

May

**BREAKFAST IS AVAILABLE  
TO ALL STUDENTS AT NO  
COST**

*Every student can select one  
\*main breakfast entree and a  
serving of fruit to make a fully  
reimbursable breakfast! There are  
additional options of fruit and your  
choice of flavored, 1%, and skim  
milk served daily.*

### DID YOU KNOW?

*Students who participate in school  
breakfast are more likely to consume  
diets that exceed the standards for  
important vitamin and mineral intake*



For more information, menus, payment  
options, low balance alerts, and applications  
for free/reduced please visit [SchoolCafe.com](https://SchoolCafe.com)  
or scan the QR code to visit [umasd.org](https://umasd.org) for  
more Food Service Info.



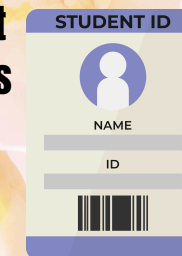
Any further questions can be  
directed to  
Brittany Frazer at  
[bfrazer@umasd.org](mailto:bfrazer@umasd.org) or  
610-205-8804

SCAN ME

This institution is an equal  
opportunity provider. Menus are  
subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>*Mini French Toast</i> <i>*Hot Honey Chicken on Biscuit</i> <i>*Assorted Cereal</i>  Orange Juice 28	<i>*Egg, Cheese, Turkey Bacon on Croissant</i> <i>*Strawberry Stuffed Mini Bagel Pull-Aparts</i> <i>*Assorted Muffin</i>  Applesauce 29	<i>*Sunbutter and Grape Jelly Sandwich</i> <i>*Strawberry Pop Tarts</i> <i>*ZeeZee Oatmeal Bar</i>  Apple Slices 30	<i>*Egg, Cheese, Turkey Sausage on Biscuit</i> <i>*Warm Crossiant with Margarine and Jelly</i> <i>*Assorted Cereal</i>  Orange Slices 1	<i>*Egg, Cheese. Turkey Bacon on Pretzel Roll</i> <i>*Smoothie with Granola</i> <i>*Assorted Cereal</i>  100% Fruit Juice 2
<i>*Mini Waffles</i> <i>*Egg and Cheese Stuffed Hash Browns</i> <i>*Assorted Cereal</i>  Orange Juice 5	<i>*Egg, Cheese, Turkey Bacon on Croissant</i> <i>*Strawberry Stuffed Mini Bagel Pull-Aparts</i> <i>*Banana Bread</i>  Applesauce 6	<i>*Egg, Cheese, Turkey Bacon Panini</i> <i>*Blueberry Pop Tarts</i> <i>*Assorted Cereal</i>  Apple Slices 7	<i>*Egg, Cheese, Turkey Sausage on Biscuit</i> <i>*Warm Bagel with Cream Cheese</i> <i>*Assorted Cereal</i>  Orange Slices 8	<i>*Egg, Cheese. Turkey Bacon on Pretzel Roll</i> <i>*Assorted Cereal</i> <i>*Make Your Own Yogurt Parfait</i>  100% Fruit Juice 9
<i>*Mini French Toast</i> <i>*Hot Honey Chicken on Biscuit</i> <i>*Assorted Cereal</i>  Orange Juice 12	<i>*Egg, Cheese, Turkey Bacon on Croissant</i> <i>*Strawberry Stuffed Mini Bagel Pull-Aparts</i> <i>*Assorted Muffin</i>  Applesauce 13	<i>*Sunbutter and Grape Jelly Sandwich</i> <i>*Assorted Fruit Pancake Bowl</i> <i>*Strawberry Pop Tarts</i>  Apple Slices 14	<i>*Egg, Cheese, Turkey Sausage on Biscuit</i> <i>*Warm Crossiant with Margarine and Jelly</i> <i>*Assorted Cereal</i>  Orange Slices 15	<i>*Egg, Cheese. Turkey Bacon on Pretzel Roll</i> <i>*Donut Holes</i> <i>*Assorted Cereal</i>  100% Fruit Juice 16
<i>*Early Riser Hashbrowns</i> <i>*Pillsbury Chocolate Filled Crescent Roll</i> <i>*NutriGrain Bar with a cheese stick</i>  Orange Juice 19		<i>*Egg, Cheese, Turkey Bacon Panini</i> <i>*Blueberry Pop Tarts</i> <i>*Assorted Cereal</i>  Apple Slices 21	<i>*Egg, Cheese, Turkey Sausage on Biscuit</i> <i>*Warm Crossiant with Margarine and Jelly</i> <i>*Assorted Cereal</i>  Orange Slices 22	<i>*Egg, Cheese. Turkey Bacon on Pretzel Roll</i> <i>*Apple Cinnamon Oven Pancake</i> <i>*Assorted Cereal</i>  100% Fruit Juice 23
	<i>*Mini French Toast</i> <i>*Hot Honey Chicken on Biscuit</i> <i>*Assorted Cereal</i>  Applesauce 27	<i>*Sunbutter and Grape Jelly Sandwich</i> <i>*Strawberry Pop Tarts</i> <i>*NutriGrain Bar with a Cheese stick</i>  Apple Slices 28	<i>*Egg, Cheese, Turkey Sausage on Biscuit</i> <i>*Warm Crossiant with Margarine and Jelly</i> <i>*Assorted Cereal</i>  Orange Slices 29	<i>*Egg, Cheese. Turkey Bacon on Pretzel Roll</i> <i>*Smoothie with Granola</i> <i>*Assorted Cereal</i>  100% Fruit Juice 30

Students must  
have school IDs  
or iPads to  
receive  
breakfast



# MIDDLE SCHOOL BREAKFAST MENU