

May Menu

2025

Meatless Monday	Taco Tuesday	Wacky Wednesday	California Thursday	Friday Favorites
<p>Contains Pork: Scratch-made: Gluten Free: Vegetarian: Vegan: no animal products</p> <p>Kid's Eat Free</p> <p>Meals are FREE for all EUSD Students Adults & Visitors: \$6.00 for Lunch, \$4.00 for Breakfast</p>			1	2
			<p>Mary's Chicken Alfredo Pasta </p> <p>EUSD Cheese Pizza </p> <p>EUSD Sausage & Pepperoni Pizza </p> <p>Oatmeal Benefit Bar & String Cheese </p>	<p>Chicken & Waffles</p> <p>Mozzarella Breadsticks & Marinara </p> <p>Yogurt & Granola </p> <p>Freshly Baked Chocolate Chip Cookie </p>
5	6	7	8	9
<p>Pasta with Butter Parmesan Sauce & Garlic Bread </p> <p>EUSD Cheese Pizza </p> <p>EUSD Pineapple Pizza </p> <p>Yogurt & Granola </p>	<p>Baja Fish Taco with Tortilla Chips</p> <p>Chicken Tenders</p> <p>Impossible Burger (vegan) </p> <p>Boar's Head Hummus & Pretzels , Granola Bar & String Cheese </p>	<p>Homemade Macaroni & Cheese with Chik'n Nuggets (vegan nuggets) </p> <p>Chicken Corndog (Nitrate free)</p> <p>Yogurt & Granola </p>	<p>Fiesta Nachos with Grass Fed Organic Beef </p> <p>EUSD Cheese Pizza </p> <p>EUSD Pepperoni Pizza </p> <p>Oatmeal Benefit Bar & String Cheese </p>	<p>Grass Fed Beef Hotdog</p> <p>Soft Pretzels with Cheese Dipping Sauce </p> <p>Yogurt & Granola </p> <p>Freshly Baked Snickerdoodle Cookie </p>
12	13	14	15	16
<p>Chik'n Nuggets & Oven Baked French Fries (vegan) </p> <p>EUSD Cheese Pizza </p> <p>EUSD Margarita Pizza </p> <p>Yogurt & Granola </p>	<p>Homemade Bean & Cheese Burrito </p> <p>Crispy Chicken Breast Sandwich</p> <p>Boar's Head Charcuterie Pack (Crackers, Cheese, Salami) & Granola Bar</p>	<p>Cheese Quesadilla </p> <p>Chicken & Waffles</p> <p>Yogurt & Granola </p>	<p>Organic Beef Bolognese Pasta & Garlic Bread</p> <p>EUSD Cheese Pizza </p> <p>EUSD BBQ Chicken Pizza </p> <p>Oatmeal Benefit Bar & String Cheese </p>	<p>Grass Fed Beef Hamburger</p> <p>Grass Fed Beef Cheeseburger</p> <p>Homemade Macaroni & Cheese </p> <p>Yogurt & Granola </p> <p>Freshly Baked Sugar Cookie </p>
19	20	21	22	23
<p>Spaghetti with EUSD Marinara & Garlic Bread </p> <p>EUSD Cheese Pizza </p> <p>EUSD Pineapple Pizza </p> <p>Yogurt & Granola </p> <p>Whole Fruit Popsicle </p>	<p>Chili Verde Cheese Tamale & Tortilla Chips </p> <p>Brunch for Lunch (French Toast & Grass Fed Pork Sausage) </p> <p>Boar's Head Hummus & Pretzels , Granola Bar & String Cheese </p>	<p>Grilled Cheese Sandwich </p> <p>Orange Chicken with Organic Brown Rice</p> <p>Yogurt & Granola </p> <p>Fortune Cookie </p>	<p>Crunchy Grass Fed Organic Beef Taco </p> <p>EUSD Cheese Pizza </p> <p>EUSD Sausage & Pepperoni Pizza </p> <p>Oatmeal Benefit Bar & String Cheese </p>	<p>Breaded Chicken Drumstick with Potato Wedges & Hawaiian Roll</p> <p>Grass Fed Beef Hotdog</p> <p>Yogurt & Granola </p> <p>Freshly Baked Celebration Cookie </p>
26	27	28	29	30
<p>Memorial Day Holiday</p>	<p>Organic Slow Roasted Carnitas Soft Taco </p> <p>Grass Fed Beef Hamburger</p> <p>Impossible Burger (vegan) </p> <p>Boar's Head Charcuterie Pack (Crackers, Cheese, Salami) & Granola Bar</p>	<p>Homemade Bean, Cheese & Rice Burrito </p> <p>Orange Chicken with Organic Brown Rice</p> <p>Yogurt & Granola </p> <p>Fortune Cookie </p>	<p>Greek Marinated Organic Chicken, Wild Rice , Pita & Hummus </p> <p>EUSD Cheese Pizza </p> <p>EUSD Pepperoni Pizza </p> <p>Oatmeal Benefit Bar, String Cheese & Fruit Smoothie </p>	<p>Pasta with Butter Parmesan Sauce & Garlic Bread </p> <p>Crispy Chicken Breast Sandwich</p> <p>Yogurt & Granola </p> <p>Whole Fruit Popsicle </p>

Breakfast Menu

Breakfast is served daily before school. Breakfast includes a choice of 1 entrée, fruit, yogurt, milk, and string cheese. Smoothies are offered Fridays as a side.

Monday:

- Maple Belgian Waffle
- Sweet Potato Chocolate Chip Muffin
- Assorted Cereal

Tuesday:

- Banana Bread
- Bacon & Cheese Egg Bites
- Assorted Cereal

Wednesday:

- Vanilla Pancake Bites
- Hand-rolled Breakfast Burrito (Soy Chorizo, Egg & Cheese)
- Assorted Cereal

Thursday:

- Scratch-made Chocolate Chip Muffin
- Breakfast Sandwich (Chicken Sausage, Egg & Cheese on English Muffin)
- Assorted Cereal

Friday:

- Fresh Baked Chocolate Chip Scone
- Cinnamon Crumble
- Assorted Cereal

Daily Salad Bar:

Unlimited Daily Salad bars are full of EUSD Farm Lab Grown organic lettuce and seasonal veggies!

Mondays: Locally Grown Organic Golden Nugget Tangerines & Jicama

Tuesdays: Fallbrook Organic Sliced Oranges & Sugar Snap Peas

Wednesdays: Regionally Grown Organic Strawberries & Corn

Thursdays: Locally Grown Apricots & Locally Grown Dassi Family Persian Cucumbers

Fridays: Mango Spears & Olives
Various dressings are offered daily including a option.

School Meal Information

To view school menus, nutrition facts, and meal program information, visit our EUSD Child Nutrition Services website for more details (<https://www.eusd.net/departments/child-nutrition-services>) or download our Mobile Menu App at www.schoolcafe.com. Lunch includes: 1 entrée, unlimited salad bar (full of local/organic fruits & veggies), locally sourced milk, and any side items. No paperwork is needed to receive free meals at school. For any questions or concerns, please email Lea Bonelli, Director of Child Nutrition Services: lea.bonelli@eusd.net.

Food Allergies:

- A variety of Gluten Free (GF) and vegetarian entrees are offered throughout the week. Some GF entrées are GF without the bread/bun/tortilla/etc. Corn tortillas available upon request. We serve GF items, but our kitchens are not GF facilities. We do not serve any entrées that contain peanuts or tree nuts; however, we are not considered a nut free facility. Items may be processed in facilities that also process nuts and other allergens.
- Plant-based menu options available daily upon request (Hummus & Pretzels, Sunbutter Sandwich, Balsamic Dressing).
- If your child needs a special meal accommodation, please fill out the Request for Special Meals Form (found in the Allergies section of the CNS webpage) and return to your school nurse. Accommodations forms must be signed by a medical professional.

**Menus are subject to change without notice.

This institution is an equal opportunity provider.

MEET OUR VENDORS KNOW OUR PRODUCTS

CREAM CO. MEATS



Cream Co. works with over 20 sustainable, regenerative, and organic family farms in northern California. Our beef, pork and chicken come from a variety of farms including Mary's Chicken and Beeler's Pork.

EUSD FARM LAB

Our certified organic EUSD Farm Lab provides seasonal produce for our salad bars at every school. This includes organic lettuce, carrots, cucumbers, tomatoes, corn, beets, etc. Not to mention all of the tomatoes used in our scratch made pizza and pasta sauces.

DICKINSON FAMILY FARMS

Based in Fallbrook, Dickinson Family Farms provides, local, seasonal, and organic produce to our schools, including dragonfruit, finger limes, oranges, apples, avocados, etc.

HIDDEN FOODS

Started by an Encinitas USD mom, Hidden Foods packs nutrition and "hidden" fruits and veggies into their delicious breakfast muffins served to our students.

LOPES FAMILY FARMS RICE

This family-owned organic farm in Princeton, California, utilizes an ancient Chinese rice farming technique that incorporates ducks into the cultivation of brown rice. The ducks eat weeds and bugs while enriching the soil with nitrogen and organic matter. Their organic rice can be found in a variety of EUSD entrees.

BOAR'S HEAD

High quality deli meats and cheeses, free of preservatives and nitrates, while also using whole muscle proteins. Their turkey and cheeses can be found in our deli sandwiches, grilled cheeses, quesadillas, and on our salad bar.

GIUSTO'S ORGANIC FLOUR

Based In San Francisco, Giustos high quality, organic flour (wheat and all-purpose) is used in our pizza dough and fresh baked goods.

DASSI FAMILY FARM

Based in Leucadia and San Marcos, Dassi Family Farm is a local, sustainable greenhouse providing delicious, seasonal tomatoes and cucumbers for our salad bars.

