

Menu Calendar Nutrient Analysis Report - May, 2025

Site: ALL
Date: 05/01/2025 - 05/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2024 FALL Lunch TJH Thursday Asian - ServingDate: 05/01/2025																			
Chicken Popper Ranch Salad - TR1466 (1 ea.)	3	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	7	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Premium Chicken Tangerine - TR1640 (7 1/2 oz.)	55	365.38	7.69	1.92	0.00	86.54	730.77	48.08	3.85	25.00	(M)	26.92	2.77	0.00	0.00	0.00	(M)	(M)	(M)
Premium Teriyaki Chicken - TR1641 (4 1/4 oz.)	20	197.32	5.31	1.52	0.00	106.25	728.57	15.18	0.00	13.66	(M)	22.77	1.09	0.00	0.00	0.00	(M)	(M)	(M)
Chicken Egg Rolls (Premium) - TR1908 (2 ea)	15	320.00	10.00	2.00	0.00	70.00	780.00	38.00	6.00	4.00	2.00	20.00	2.88	0.00	0.00	0.00	0.00	780.20	0.00
Chow Mein Noodles - TR1936 (1 c.)	75	123.57	2.86	0.00	0.00	0.00	395.71	21.43	2.14	1.43	(M)	2.86	2.57	0.00	0.00	0.00	0.00	0.00	0.00
Baby Carrots & Ranch - TR1156 (1/2 c.)	20	86.83	3.50	0.50	0.00	5.00	429.03	13.44	2.15	6.22	(M)	0.00	7.73	21.46	10195.88	2.58	(M)	(M)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	20	35.35	1.12	0.24	0.00	0.00	156.40	4.90	2.75	1.35	0.00(M)	2.85	0.54	30.00	932.98	36.90	0.00(M)	0.00(M)	0.00(M)
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	35	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00
Orange Wedges - TR1057 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	10	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fortune Cookie - TR1002 (1 ea)	25	11.67	0.00	0.00	0.00	0.00	0.00	2.67	0.00	1.67	(M)	0.17	0.06	0.00	0.00	0.00	(M)	(M)	0.00
Sweet & Sour Sauce - TR1114 (3 ea.)	50	45.00	0.00	0.00	0.00	0.00	210.00	12.00	0.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - May, 2025

Site: ALL
Date: 05/01/2025 - 05/31/2025

Item Name (Serving Size)	Ash (g)
2024 FALL Lunch TJH Thursday Asian - ServingDate: 05/01/2025	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Premium Chicken Tangerine - TR1640 (7 1/2 oz.)	(M)
Premium Teriyaki Chicken - TR1641 (4 1/4 oz.)	(M)
Chicken Egg Rolls (Premium) - TR1908 (2 ea)	0.00
Chow Mein Noodles - TR1936 (1 c.)	0.00
Baby Carrots & Ranch - TR1156 (1/2 c.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	0.00(M)
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Fortune Cookie - TR1002 (1 ea)	0.00
Sweet & Sour Sauce - TR1114 (3 ea.)	(M)

Menu Calendar Nutrient Analysis Report - May, 2025

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Date: 05/01/2025 - 05/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2024 FALL Lunch TJH Friday - ServingDate: 05/02/2025																			
Cheeseburger E/I/Pk GF Tyson 2024 - TR1976 (1 ea.)	30	335.00	15.00	5.50	0.50	50.00	625.00	30.00	2.00	5.00	4.00(M)	24.00	2.08	316.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	30	370.00	10.00	1.50	0.00	50.00	830.00	46.00	5.00	4.00	4.00	23.00	2.08	136.00	200.00	0.00	0.00	0.00	0.00
Fruit & Yogurt Plate - TR1218 (1 ea.)	10	482.00	10.70	5.50	0.00	19.00	366.00	85.50	5.50	57.00	7.00(M)	11.50	2.52(M)	330.00 (M)	350.00 (M)	37.20 (M)	0.00(M)	149.93 (M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	20	420.60	12.59	1.76	0.00	64.70	778.92	50.35	4.35	5.18	4.00(M)	27.35	2.27	139.53	0.00	0.00	0.00(M)	494.11 (M)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	65	125.15	4.17	0.52	0.00	0.00	146.01	20.86	2.09	0.00	(M)	2.09	0.38	0.00	104.30	3.75	(M)	(M)	(M)
Vegetable Medley - TR1105 (1/2 c.)	15	41.62	1.12	0.24	0.00	0.00	167.75	5.34	2.13	3.20	0.00(M)	1.07	0.00	21.35	808.46	6.40	0.00(M)	0.00(M)	0.00(M)
Apple Red Delicous - TR1420 (1 ea.)	20	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Diced Peach Cup - TR1759 (1 ea.)	10	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	10	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	15	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	70	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

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2024 FALL Lunch TJH Friday - ServingDate: 05/02/2025	
Cheeseburger E/I/Pk GF Tyson 2024 - TR1976 (1 ea.)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	0.00
Fruit & Yogurt Plate - TR1218 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	(M)
Vegetable Medley - TR1105 (1/2 c.)	0.00(M)
Apple Red Delicoius - TR1420 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2024 FALL Lunch TJH Monday pasta - ServingDate: 05/05/2025																			
Chicken Fajita - TR1122 (3 1/2 oz.)	40	150.54	7.53	0.00	0.00	94.09	388.89	2.51	0.00	0.00	0.00	18.82	0.45	0.00	0.00	0.00	0.00	263.44	0.00
Fruit & Yogurt Plate - TR1218 (1 ea.)	10	482.00	10.70	5.50	0.00	19.00	366.00	85.50	5.50	57.00	7.00(M)	11.50	2.52(M)	330.00 (M)	350.00 (M)	37.20 (M)	0.00(M)	149.93 (M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Cheese Ravioli - TR2033 (7 ea.)	40	231.32	3.02	1.51	0.00	5.03	241.38	34.20	3.02	4.02	0.00	16.09	1.71	150.86	0.00	0.00	0.00	190.97	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	40	98.36	5.46	3.28	0.00	20.77	408.74	5.46	0.00	3.28	(M)	6.56	0.00	207.65	245.90	0.00	(M)	(M)	0.00
Marinara Sauce - TR1124 (1/2 c.)	40	57.78	1.44	0.00	0.00	0.00	130.00	9.63	0.00	5.78	0.96	1.93	1.04	57.78	0.00	0.00	0.00	0.00	0.00
Garlic Toast - TR1004 (1 ea.)	75	100.00	3.00	0.00	0.00	0.00	130.00	15.00	2.00	1.00	(M)	3.00	0.72	0.00	300.00	0.00	(M)	(M)	(M)
Penne Pasta - TR1423 (1 c.)	80	229.20	3.74	0.32	0.00	0.00	15.90	41.00	4.00	2.00	(M)	7.00	1.80	35.90	0.00	0.00	(M)	(M)	529.40 (M)
Carrot Coins - TR1086 (1/2 c.)	20	43.99	2.39	0.24	0.00	0.00	153.97	7.64	2.55	3.82	0.00(M)	0.00	0.46	38.21	10516.7 5	2.29	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Seasoned Green Beans - TR1085 (1/2 c.)	20	45.45	2.54	0.55	0.00	0.00	189.77	4.73	2.36	1.18	0.00(M)	1.18	0.42	23.64	254.54	1.42	0.00(M)	0.00(M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	25	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Diced Peach Cup - TR1759 (1 ea.)	25	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	10	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Shredded Parmesan - TR1132 (1 tbsp.)	50	27.84	2.02	1.14	0.00	6.33	103.78	0.25	0.00	0.00	(M)	2.28	0.00	75.94	75.94	0.00	(M)	(M)	0.00

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Item Name (Serving Size)	Ash (g)
2024 FALL Lunch TJH Monday pasta - ServingDate: 05/05/2025	
Chicken Fajita - TR1122 (3 1/2 oz.)	0.00
Fruit & Yogurt Plate - TR1218 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Cheese Ravioli - TR2033 (7 ea.)	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	0.00
Marinara Sauce - TR1124 (1/2 c.)	0.00
Garlic Toast - TR1004 (1 ea.)	(M)
Penne Pasta - TR1423 (1 c.)	0.53(M)
Carrot Coins - TR1086 (1/2 c.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Seasoned Green Beans - TR1085 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Shredded Parmesan - TR1132 (1 tbsp.)	0.00

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2024 FALL Lunch TJH Tuesday Nacho Menu - ServingDate: 05/06/2025																			
Beef Chili - TR1808 (1 #8 scoop)	40	195.00	12.00	4.40	0.70	40.00	371.99	9.00	3.00	3.00	(M)	14.00	3.00	49.00	912.99	10.00	0.00	0.00	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	3	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)
Chicken Fajitas - TR2016 (3 oz.)	30	137.63	6.88	0.00	0.00	86.02	355.55	2.29	0.00	0.00	0.00	17.20	0.41	0.00	0.00	0.00	0.00	240.86	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	7	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Beef Tamales - TR1903 (2 ea.)	20	508.00	30.00	8.00	0.00	38.00	958.00	44.00	6.00	4.00	0.00	18.00	5.40	120.00	1000.00	0.00	0.00	0.00	0.00
Whole Grain Tortilla Chips - TR1653 (20 Chips)	50	283.50	14.18	6.08	0.00	0.00	303.75	34.42	2.02	0.00	0.00	4.05	0.73	40.50	0.00	0.00	0.00	0.00	0.00
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	30	76.42	2.12	0.24	0.00	0.00	100.34	15.96	2.00	2.99	0.00(M)	2.00	0.36	0.14	107.74	4.79	0.00(M)	0.05(M)	4.73(M)
Charro Beans - TR1094 (1/2 c.)	20	111.00	0.56	0.04	0.00	0.00	184.19	19.16	7.40	0.23	(M)	6.31	1.53	42.04	35.42	0.56	(M)	(M)	(M)
Salsa Cup - TR1072 (1 ea.)	10	25.00	0.00	0.00	0.00	0.00	195.00	5.00	1.00	3.00	(M)	1.00	0.36	20.00	300.00	7.20	(M)	(M)	(M)
Banana - TR1056 (1 ea.)	30	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	0.00	1.30	0.31	6.00	76.00	10.00	0.00	422.00	0.00
Chilled Diced Pears - TR1507 (1/2 c.)	30	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	10	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Cheese Sauce - TR1624 (2 fl. oz.)	50	123.08	9.89	5.38	0.00	28.57	454.94	2.20	0.00	1.10	0.00	7.69	0.00	224.17	426.37	0.00	0.00	0.00	0.00
Fiesta Salad - TR1101 (1/2 c.)	15	5.00	0.00	0.00	0.00	0.00	3.20	1.44	0.44	0.88	(M)	0.44	0.16	6.40	218.00	2.21	(M)	(M)	0.00(M)
Western Style Guacamole - TR1969 (1/8 c.)	45	108.00	10.08	1.80	0.00	0.00	259.20	4.32	2.88	0.72	0.00	0.72	0.52	0.00	72.00	4.32	0.00	295.08	0.00

Menu Calendar Nutrient Analysis Report - May, 2025

Site: ALL
Date: 05/01/2025 - 05/31/2025

Item Name (Serving Size)	Ash (g)
2024 FALL Lunch TJH Tuesday Nacho Menu - ServingDate: 05/06/2025	
Beef Chili - TR1808 (1 #8 scoop)	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chicken Fajitas - TR2016 (3 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Beef Tamales - TR1903 (2 ea.)	0.00
Whole Grain Tortilla Chips - TR1653 (20 Chips)	0.00
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	0.01(M)
Charro Beans - TR1094 (1/2 c.)	(M)
Salsa Cup - TR1072 (1 ea.)	(M)
Banana - TR1056 (1 ea.)	0.00
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Cheese Sauce - TR1624 (2 fl. oz.)	0.00
Fiesta Salad - TR1101 (1/2 c.)	0.00(M)
Western Style Guacamole - TR1969 (1/8 c.)	0.00

Menu Calendar Nutrient Analysis Report - May, 2025

Site: ALL
Date: 05/01/2025 - 05/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2024 FALL Lunch TJH Tuesday Nacho Menu - ServingDate: 05/06/2025																			
Peppers & Onions - TR1970 (1/4 c.)	10	42.41	0.80	0.00	0.00	0.00	116.63	7.42	1.59	3.71	0.53	1.06	0.38	10.60	53.01	12.72	0.00	121.84	0.00
Sour Cream - TR1098 (1 pkg.)	15	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	(M)	1.00	0.00	20.00	200.00	0.00	(M)	(M)	(M)
2024 Fall Lunch TJH Wednesday Bowls - ServingDate: 05/07/2025																			
Steak Fingers - TR2038 (4 ea.)	35	232.99	12.16	4.56	0.00	45.59	334.29	15.20	0.00	0.00	0.00	18.23	2.73	20.26	101.30	15.20	0.00	(M)	0.00
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	35	246.45	11.60	2.17	0.00	57.99	608.88	15.95	1.45	2.90	1.45	20.30	1.04	0.00	0.00	0.00	0.00	545.09	0.00
Chicken Tenders, Whole Muscle - TR1103 (3 ea)	20	280.00	13.00	2.50	0.00	60.00	470.00	16.00	2.00	1.00	(M)	25.00	1.80	0.00	0.00	0.00	(M)	(M)	(M)
Fruit & Yogurt Plate - TR1218 (1 ea.)	5	482.00	10.70	5.50	0.00	19.00	366.00	85.50	5.50	57.00	7.00(M)	11.50	2.52(M)	330.00 (M)	350.00 (M)	37.20 (M)	0.00(M)	149.93 (M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	5	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Whole Grain Roll - TR1005 (1 ea.)	45	170.00	2.00	0.50	0.00	0.00	150.00	32.00	4.00	9.00	(M)	5.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Mashed Potatoes - TR1083 (1/2 c.)	50	89.22	1.19	0.00	0.00	0.00	420.03	17.84	1.49	0.59	(M)	1.78	0.24	12.28	2.31	7.73	(M)	(M)	121.75 (M)
Mixed Vegetables - TR1150 (1/2 c.)	10	68.24	0.56	0.12	0.00	0.00	163.07	12.69	3.17	4.23	0.00(M)	3.17	0.76	21.14	796.95	5.08	0.00(M)	0.00(M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	25	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	10	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - May, 2025

Site: ALL
Date: 05/01/2025 - 05/31/2025

Item Name (Serving Size)	Ash (g)
2024 FALL Lunch TJH Tuesday Nacho Menu - ServingDate: 05/06/2025	
Peppers & Onions - TR1970 (1/4 c.)	0.00
Sour Cream - TR1098 (1 pkg.)	(M)
2024 Fall Lunch TJH Wednesday Bowls - ServingDate: 05/07/2025	
Steak Fingers - TR2038 (4 ea.)	0.00
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	0.00
Chicken Tenders, Whole Muscle - TR1103 (3 ea)	(M)
Fruit & Yogurt Plate - TR1218 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Whole Grain Roll - TR1005 (1 ea.)	(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Mashed Potatoes - TR1083 (1/2 c.)	0.12(M)
Mixed Vegetables - TR1150 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)

Menu Calendar Nutrient Analysis Report - May, 2025

Site: ALL
Date: 05/01/2025 - 05/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2024 Fall Lunch TJH Wednesday Bowls - ServingDate: 05/07/2025																			
Shredded American Cheese - TR1069 (1/2 oz.)	50	35.44	2.28	1.27	0.00	7.59	237.94	1.01	0.00	0.51	(M)	3.54	0.00	101.25	151.88	0.00	(M)	(M)	(M)
Country Gravy - TR1074 (4 tbsp.)	25	120.30	6.02	3.01	0.00	0.00	631.58	15.04	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Ketchup Dip Cup - TR1245 (1 ea.)	20	30.38	0.00	0.00	0.00	0.00	75.94	7.09	0.00	5.06	(M)	0.00	0.36	0.00	101.25	1.22	(M)	(M)	0.00
BBQ Sauce - TR1151 (1 ea.)	10	40.00	0.00	0.00	0.00	0.00	75.00	9.00	0.00	8.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Buffalo Ranch Sauce - TR1854 (1 ea.)	10	60.10	4.51	0.50	0.00	5.01	140.25	5.01	0.00	2.00	2.00	0.00	0.00	10.02	0.00	1.20	0.00	110.17	0.00
2024 FALL Lunch TJH Thursday Asian - ServingDate: 05/08/2025																			
Chicken Popper Ranch Salad - TR1466 (1 ea.)	3	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	7	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Premium Chicken Tangerine - TR1640 (7 1/2 oz.)	55	365.38	7.69	1.92	0.00	86.54	730.77	48.08	3.85	25.00	(M)	26.92	2.77	0.00	0.00	0.00	(M)	(M)	(M)
Premium Teriyaki Chicken - TR1641 (4 1/4 oz.)	20	197.32	5.31	1.52	0.00	106.25	728.57	15.18	0.00	13.66	(M)	22.77	1.09	0.00	0.00	0.00	(M)	(M)	(M)
Chicken Egg Rolls (Premium) - TR1908 (2 ea)	15	320.00	10.00	2.00	0.00	70.00	780.00	38.00	6.00	4.00	2.00	20.00	2.88	0.00	0.00	0.00	0.00	780.20	0.00
Chow Mein Noodles - TR1936 (1 c.)	75	123.57	2.86	0.00	0.00	0.00	395.71	21.43	2.14	1.43	(M)	2.86	2.57	0.00	0.00	0.00	0.00	0.00	0.00
Baby Carrots & Ranch - TR1156 (1/2 c.)	20	86.83	3.50	0.50	0.00	5.00	429.03	13.44	2.15	6.22	(M)	0.00	7.73	21.46	10195.88	2.58	(M)	(M)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	20	35.35	1.12	0.24	0.00	0.00	156.40	4.90	2.75	1.35	0.00(M)	2.85	0.54	30.00	932.98	36.90	0.00(M)	0.00(M)	0.00(M)

Menu Calendar Nutrient Analysis Report - May, 2025

Site: ALL
Date: 05/01/2025 - 05/31/2025

Item Name (Serving Size)	Ash (g)
2024 Fall Lunch TJH Wednesday Bowls - ServingDate: 05/07/2025	
Shredded American Cheese - TR1069 (1/2 oz.)	(M)
Country Gravy - TR1074 (4 tbsp.)	(M)
Ketchup Dip Cup - TR1245 (1 ea.)	0.00
BBQ Sauce - TR1151 (1 ea.)	(M)
Buffalo Ranch Sauce - TR1854 (1 ea.)	0.00
2024 FALL Lunch TJH Thursday Asian - ServingDate: 05/08/2025	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Premium Chicken Tangerine - TR1640 (7 1/2 oz.)	(M)
Premium Teriyaki Chicken - TR1641 (4 1/4 oz.)	(M)
Chicken Egg Rolls (Premium) - TR1908 (2 ea)	0.00
Chow Mein Noodles - TR1936 (1 c.)	0.00
Baby Carrots & Ranch - TR1156 (1/2 c.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	0.00(M)

Menu Calendar Nutrient Analysis Report - May, 2025

Site: ALL
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2024 FALL Lunch TJH Thursday Asian - ServingDate: 05/08/2025																			
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	35	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00
Orange Wedges - TR1057 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	10	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fortune Cookie - TR1002 (1 ea)	25	11.67	0.00	0.00	0.00	0.00	0.00	2.67	0.00	1.67	(M)	0.17	0.06	0.00	0.00	0.00	(M)	(M)	0.00
Sweet & Sour Sauce - TR1114 (3 ea.)	50	45.00	0.00	0.00	0.00	0.00	210.00	12.00	0.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2024 FALL Lunch TJH Friday - ServingDate: 05/09/2025																			
Cheeseburger E/I/Pk GF Tyson 2024 - TR1976 (1 ea.)	30	335.00	15.00	5.50	0.50	50.00	625.00	30.00	2.00	5.00	4.00(M)	24.00	2.08	316.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	30	370.00	10.00	1.50	0.00	50.00	830.00	46.00	5.00	4.00	4.00	23.00	2.08	136.00	200.00	0.00	0.00	0.00	0.00
Fruit & Yogurt Plate - TR1218 (1 ea.)	10	482.00	10.70	5.50	0.00	19.00	366.00	85.50	5.50	57.00	7.00(M)	11.50	2.52(M)	330.00 (M)	350.00 (M)	37.20 (M)	0.00(M)	149.93 (M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	20	420.60	12.59	1.76	0.00	64.70	778.92	50.35	4.35	5.18	4.00(M)	27.35	2.27	139.53	0.00	0.00	0.00(M)	494.11 (M)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	65	125.15	4.17	0.52	0.00	0.00	146.01	20.86	2.09	0.00	(M)	2.09	0.38	0.00	104.30	3.75	(M)	(M)	(M)
Vegetable Medley - TR1105 (1/2 c.)	15	41.62	1.12	0.24	0.00	0.00	167.75	5.34	2.13	3.20	0.00(M)	1.07	0.00	21.35	808.46	6.40	0.00(M)	0.00(M)	0.00(M)

Menu Calendar Nutrient Analysis Report - May, 2025

Site: ALL
Date: 05/01/2025 - 05/31/2025

Item Name (Serving Size)	Ash (g)
2024 FALL Lunch TJH Thursday Asian - ServingDate: 05/08/2025	
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Fortune Cookie - TR1002 (1 ea)	0.00
Sweet & Sour Sauce - TR1114 (3 ea.)	(M)
2024 FALL Lunch TJH Friday - ServingDate: 05/09/2025	
Cheeseburger E/I/Pk GF Tyson 2024 - TR1976 (1 ea.)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	0.00
Fruit & Yogurt Plate - TR1218 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	(M)
Vegetable Medley - TR1105 (1/2 c.)	0.00(M)

Menu Calendar Nutrient Analysis Report - May, 2025

Site: ALL
Date: 05/01/2025 - 05/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2024 FALL Lunch TJH Friday - ServingDate: 05/09/2025																			
Apple Red Delicous - TR1420 (1 ea.)	20	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Diced Peach Cup - TR1759 (1 ea.)	10	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	10	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	15	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	70	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2024 FALL Lunch TJH Monday pasta - ServingDate: 05/12/2025																			
Chicken Fajita - TR1122 (3 1/2 oz.)	40	150.54	7.53	0.00	0.00	94.09	388.89	2.51	0.00	0.00	0.00	18.82	0.45	0.00	0.00	0.00	0.00	263.44	0.00
Fruit & Yogurt Plate - TR1218 (1 ea.)	10	482.00	10.70	5.50	0.00	19.00	366.00	85.50	5.50	57.00	7.00(M)	11.50	2.52(M)	330.00 (M)	350.00 (M)	37.20 (M)	0.00(M)	149.93 (M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Cheese Ravioli - TR2033 (7 ea.)	40	231.32	3.02	1.51	0.00	5.03	241.38	34.20	3.02	4.02	0.00	16.09	1.71	150.86	0.00	0.00	0.00	190.97	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	40	98.36	5.46	3.28	0.00	20.77	408.74	5.46	0.00	3.28	(M)	6.56	0.00	207.65	245.90	0.00	(M)	(M)	0.00
Marinara Sauce - TR1124 (1/2 c.)	40	57.78	1.44	0.00	0.00	0.00	130.00	9.63	0.00	5.78	0.96	1.93	1.04	57.78	0.00	0.00	0.00	0.00	0.00
Garlic Toast - TR1004 (1 ea.)	75	100.00	3.00	0.00	0.00	0.00	130.00	15.00	2.00	1.00	(M)	3.00	0.72	0.00	300.00	0.00	(M)	(M)	(M)
Penne Pasta - TR1423 (1 c.)	80	229.20	3.74	0.32	0.00	0.00	15.90	41.00	4.00	2.00	(M)	7.00	1.80	35.90	0.00	0.00	(M)	(M)	529.40 (M)
Carrot Coins - TR1086 (1/2 c.)	20	43.99	2.39	0.24	0.00	0.00	153.97	7.64	2.55	3.82	0.00(M)	0.00	0.46	38.21	10516.75	2.29	0.00(M)	0.00(M)	0.00(M)

Menu Calendar Nutrient Analysis Report - May, 2025

Site: ALL
Date: 05/01/2025 - 05/31/2025

Item Name (Serving Size)	Ash (g)
2024 FALL Lunch TJH Friday - ServingDate: 05/09/2025	
Apple Red Delicoius - TR1420 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
2024 FALL Lunch TJH Monday pasta - ServingDate: 05/12/2025	
Chicken Fajita - TR1122 (3 1/2 oz.)	0.00
Fruit & Yogurt Plate - TR1218 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Cheese Ravioli - TR2033 (7 ea.)	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	0.00
Marinara Sauce - TR1124 (1/2 c.)	0.00
Garlic Toast - TR1004 (1 ea.)	(M)
Penne Pasta - TR1423 (1 c.)	0.53(M)
Carrot Coins - TR1086 (1/2 c.)	0.00(M)

Menu Calendar Nutrient Analysis Report - May, 2025

Site: ALL
Date: 05/01/2025 - 05/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2024 FALL Lunch TJH Monday pasta - ServingDate: 05/12/2025																			
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Seasoned Green Beans - TR1085 (1/2 c.)	20	45.45	2.54	0.55	0.00	0.00	189.77	4.73	2.36	1.18	0.00(M)	1.18	0.42	23.64	254.54	1.42	0.00(M)	0.00(M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	25	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Diced Peach Cup - TR1759 (1 ea.)	25	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	10	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Shredded Parmesan - TR1132 (1 tbsp.)	50	27.84	2.02	1.14	0.00	6.33	103.78	0.25	0.00	0.00	(M)	2.28	0.00	75.94	75.94	0.00	(M)	(M)	0.00
2024 FALL Lunch TJH Tuesday Nacho Menu - ServingDate: 05/13/2025																			
Beef Chili - TR1808 (1 #8 scoop)	40	195.00	12.00	4.40	0.70	40.00	371.99	9.00	3.00	3.00	(M)	14.00	3.00	49.00	912.99	10.00	0.00	0.00	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	3	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)
Chicken Fajitas - TR2016 (3 oz.)	30	137.63	6.88	0.00	0.00	86.02	355.55	2.29	0.00	0.00	0.00	17.20	0.41	0.00	0.00	0.00	0.00	240.86	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	7	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Beef Tamales - TR1903 (2 ea.)	20	508.00	30.00	8.00	0.00	38.00	958.00	44.00	6.00	4.00	0.00	18.00	5.40	120.00	1000.00	0.00	0.00	0.00	0.00
Whole Grain Tortilla Chips - TR1653 (20 Chips)	50	283.50	14.18	6.08	0.00	0.00	303.75	34.42	2.02	0.00	0.00	4.05	0.73	40.50	0.00	0.00	0.00	0.00	0.00
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)

Menu Calendar Nutrient Analysis Report - May, 2025

Site: ALL
Date: 05/01/2025 - 05/31/2025

Item Name (Serving Size)	Ash (g)
2024 FALL Lunch TJH Monday pasta - ServingDate: 05/12/2025	
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Seasoned Green Beans - TR1085 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Shredded Parmesan - TR1132 (1 tbsp.)	0.00
2024 FALL Lunch TJH Tuesday Nacho Menu - ServingDate: 05/13/2025	
Beef Chili - TR1808 (1 #8 scoop)	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chicken Fajitas - TR2016 (3 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Beef Tamales - TR1903 (2 ea.)	0.00
Whole Grain Tortilla Chips - TR1653 (20 Chips)	0.00
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)

Menu Calendar Nutrient Analysis Report - May, 2025

Site: ALL
Date: 05/01/2025 - 05/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2024 FALL Lunch TJH Tuesday Nacho Menu - ServingDate: 05/13/2025																			
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	30	76.42	2.12	0.24	0.00	0.00	100.34	15.96	2.00	2.99	0.00(M)	2.00	0.36	0.14	107.74	4.79	0.00(M)	0.05(M)	4.73(M)
Charro Beans - TR1094 (1/2 c.)	20	111.00	0.56	0.04	0.00	0.00	184.19	19.16	7.40	0.23	(M)	6.31	1.53	42.04	35.42	0.56	(M)	(M)	(M)
Salsa Cup - TR1072 (1 ea.)	10	25.00	0.00	0.00	0.00	0.00	195.00	5.00	1.00	3.00	(M)	1.00	0.36	20.00	300.00	7.20	(M)	(M)	(M)
Banana - TR1056 (1 ea.)	30	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	0.00	1.30	0.31	6.00	76.00	10.00	0.00	422.00	0.00
Chilled Diced Pears - TR1507 (1/2 c.)	30	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	10	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Cheese Sauce - TR1624 (2 fl. oz.)	50	123.08	9.89	5.38	0.00	28.57	454.94	2.20	0.00	1.10	0.00	7.69	0.00	224.17	426.37	0.00	0.00	0.00	0.00
Fiesta Salad - TR1101 (1/2 c.)	15	5.00	0.00	0.00	0.00	0.00	3.20	1.44	0.44	0.88	(M)	0.44	0.16	6.40	218.00	2.21	(M)	(M)	0.00(M)
Western Style Guacamole - TR1969 (1/8 c.)	45	108.00	10.08	1.80	0.00	0.00	259.20	4.32	2.88	0.72	0.00	0.72	0.52	0.00	72.00	4.32	0.00	295.08	0.00
Peppers & Onions - TR1970 (1/4 c.)	10	42.41	0.80	0.00	0.00	0.00	116.63	7.42	1.59	3.71	0.53	1.06	0.38	10.60	53.01	12.72	0.00	121.84	0.00
Sour Cream - TR1098 (1 pkg.)	15	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	(M)	1.00	0.00	20.00	200.00	0.00	(M)	(M)	(M)
2024 Fall Lunch TJH Wednesday Bowls - ServingDate: 05/14/2025																			
Steak Fingers - TR2038 (4 ea.)	35	232.99	12.16	4.56	0.00	45.59	334.29	15.20	0.00	0.00	0.00	18.23	2.73	20.26	101.30	15.20	0.00	(M)	0.00
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	35	246.45	11.60	2.17	0.00	57.99	608.88	15.95	1.45	2.90	1.45	20.30	1.04	0.00	0.00	0.00	0.00	545.09	0.00
Chicken Tenders, Whole Muscle - TR1103 (3 ea)	20	280.00	13.00	2.50	0.00	60.00	470.00	16.00	2.00	1.00	(M)	25.00	1.80	0.00	0.00	0.00	(M)	(M)	(M)
Fruit & Yogurt Plate - TR1218 (1 ea.)	5	482.00	10.70	5.50	0.00	19.00	366.00	85.50	5.50	57.00	7.00(M)	11.50	2.52(M)	330.00 (M)	350.00 (M)	37.20 (M)	0.00(M)	149.93 (M)	0.00(M)

Menu Calendar Nutrient Analysis Report - May, 2025

Site: ALL
Date: 05/01/2025 - 05/31/2025

Item Name (Serving Size)	Ash (g)
2024 FALL Lunch TJH Tuesday Nacho Menu - ServingDate: 05/13/2025	
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	0.01(M)
Charro Beans - TR1094 (1/2 c.)	(M)
Salsa Cup - TR1072 (1 ea.)	(M)
Banana - TR1056 (1 ea.)	0.00
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Cheese Sauce - TR1624 (2 fl. oz.)	0.00
Fiesta Salad - TR1101 (1/2 c.)	0.00(M)
Western Style Guacamole - TR1969 (1/8 c.)	0.00
Peppers & Onions - TR1970 (1/4 c.)	0.00
Sour Cream - TR1098 (1 pkg.)	(M)
2024 Fall Lunch TJH Wednesday Bowls - ServingDate: 05/14/2025	
Steak Fingers - TR2038 (4 ea.)	0.00
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	0.00
Chicken Tenders, Whole Muscle - TR1103 (3 ea)	(M)
Fruit & Yogurt Plate - TR1218 (1 ea.)	0.00(M)

Menu Calendar Nutrient Analysis Report - May, 2025

Site: ALL
Date: 05/01/2025 - 05/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2024 Fall Lunch TJH Wednesday Bowls - ServingDate: 05/14/2025																			
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	5	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Whole Grain Roll - TR1005 (1 ea.)	45	170.00	2.00	0.50	0.00	0.00	150.00	32.00	4.00	9.00	(M)	5.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Mashed Potatoes - TR1083 (1/2 c.)	50	89.22	1.19	0.00	0.00	0.00	420.03	17.84	1.49	0.59	(M)	1.78	0.24	12.28	2.31	7.73	(M)	(M)	121.75(M)
Mixed Vegetables - TR1150 (1/2 c.)	10	68.24	0.56	0.12	0.00	0.00	163.07	12.69	3.17	4.23	0.00(M)	3.17	0.76	21.14	796.95	5.08	0.00(M)	0.00(M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	25	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	10	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Shredded American Cheese - TR1069 (1/2 oz.)	50	35.44	2.28	1.27	0.00	7.59	237.94	1.01	0.00	0.51	(M)	3.54	0.00	101.25	151.88	0.00	(M)	(M)	(M)
Country Gravy - TR1074 (4 tbsp.)	25	120.30	6.02	3.01	0.00	0.00	631.58	15.04	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Ketchup Dip Cup - TR1245 (1 ea.)	20	30.38	0.00	0.00	0.00	0.00	75.94	7.09	0.00	5.06	(M)	0.00	0.36	0.00	101.25	1.22	(M)	(M)	0.00
BBQ Sauce - TR1151 (1 ea.)	10	40.00	0.00	0.00	0.00	0.00	75.00	9.00	0.00	8.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Buffalo Ranch Sauce - TR1854 (1 ea.)	10	60.10	4.51	0.50	0.00	5.01	140.25	5.01	0.00	2.00	2.00	0.00	0.00	10.02	0.00	1.20	0.00	110.17	0.00
2024 FALL Lunch TJH Thursday Asian - ServingDate: 05/15/2025																			
Chicken Popper Ranch Salad - TR1466 (1 ea.)	3	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)

Menu Calendar Nutrient Analysis Report - May, 2025

Site: ALL
Date: 05/01/2025 - 05/31/2025

Item Name (Serving Size)	Ash (g)
2024 Fall Lunch TJH Wednesday Bowls - ServingDate: 05/14/2025	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Whole Grain Roll - TR1005 (1 ea.)	(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Mashed Potatoes - TR1083 (1/2 c.)	0.12(M)
Mixed Vegetables - TR1150 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Shredded American Cheese - TR1069 (1/2 oz.)	(M)
Country Gravy - TR1074 (4 tbsp.)	(M)
Ketchup Dip Cup - TR1245 (1 ea.)	0.00
BBQ Sauce - TR1151 (1 ea.)	(M)
Buffalo Ranch Sauce - TR1854 (1 ea.)	0.00
2024 FALL Lunch TJH Thursday Asian - ServingDate: 05/15/2025	
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)

Menu Calendar Nutrient Analysis Report - May, 2025

Site: ALL
Date: 05/01/2025 - 05/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2024 FALL Lunch TJH Thursday Asian - ServingDate: 05/15/2025																			
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	7	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Premium Chicken Tangerine - TR1640 (7 1/2 oz.)	55	365.38	7.69	1.92	0.00	86.54	730.77	48.08	3.85	25.00	(M)	26.92	2.77	0.00	0.00	0.00	(M)	(M)	(M)
Premium Teriyaki Chicken - TR1641 (4 1/4 oz.)	20	197.32	5.31	1.52	0.00	106.25	728.57	15.18	0.00	13.66	(M)	22.77	1.09	0.00	0.00	0.00	(M)	(M)	(M)
Chicken Egg Rolls (Premium) - TR1908 (2 ea)	15	320.00	10.00	2.00	0.00	70.00	780.00	38.00	6.00	4.00	2.00	20.00	2.88	0.00	0.00	0.00	0.00	780.20	0.00
Chow Mein Noodles - TR1936 (1 c.)	75	123.57	2.86	0.00	0.00	0.00	395.71	21.43	2.14	1.43	(M)	2.86	2.57	0.00	0.00	0.00	0.00	0.00	0.00
Baby Carrots & Ranch - TR1156 (1/2 c.)	20	86.83	3.50	0.50	0.00	5.00	429.03	13.44	2.15	6.22	(M)	0.00	7.73	21.46	10195.88	2.58	(M)	(M)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	20	35.35	1.12	0.24	0.00	0.00	156.40	4.90	2.75	1.35	0.00(M)	2.85	0.54	30.00	932.98	36.90	0.00(M)	0.00(M)	0.00(M)
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	35	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00
Orange Wedges - TR1057 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	10	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fortune Cookie - TR1002 (1 ea)	25	11.67	0.00	0.00	0.00	0.00	0.00	2.67	0.00	1.67	(M)	0.17	0.06	0.00	0.00	0.00	(M)	(M)	0.00
Sweet & Sour Sauce - TR1114 (3 ea.)	50	45.00	0.00	0.00	0.00	0.00	210.00	12.00	0.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - May, 2025

Site: ALL
Date: 05/01/2025 - 05/31/2025

Item Name (Serving Size)	Ash (g)
2024 FALL Lunch TJH Thursday Asian - ServingDate: 05/15/2025	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Premium Chicken Tangerine - TR1640 (7 1/2 oz.)	(M)
Premium Teriyaki Chicken - TR1641 (4 1/4 oz.)	(M)
Chicken Egg Rolls (Premium) - TR1908 (2 ea)	0.00
Chow Mein Noodles - TR1936 (1 c.)	0.00
Baby Carrots & Ranch - TR1156 (1/2 c.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	0.00(M)
Italian Ice Good Fortune 90/4.4oz - TR1619 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Fortune Cookie - TR1002 (1 ea)	0.00
Sweet & Sour Sauce - TR1114 (3 ea.)	(M)

Menu Calendar Nutrient Analysis Report - May, 2025

Site: ALL
Date: 05/01/2025 - 05/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2024 FALL Lunch TJH Friday - ServingDate: 05/16/2025																			
Cheeseburger E/I/Pk GF Tyson 2024 - TR1976 (1 ea.)	30	335.00	15.00	5.50	0.50	50.00	625.00	30.00	2.00	5.00	4.00(M)	24.00	2.08	316.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	30	370.00	10.00	1.50	0.00	50.00	830.00	46.00	5.00	4.00	4.00	23.00	2.08	136.00	200.00	0.00	0.00	0.00	0.00
Fruit & Yogurt Plate - TR1218 (1 ea.)	10	482.00	10.70	5.50	0.00	19.00	366.00	85.50	5.50	57.00	7.00(M)	11.50	2.52(M)	330.00 (M)	350.00 (M)	37.20 (M)	0.00(M)	149.93 (M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	20	420.60	12.59	1.76	0.00	64.70	778.92	50.35	4.35	5.18	4.00(M)	27.35	2.27	139.53	0.00	0.00	0.00(M)	494.11 (M)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	65	125.15	4.17	0.52	0.00	0.00	146.01	20.86	2.09	0.00	(M)	2.09	0.38	0.00	104.30	3.75	(M)	(M)	(M)
Vegetable Medley - TR1105 (1/2 c.)	15	41.62	1.12	0.24	0.00	0.00	167.75	5.34	2.13	3.20	0.00(M)	1.07	0.00	21.35	808.46	6.40	0.00(M)	0.00(M)	0.00(M)
Apple Red Delicoius - TR1420 (1 ea.)	20	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Diced Peach Cup - TR1759 (1 ea.)	10	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	10	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	15	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	70	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - May, 2025

Site: ALL
Date: 05/01/2025 - 05/31/2025

Item Name (Serving Size)	Ash (g)
2024 FALL Lunch TJH Friday - ServingDate: 05/16/2025	
Cheeseburger E/I/Pk GF Tyson 2024 - TR1976 (1 ea.)	0.00(M)
Spicy Crispy Chicken Sandwich - TR1659 (1 ea.)	0.00
Fruit & Yogurt Plate - TR1218 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
New Whole Muscle Breaded Chicken Sandwich ! - TR1995 (1 ea.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Wedge Fries - TR1529 (3 oz.)	(M)
Vegetable Medley - TR1105 (1/2 c.)	0.00(M)
Apple Red Delicoius - TR1420 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - May, 2025

Site: ALL
Date: 05/01/2025 - 05/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2024 FALL Lunch TJH Monday pasta - ServingDate: 05/19/2025																			
Chicken Fajita - TR1122 (3 1/2 oz.)	40	150.54	7.53	0.00	0.00	94.09	388.89	2.51	0.00	0.00	0.00	18.82	0.45	0.00	0.00	0.00	0.00	263.44	0.00
Fruit & Yogurt Plate - TR1218 (1 ea.)	10	482.00	10.70	5.50	0.00	19.00	366.00	85.50	5.50	57.00	7.00(M)	11.50	2.52(M)	330.00 (M)	350.00 (M)	37.20 (M)	0.00(M)	149.93 (M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	10	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Cheese Ravioli - TR2033 (7 ea.)	40	231.32	3.02	1.51	0.00	5.03	241.38	34.20	3.02	4.02	0.00	16.09	1.71	150.86	0.00	0.00	0.00	190.97	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	40	98.36	5.46	3.28	0.00	20.77	408.74	5.46	0.00	3.28	(M)	6.56	0.00	207.65	245.90	0.00	(M)	(M)	0.00
Marinara Sauce - TR1124 (1/2 c.)	40	57.78	1.44	0.00	0.00	0.00	130.00	9.63	0.00	5.78	0.96	1.93	1.04	57.78	0.00	0.00	0.00	0.00	0.00
Garlic Toast - TR1004 (1 ea.)	75	100.00	3.00	0.00	0.00	0.00	130.00	15.00	2.00	1.00	(M)	3.00	0.72	0.00	300.00	0.00	(M)	(M)	(M)
Penne Pasta - TR1423 (1 c.)	80	229.20	3.74	0.32	0.00	0.00	15.90	41.00	4.00	2.00	(M)	7.00	1.80	35.90	0.00	0.00	(M)	(M)	529.40 (M)
Carrot Coins - TR1086 (1/2 c.)	20	43.99	2.39	0.24	0.00	0.00	153.97	7.64	2.55	3.82	0.00(M)	0.00	0.46	38.21	10516.7 5	2.29	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Seasoned Green Beans - TR1085 (1/2 c.)	20	45.45	2.54	0.55	0.00	0.00	189.77	4.73	2.36	1.18	0.00(M)	1.18	0.42	23.64	254.54	1.42	0.00(M)	0.00(M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	25	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Diced Peach Cup - TR1759 (1 ea.)	25	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	10	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Shredded Parmesan - TR1132 (1 tbsp.)	50	27.84	2.02	1.14	0.00	6.33	103.78	0.25	0.00	0.00	(M)	2.28	0.00	75.94	75.94	0.00	(M)	(M)	0.00

Menu Calendar Nutrient Analysis Report - May, 2025

Site: ALL
Date: 05/01/2025 - 05/31/2025

Item Name (Serving Size)	Ash (g)
2024 FALL Lunch TJH Monday pasta - ServingDate: 05/19/2025	
Chicken Fajita - TR1122 (3 1/2 oz.)	0.00
Fruit & Yogurt Plate - TR1218 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Cheese Ravioli - TR2033 (7 ea.)	0.00
Alfredo Sauce - TR1261 (1 #16 scoop)	0.00
Marinara Sauce - TR1124 (1/2 c.)	0.00
Garlic Toast - TR1004 (1 ea.)	(M)
Penne Pasta - TR1423 (1 c.)	0.53(M)
Carrot Coins - TR1086 (1/2 c.)	0.00(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Seasoned Green Beans - TR1085 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Shredded Parmesan - TR1132 (1 tbsp.)	0.00

Menu Calendar Nutrient Analysis Report - May, 2025

Site: ALL
Date: 05/01/2025 - 05/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2024 FALL Lunch TJH Tuesday Nacho Menu - ServingDate: 05/20/2025																			
Beef Chili - TR1808 (1 #8 scoop)	40	195.00	12.00	4.40	0.70	40.00	371.99	9.00	3.00	3.00	(M)	14.00	3.00	49.00	912.99	10.00	0.00	0.00	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	3	626.45	35.88	6.77	0.00	51.59	1326.78	50.22	6.78	10.67	0.00(M)	27.74	8.91	187.03	3940.67	13.75	0.00(M)	0.00(M)	0.00(M)
Chicken Fajitas - TR2016 (3 oz.)	30	137.63	6.88	0.00	0.00	86.02	355.55	2.29	0.00	0.00	0.00	17.20	0.41	0.00	0.00	0.00	0.00	240.86	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	7	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Beef Tamales - TR1903 (2 ea.)	20	508.00	30.00	8.00	0.00	38.00	958.00	44.00	6.00	4.00	0.00	18.00	5.40	120.00	1000.00	0.00	0.00	0.00	0.00
Whole Grain Tortilla Chips - TR1653 (20 Chips)	50	283.50	14.18	6.08	0.00	0.00	303.75	34.42	2.02	0.00	0.00	4.05	0.73	40.50	0.00	0.00	0.00	0.00	0.00
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	30	76.42	2.12	0.24	0.00	0.00	100.34	15.96	2.00	2.99	0.00(M)	2.00	0.36	0.14	107.74	4.79	0.00(M)	0.05(M)	4.73(M)
Charro Beans - TR1094 (1/2 c.)	20	111.00	0.56	0.04	0.00	0.00	184.19	19.16	7.40	0.23	(M)	6.31	1.53	42.04	35.42	0.56	(M)	(M)	(M)
Salsa Cup - TR1072 (1 ea.)	10	25.00	0.00	0.00	0.00	0.00	195.00	5.00	1.00	3.00	(M)	1.00	0.36	20.00	300.00	7.20	(M)	(M)	(M)
Banana - TR1056 (1 ea.)	30	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	0.00	1.30	0.31	6.00	76.00	10.00	0.00	422.00	0.00
Chilled Diced Pears - TR1507 (1/2 c.)	30	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	10	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Cheese Sauce - TR1624 (2 fl. oz.)	50	123.08	9.89	5.38	0.00	28.57	454.94	2.20	0.00	1.10	0.00	7.69	0.00	224.17	426.37	0.00	0.00	0.00	0.00
Fiesta Salad - TR1101 (1/2 c.)	15	5.00	0.00	0.00	0.00	0.00	3.20	1.44	0.44	0.88	(M)	0.44	0.16	6.40	218.00	2.21	(M)	(M)	0.00(M)
Western Style Guacamole - TR1969 (1/8 c.)	45	108.00	10.08	1.80	0.00	0.00	259.20	4.32	2.88	0.72	0.00	0.72	0.52	0.00	72.00	4.32	0.00	295.08	0.00

Menu Calendar Nutrient Analysis Report - May, 2025

Site: ALL
Date: 05/01/2025 - 05/31/2025

Item Name (Serving Size)	Ash (g)
2024 FALL Lunch TJH Tuesday Nacho Menu - ServingDate: 05/20/2025	
Beef Chili - TR1808 (1 #8 scoop)	0.00
Chicken Popper Ranch Salad - TR1466 (1 ea.)	0.00(M)
Chicken Fajitas - TR2016 (3 oz.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Beef Tamales - TR1903 (2 ea.)	0.00
Whole Grain Tortilla Chips - TR1653 (20 Chips)	0.00
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	0.01(M)
Charro Beans - TR1094 (1/2 c.)	(M)
Salsa Cup - TR1072 (1 ea.)	(M)
Banana - TR1056 (1 ea.)	0.00
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Cheese Sauce - TR1624 (2 fl. oz.)	0.00
Fiesta Salad - TR1101 (1/2 c.)	0.00(M)
Western Style Guacamole - TR1969 (1/8 c.)	0.00

Menu Calendar Nutrient Analysis Report - May, 2025

Site: ALL
Date: 05/01/2025 - 05/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2024 FALL Lunch TJH Tuesday Nacho Menu - ServingDate: 05/20/2025																			
Peppers & Onions - TR1970 (1/4 c.)	10	42.41	0.80	0.00	0.00	0.00	116.63	7.42	1.59	3.71	0.53	1.06	0.38	10.60	53.01	12.72	0.00	121.84	0.00
Sour Cream - TR1098 (1 pkg.)	15	60.00	5.00	3.50	0.00	20.00	15.00	1.00	0.00	1.00	(M)	1.00	0.00	20.00	200.00	0.00	(M)	(M)	(M)
2024 Fall Lunch TJH Wednesday Bowls - ServingDate: 05/21/2025																			
Steak Fingers - TR2038 (4 ea.)	35	232.99	12.16	4.56	0.00	45.59	334.29	15.20	0.00	0.00	0.00	18.23	2.73	20.26	101.30	15.20	0.00	(M)	0.00
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	35	246.45	11.60	2.17	0.00	57.99	608.88	15.95	1.45	2.90	1.45	20.30	1.04	0.00	0.00	0.00	0.00	545.09	0.00
Chicken Tenders, Whole Muscle - TR1103 (3 ea)	20	280.00	13.00	2.50	0.00	60.00	470.00	16.00	2.00	1.00	(M)	25.00	1.80	0.00	0.00	0.00	(M)	(M)	(M)
Fruit & Yogurt Plate - TR1218 (1 ea.)	5	482.00	10.70	5.50	0.00	19.00	366.00	85.50	5.50	57.00	7.00(M)	11.50	2.52(M)	330.00 (M)	350.00 (M)	37.20 (M)	0.00(M)	149.93 (M)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	5	600.00	33.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	(M)	18.00	2.00	88.00	0.00	0.00	(M)	(M)	0.00
Whole Grain Roll - TR1005 (1 ea.)	45	170.00	2.00	0.50	0.00	0.00	150.00	32.00	4.00	9.00	(M)	5.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	5	30.79	0.00	0.00	0.00	0.00	485.69	6.89	1.29	3.74	0.96(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	5	76.39	3.50	0.50	0.00	5.00	385.29	11.02	1.29	4.82	0.00(M)	1.05	0.52	24.49	1296.57	6.65	0.00(M)	0.00(M)	0.00(M)
Mashed Potatoes - TR1083 (1/2 c.)	50	89.22	1.19	0.00	0.00	0.00	420.03	17.84	1.49	0.59	(M)	1.78	0.24	12.28	2.31	7.73	(M)	(M)	121.75 (M)
Mixed Vegetables - TR1150 (1/2 c.)	10	68.24	0.56	0.12	0.00	0.00	163.07	12.69	3.17	4.23	0.00(M)	3.17	0.76	21.14	796.95	5.08	0.00(M)	0.00(M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	25	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	70	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	10	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - May, 2025

Site: ALL
Date: 05/01/2025 - 05/31/2025

Item Name (Serving Size)	Ash (g)
2024 FALL Lunch TJH Tuesday Nacho Menu - ServingDate: 05/20/2025	
Peppers & Onions - TR1970 (1/4 c.)	0.00
Sour Cream - TR1098 (1 pkg.)	(M)
2024 Fall Lunch TJH Wednesday Bowls - ServingDate: 05/21/2025	
Steak Fingers - TR2038 (4 ea.)	0.00
Spicy Buffalo Chicken Bites - TR1593 (10 ea.)	0.00
Chicken Tenders, Whole Muscle - TR1103 (3 ea)	(M)
Fruit & Yogurt Plate - TR1218 (1 ea.)	0.00(M)
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Whole Grain Roll - TR1005 (1 ea.)	(M)
Texas Garden Salad w/ Italian Dressing - TR1973 (1 c.)	0.00(M)
Texas Garden Salad w/ Ranch Dressing - TR1972 (1 c.)	0.00(M)
Mashed Potatoes - TR1083 (1/2 c.)	0.12(M)
Mixed Vegetables - TR1150 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)

Menu Calendar Nutrient Analysis Report - May, 2025

Site: ALL
Date: 05/01/2025 - 05/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassi um (mg)	Mois (g)
2024 Fall Lunch TJH Wednesday Bowls - ServingDate: 05/21/2025																			
Shredded American Cheese - TR1069 (1/2 oz.)	50	35.44	2.28	1.27	0.00	7.59	237.94	1.01	0.00	0.51	(M)	3.54	0.00	101.25	151.88	0.00	(M)	(M)	(M)
Country Gravy - TR1074 (4 tbsp.)	25	120.30	6.02	3.01	0.00	0.00	631.58	15.04	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Ketchup Dip Cup - TR1245 (1 ea.)	20	30.38	0.00	0.00	0.00	0.00	75.94	7.09	0.00	5.06	(M)	0.00	0.36	0.00	101.25	1.22	(M)	(M)	0.00
BBQ Sauce - TR1151 (1 ea.)	10	40.00	0.00	0.00	0.00	0.00	75.00	9.00	0.00	8.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Buffalo Ranch Sauce - TR1854 (1 ea.)	10	60.10	4.51	0.50	0.00	5.01	140.25	5.01	0.00	2.00	2.00	0.00	0.00	10.02	0.00	1.20	0.00	110.17	0.00

Legend
(M) - Missing Nutrient Values

Report Selections
Meal Type: Lunch
Site Group: Junior High
Menu Line: JH Main Line
Serving Group: 6-8
Nutrients Option: All

Menu Calendar Nutrient Analysis Report - May, 2025

Site: ALL
Date: 05/01/2025 - 05/31/2025

Item Name (Serving Size)	Ash (g)
2024 Fall Lunch TJH Wednesday Bowls - ServingDate: 05/21/2025	
Shredded American Cheese - TR1069 (1/2 oz.)	(M)
Country Gravy - TR1074 (4 tbsp.)	(M)
Ketchup Dip Cup - TR1245 (1 ea.)	0.00
BBQ Sauce - TR1151 (1 ea.)	(M)
Buffalo Ranch Sauce - TR1854 (1 ea.)	0.00