MAY 2025 HIGH SCHOOL MENU

Breakfast - Served in Food for Thought and Java City 7:30am/9:25am Lunch - 11am - 1:15 pm Main Cafe

Monday	Tuesday	Wednesday	Thursday	Friday
			Pasta w/ Marinara & Meatballs MICHIGAN BROCCOLI	2 Orange Chicken w/ WG rice and Stir- fried Veggies
5 Crispy Chicken Drumstick, Roll w/ mashed potatoes	Dorito Taco Cheese Bowl Served with Black Beans and Churros	7 1/2 Day! NO HOT LUNCH!	8 _{Beef} or Cheese Lasagna Garlic Breadstick MICHIGAN BROCCOLI	9 General Tso Chicken w/ WG rice and Stir-fried Veggies
12 BBQ Chicken Drumstick w/ mashed potatoes and Gravy	13 Turkey Tacos WG Rice and Refried Beans	Chicken & Waffle w/ Fries JET'S Pizza Day!	15 Buffalo Chicken Mac & Cheese Garlic Breadstick MICHIGAN BROCCOLI	16 Chicken Thai Bowl Crisp Chicken over WG Rice with a Thai Chili Sunbutter Sauce
				Succe
19 Waffles and Chicken Sandwich w/ Sweet Potato Fries	20 Beef &Cheese Tatchos served with Corn and a variety of toppings	21 Meatball Grinder w/ Fries JET'S Pizza Day!	22 Mac & Cheese Steamed Broccoli and Garlic Bread	23 1/2 Day! NO HOT LUNCH!
Chicken Sandwich	Beef &Cheese Tatchos served with Corn and a	Meatball Grinder w/ Fries	Mac & Cheese Steamed Broccoli and	²³ 1/2 Day!
Waffles and Chicken Sandwich w/ Sweet Potato Fries 26 No School Memorial Day!	Beef &Cheese Tatchos served with Corn and a variety of toppings 27 Beef & Cheese Nachos served with corn Refried Beans Bloomfiel -25 FREE Michigan Meal	Meatball Grinder w/ Fries JET'S Pizza Day! 28 Grilled Cheese sandwich w/ Tomato Soup	Mac & Cheese Steamed Broccoli and Garlic Bread 29 Chicken Alfredo Pasta Garlic Breadstick MICHIGAN BROCCOLI	23 1/2 Day! NO HOT LUNCH! 30 Sweet and Sour Chicken w/ WG rice and Stir-fried

DAILY LUNCH OPTIONS! CHICKEN PATTY SANDWICH - SPICY AND REGULAR CHICKEN TENDERS GRILLED BURGERS, CHEESEBURGERS, BOSCO STICKS, PIZZA VARIETY OF ENTREE SALADS AND **GRAB AND GO SUBS AND WRAPS AND MUCH MORE!!**

Pasta w/ Marinara & Meatballs

Al Dente Pasta topped with tangy Marinara sauce and beef Meatballs served with fresh steamed broccoli & Garlic Breadstick

Orange Chicken

Crispy battered chicken bites glazed in a sweet orange sauce, served over rice with Asian mixed Veggies

Chicken Drumstick

Crispy breaded chicken leg served with Mashed Potatoes, Chicken Gravy and Green Beans

Dorito Taco Cheese Bowl

Topped with Beef and Cheese Sauce Served with refried beans

Beef or Cheese Lasagna

Cheese Filled Pasta rolls topped with marinara sauce or meat sauce served with Broccoli and garlic breadstick

General Tso Chicken

Crispy battered chicken bites glazed in a Tangy sweet & spicy sauce, served over rice with Asian mixed Veggies

BBQ Chicken Drumstick

Chicken leg glazed in Sweet BBQ Sauce served with Mashed Potatoes. Chicken Gravy and Green Beans

Turkey Tacos

Seasoned ground turkey served on Flour Tortillas Served with Pico Corn salad and Refried Beans

Chicken and Waffles

Crispy White meat breaded Chicken Strips Served with Sweet Belgium Waffles, Syrup Cup and optional Sweet Potato Fries

Buffalo Chicken Mac & Cheese

Creamy Mac & Cheese served with Crispy Crispy Baked Nacho Cheese Doritos Chicken bites and Buffalo Sauce served with fresh steamed Broccoli

Chicken Thai Rice Bowl

Crispy Chicken over WG Rice Tossed in a Thai Sun Butter Sauce

EGGOJI Waffle and Chicken Sandwich

All White meat Chicken Patty between 2 crispy animated WG Waffles

Beef and Cheese Tatchos

Beef and Cheese over Crispy Tater Tots Served with refried beans and Toppings

Meatball Grinder

Meatballs tossed in Marinara topped with melted Mozzerella cheese and topped with optional Peppers & Onions with Fries

Macaroni & Cheese

Whole grain pasta tossed in a creamy cheddar cheese sauce served with fresh steamed Broccoli

Beef and Cheese Nachos

Beef and Cheese on Crispy tortilla chips with optional toppings Served with refried beans

Grilled Cheese Sandwich

Creamy American Cheese melted between WG Bread slices. Grilled and Served with Tomato Soup

Chicken Alfredo Pasta

Al Dente Pasta topped with creamy Parmesan Cheese sauce and grilled chicken. Served with Broccoli and garlic breadstick

Sweet and Sour Chicken

Crispy battered chicken bites glazed in a Zesty Orange sauce, served over WG rice with Asian mixed Veggies

scan code to preorder deli sandwich



DAILY SPECIALS TURKEY/CHEESE CROISSANT **YOGURT PARFAITS** HOMEMADE MUFFINS **BAGELS AND CREAM CHEESE** DONUTS CEREAL, CEREAL BARS AND MUCH MORE All COMPLETE BREAKFASTS INCLUDE CHOICE OF MICHIGAN PRODUCE. JUICE AND

BREAKFAST

1% white or Choclate MILK

FRUITS AND VEGGIES!

Offered Daily Includes Michigan Produce such as Blueberries, Lettuce, Carrots, Legumes and Apples and full Salad Bar!

Gluten Free



option available per medical requestpreorder required

Vegetarian and gluten FRFF Dairy Free options available - preorder 100% required VEGETARIAN

248.341.5671

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