



Upper Merion Middle School Menu- May 12-16, 2025

V= Vegetarian, V+= ask for it Vegetarian or meat completely separate

<u>Monday, May 12</u>	<u>Tuesday, May 13</u>	<u>Wednesday, May 14</u>	<u>Thursday, May 15</u>	<u>Friday, May 16</u>
Pizza-Cheese-V Cold Special of the Day-Italian Hoagie Salad - Chicken Caesar Grille- Cheeseburger, Veggie burger- V, Fixings Cup, Bag of Chips Walking Nachos, Fiesta Bean Salad-V+ Choice of Fresh Veggies, Choice of Juice, Fresh Fruit or Fruit Cup Choice of Milk	Pizza-Cheese-V or Pepperoni, Fresh Cold Special of the Day-Turkey and Cheese Hoagie Salad -Sante Fe Salad Grille-Chicken Sand/Bun, Fries, Fixings Cup Or Vegetarian Nuggets, Fries, Dinner Roll/Marg - V Grille- Grilled Cheese, Corn, Tomato Soup-V+ Special of the day- Pick up Your Potato here for the Potato Topping Bar-V+ Choice of Fresh Veggies, Choice of Juice, Fresh Fruit or Canned Peaches Choice of Milk	Pizza-Cheese- V or Hawaiian Pizza, Cold Special of the Day- Buffalo Chicken Hoagie Salad Bar- Make your Own Salad! V Grille- Egg, Cheese, Turkey Bacon Sandwich on Pancakes, Maple Syrup, Home Fried Potatoes Special of the Day- Asian Chicken over Brown Rice with Vegetables Choice of Fresh Veggies, Choice of Juice, Fresh Fruit or Canned Mixed Fruit Choice of Milk	Pizza -Cheese-V or Pepperoni Cold Special of the Day-Chicken Salad on Kaiser w/ Lettuce and Tomato, Chips Salad-Chopped Turkey BLT Salad Grille- Bosco Sticks w/ Marinara- V Special of the Day-Choose Your Pasta, Meat and Sauce, Garlic Toast- V+ Choice of Fresh Veggies, Choice of Juice, Fresh Fruit or Canned Pears Choice of Milk	Pizza-Cheese- V or BBQ Chicken Pizza, Cold Special of the Day-Make Your Own Nachos-V+ Salad-Chicken Caesar Grille- Chicken Tenders or Veggie Nuggets,- V, Baked Beans, Dinner Roll/Marg Special of the Day- Pierogies, Spinach, Dinner Roll Marg- V Choice of Fresh Veggies, Choice of Juice, Fresh Fruit or Applesauce Choice of Milk

If you believe, even remotely, that you may be free or reduced, then fill out an application at www.schoolcafe.com.

At www.schoolcafe you may also check balances, set up automatic payments, low balance alerts and make payments. Note- to avoid the \$1.95 transaction fee you can send in a check with your student - make checks payable to "UMASD Food Service".

Menus are subject to last minute changes.

This institution is an equal opportunity provider and employer.

Questions or Concerns? Brittany Frazer, Food Service Supervisor, bfrazier@umasd.org, 610-205-8804.

All entrees come with a choice of milk (fat free chocolate or 1% white) and students must have at least 3 of the 5 components on their tray for the meal to count as a reimbursable meal.

Meal Pricing:

Breakfast will continue to be FREE to ALL students all year!

Lunch- Reduced students will pay nothing this year!, Paid- \$3.25