pan y Leche

**8**  
Palitos de pescado  
Verduras, Frutas  
Leche

**9**  
Hamburguesa con queso  
Verduras, Frutas  
Leche

**12**  
Palitos de pan rellenos de queso  
Verduras, Frutas  
Leche

**13**  
Quesadilla de pollo  
Verduras, Frutas  
Leche

**14**  
Dedos de bistec  
Verduras, Frutas  
Panecillo y Leche

**15**  
Mini pizzas de bagel  
Verduras, Frutas  
Leche

**16**  
Sándwich de pollo  
Verduras, Frutas  
Leche

**19**  
¡Desayuno para el almuerzo!  
Panqueque, salchicha y  
Tortita de huevo  
Hash Brown, Fruta  
Leche

**20**  
Elección del gerente

**21**  
Elección del gerente

**22**  
**Último día de clases**  
Elección del gerente

**23**  
Almuerzo para estudiantes: \$2.50  
Almuerzo para adultos: \$4.60  
  
Leche blanca al 1% ofrecida  
diariamente.

**26**  
Día de los Caídos

**27**

**28**

**29**

**30**

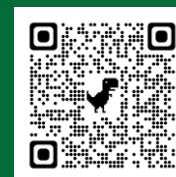


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