



Frequently Asked Questions

WHAT IS HEALTHY ROSTER?

Healthy Roster is a HIPAA compliant Electronic Medical Record (EMR) system. It provides a space to keep track of all injuries and treatments as well as secure storage of clearances and participation notes from an athlete's physician.

WHY DO I NEED TO CREATE A HEALTHY ROSTER ACCOUNT?

Beginning in the 2025-2026 School Year, all PIAA CIPPE forms (physicals) must be submitted electronically through the Healthy Roster app or website. We will no longer be accepting paper copies or emailed/ faxed copies.

HOW DO I CREATE AN ACCOUNT FOR HEALTHY ROSTER?

Click [here](#) or scan to fill out the Healthy Roster Sign Up form. Parents/ Guardians must fill out a separate form for EACH of their athletes.



I FILLED OUT THE HEALTHY ROSTER SIGN UP FORM, WHAT'S NEXT?

Once you fill out the Healthy Roster sign up form, the Manheim Central Athletic Trainers must manually add your email to the system. This may take a few hours or up to a few days, due to summer hours and vacations. As soon as the athletic trainers manually enter your email address into the system you should receive an email from Healthy Roster with the instructions for setting up your account. The email will come from no-reply@healthyroster.com.

WHO WILL BE ABLE TO VIEW MY ATHLETE'S HEALTHY ROSTER ACCOUNT?

In addition to the athletic trainers, your athlete's coach will have limited access to Healthy Roster which will include viewing emergency contact information. The Athletic Director and Athletics Administrative Assistant will have access in order to complete administrative tasks. Additionally, the school nurse will have access to the physicals so they can check their records to confirm completion of school district required physicals. Should a parent or guardian not wish some of these individuals to have access to their athlete's account, the parent or guardian may remove their access. However, should a parent remove access from these individuals, it may delay processing of your paperwork. If you have concerns or questions, please contact the Athletic Trainers.

WHY DO COACHES NEED TO VIEW MY ATHLETE'S PORTAL?

Allowing the coaching staff access into your athlete's portal is vital for successful utilization of Healthy Roster. Should your athlete be injured and in need of emergency care at an away game, and parent/guardian is not present, coaching staff will be able to quickly find parent contact information on the app and call you immediately. Should parents remove coaches' access, the coach will not be able to locate the emergency contact information.

HAVE QUESTIONS, OR NEED HELP WITH CREATING YOUR HEALTHY ROSTER ACCOUNT?

Visit the Manheim Central Athletics web page and browse through all the documents, and the Step-by-Step Guide for creating your account.