

THE TROJAN TIMES

2024 - 2025 <<<<<<

lincolnhigh.org



Hello Trojan Families,

This is Principal Bender with your Trojan updates for the week of April 21-25.

I hope everyone enjoyed Spring Break. We are now in the last 6 weeks of the school year. There are many fun activities for our students to enjoy. This week is a spirit week as we lead up to our much anticipated Powder Puff game with the Juniors vs the Seniors on Friday, April 25. Before that, we also have the Lincoln's Most Wanted Rally at the gym on Thursday evening.

Our students need to persevere and continue to put forth their best efforts. Progress reports will be available in Aeries on April 28th. It is not too late for students to reach their academic goals. Please make sure to reach out to teachers and counselors for any additional support needed.

If you have questions about any of the information in the Trojan Times, you can email me (kbender@lusd.net), call the office (209) 953-8920 or respond to this post.

It is a GREAT day to be a Trojan!

Kat Bender
Principal

Spirit Week Dress Days • April 21-25



Drug Prevention • Talk to your teen

[Here](#) is a resource to use as you talk to your teen about drug prevention strategies. Let's work as a team to keep our students safe from drug and alcohol abuse.

Grief Counseling (Support Group)

The Lincoln High School counseling department is partnering with Valley Community Counseling to offer Grief Counseling (Support Group) to our students in need. Please contact your teen's counselor to sign up. The group begins on Wednesday, April 23.

CAASPP Information

The CAASPP is the California Assessment of Student Performance and Progress. It is a statewide assessment system that measures student skills in English language arts, mathematics, and science. The scores provide information to students, teachers, and families about their academic progress and readiness for college or career readiness.

You can learn more about the [English and Math assessments](#) and the [Science test](#). This information includes access to sample and practice tests.

In April, we will begin the state testing called CAASPP with ALL juniors.

CAST (Science) Exam: April 1 – April 3

CAASPP ELA: April 22 – April 25 (English Classes)

CAASPP Math: April 28 – May 2 (Social Science Classes)

There are many reasons that it is important for our students to do their best on these assessments. Many colleges are reviewing this information. A component of earning the Seal of Biliteracy is based on CAASPP scores. Taking these assessments and doing well allows for high placement in courses in college. There are many more reasons to do well on these tests. Please encourage your students to put forth their best effort.

Class of 2025 Information

Senior Class Newsletter: Refer to the [Senior Class Newsletter](#) for updated information!

Senior Graduation Thank You's [Drop your audio clip here!](#) Your clip will be played before our graduation ceremony!

All community service hours are due by Wednesday, April 25, 2025. Hours received after this date will NOT be accepted.

Graduation Signs You can still purchase a yard sign for \$20 using this [link](#). The deadline is April 30. All proceeds go to support the Safe and Sober Grad Nite After Party!



SALE REOPENED DUE TO POPULAR DEMAND

**NEXT DEADLINE
APRIL 30**



**ALL PROCEEDS SUPPORT
LHS Safe & Sober Grad Night**

Show your support and make a lasting impact by purchasing a **CLASS OF 2025 YARD SIGN** as part of our fundraiser. With each purchase, you're not just adding a vibrant decoration to your lawn but also contributing to a meaningful cause.

Signs measure 24"x16", are printed on one side and come with a complimentary metal ground stake.

Signs will be available for pickup early-May. You will receive notification via email when your sign is ready.

Email lhsfundraising22@gmail.com

**Order Online at
VarsityGraphics.net/lincoln**

Senior Decision Day Senior Decision Day is Thursday, May 1st. Make sure to complete this [form](#) to sign up to decorate your car or a parking spot during 5th period for Decision Day on May 1st! You must sign up to participate. The deadline to sign up is Tuesday, April 29 at 4 pm.

Graduation Robe Adornment There are strict rules and regulations for the graduation ceremony, and this includes adornments. There will be no add-ons/adornments to the graduation robes, with the exception of school issued awards or tribal regalia or recognized objects of religious/cultural significance. Students who desire to wear such adornments shall seek permission at least 14 days before the graduation ceremony. The

deadline for requesting approval is Thursday, May 15th by 4 pm. You must make your request using [this form](#).

Regarding Official Transcripts: Any senior ordering/placing official transcript requests through Parchment requesting they be submitted to a scholarship are being released. Those who are submitting transcript requests for universities and colleges are being placed on hold for final grades unless informed otherwise.

Cap & Gowns: Attention Senior families, If you have not ordered your cap and gown for graduation, please do so as soon as possible. Prices have already gone up and will continue to increase. You can order at jostens.com or through the following link.

➔ [Cap & Gown Unit](#) If you have any questions, please contact Lori Valverde at 209-953-8933 or lvalverde@lUSD.net.

2025 Safe and Sober Grad Night After Party Safe and Sober Grad Night After Party tickets on sale now. \$35 now until April 30th. \$40 starting May 1st. Buy online or cash in room 1402 during lunch, or after 5th and 6th periods.

Junior and Senior parents, we need your help planning for the Safe and Sober Grad Night After Party. Planning meeting dates
4/22, 5/8, 5/22 6:30 pm Staff Lounge

- [Volunteer Sign Up 2025 LHS/VO Grad Night](#)
- [Donations 2025 LHS/VO Grad Night](#)
- **Powder Puff** is April 25th Snack bar donations needed. Proceeds benefit Safe and Sober Grad Night [Powder Puff Snack Bar Donations](#)

Scholarships for Seniors! SCHOLARSHIPS! Please review the CCC Scholarship Newsletter while we're on Spring Break. The majority of the LUSD sponsored scholarships are due the Monday we return from Spring Break (Monday, April 21, 2025)

Graduation Leis and Bouquets on sale now. 10% off if you order now. 25% of the sales supports Safe and Sober Grad Night. *Note that these leis may be worn AFTER the graduation ceremony.



PURCHASE LEIS & BOUQUETS

FOR THE LINCOLN
HIGH SCHOOL
GRADUATION
CEREMONY!



Pre-Order at the link below or
scan the QR code

WWW.THECOMMENCEMENTGROUP.COM/LHSS/

College and Career Information

College and Career Center News - Make sure to review all of the information and resources found on the [College & Career Center website](#).

Join your class google classroom for info and updates on post-high school options, financial aid, dual enrollment, and more.

% 2025 - iwurgus

% 2026 - nbkzmt

% 2027 - pr55by3

% 2028 - vhcfn6f

22nd Annual Cesar Chavez Youth Leadership Conference and Celebration at UC Davis

The 2025 Theme is Avanza: The Future Belongs to You

When: Saturday, May 10, 2025, 8 am - 3 pm, Univ. Credit Union Center at UC Davis

Join us for a free college and career motivational event and celebrate the life and legacy of Cesar Chavez. Participants will enjoy: Workshops about college admissions, financial aid, scholarships, health care, engineering, education, and more

- A resource fair
- UC Davis campus tours
- Live cultural entertainment, music, and performances

Register Now

SENIORS - Some CSUs are still accepting applications. Click [here](#) for a list of campuses and programs that are still accepting applications. Sonoma State is one of these universities and will be on campus during 4th period and lunch on April 29th.

College Summer Programs - Summer programs are available on our [website](#). Check back frequently for updates as programs get added.

Scholarship Information Check out the [LHS CCC Scholarship Newsletter](#) for up to date Scholarship information.

Stockton Scholars - If you applied for this scholarship, check the % 2025 google classroom for next steps.

FAFSA The Free Application for Federal Student Aid (FAFSA) is the form you need to fill out to receive financial aid from the federal government and help pay for college. All seniors need to complete the [FAFSA](#). We will be providing workshops throughout the year.

FAFSA is now open! - Go to <https://studentaid.gov/h/apply-for-aid/fafsa> to begin the 2025-26 application. Priority deadline has been extended to **April 2, 2025**

Dual Enrollment

Delta Dual Enrollment - Check your google classroom and/or the [website](#) for information on all things dual enrollment. Also join the remind by texting @lhdelta to 81010

NEW - Dual Enrollment google classroom. Join now using code **x4gfov**

- Summer Classes:
 - Registration is now open
 - Check out the [website](#) for a list of classes
- Fall Classes
 - Priority Registration begins **April 25**. Open Registration begins **April 28**
 - Registration workshops will be held in the CCC on April 22 and 23 at 8am and 12:15pm both days

Work Permits These are available in the CCC.

Summer Job Openings - Youth Employment Summer Success (Y.E.S.S.) through the City of Stockton. Must sign up by **Feb. 20**, application opens **Feb. 24**. Click [here](#) for more information.

Commitment to Community

It is part of the Lincoln way to be a productive part of our community. This includes volunteering time and effort to the many organizations that help make our community better. Students who earn 100 hours each year are awarded the Commitment to Community Service Award and will receive a cord to be worn at graduation. We encourage all students to make a positive impact on our community. Click [here](#) for the website.

Commitment to Community (C2C) **PARENTS** - sign up for the Remind for updated volunteer opportunities. Text to 81010 @lhsc2cp. **STUDENTS** - sign up on the Google Classroom using code lydei3u. The same information will be given in both formats.

Be sure you turn in the [Parent/Guardian Enrollment Agreement](#) before you turn in any hours. You also need to complete the [Consent for Participation in Community Service](#) **EACH** time you volunteer. Documents can be found [here](#).

Google Classroom - Students, please join the C2C Google Classroom using code **lydei3u**.

Volunteer Opportunities

SENIORS - All community service hours are due by Wednesday, April 25, 2025. Hours received after this date will NOT be accepted.

Troke Library Tutoring - Troke is going to begin to offer a new tutoring program aimed at offering kids k-8th grade reading assistance. If interested, pick up an application and be finger printed. Reading Support would be every Monday and Wednesday 4-6 starting in March and would go on until the end of May. Click [here](#) for more information.

SJC Human Services Agency Picnic - Sun., May 18, 12-4pm - Click [here](#) for more info

After School Tutoring

Claudia Landeen - Interested in tutoring after school? Scan the QR code on the flyer to sign up.



Garden Clean Up

Get your community service hours digging in the garden and picking veggies! We meet every sunny Wednesday during 7th period and give 2 for 1 hours for this activity. See Mr. Bo in the library if you have questions.

Counselors Corner

Counselors have met with students at Lincoln High School and 8th Grade Sites for registration for the 2025-2026 School year. We encourage students to finish the rest of the 2024-2025 school year strong as final semester grades will be reviewed to determine if students are still eligible to take the courses they originally selected at Registration.

Students have also been signed up for summer school and will receive more information in the coming weeks.

As the end of the school year approaches, students may begin to feel increased stress and/or anxiety with upcoming assignments and/or exams. Below are a list of Calming Techniques your teens can use to help during this time:

1. Relaxation Techniques:

- **Deep Breathing:** Practice slow, deep breaths to calm the nervous system and reduce anxiety.
- **Yoga:** Incorporating yoga can help reduce stress and teach breathing techniques.

2. Mindfulness:

- **Pay Attention to the Present:** Focus on your senses and surroundings to become more aware of the present moment. Stay focused on today and not become overwhelmed with the future. Take one day at a time.

3. Creating a Calming Environment:

- **Calming Corner:** Designate a quiet space where teens can retreat to de-stress and relax.
- **Relaxing Atmosphere:** Create a calming environment at home with soft lighting, comfortable furniture, and nature-related decor.

4. Staying Connected:

- **Connect with Friends:** Encourage teens to schedule time to hang out with friends, join social groups, or participate in activities.
- **Talk About Feelings:** Provide a safe space for teens to share their feelings and anxieties and listen without judgment.

5. Prioritizing Sleep:

- **Catch Up on Sleep:** Use Spring Break to catch up on sleep and establish a healthy sleep schedule.
- **Sleep Hygiene:** Establish good sleep habits, such as avoiding screen time before bed and creating a dark, quiet sleep environment.

6. Engaging in Enjoyable Activities:

- **Reading:** Engage in reading for pleasure to expand your mind and explore new ideas.
- **Gardening:** Get involved in gardening to engage in a calming and rewarding activity.
- **Physical Activity:** Encourage teens to engage in physical activities like walking, running, or swimming to relieve stress and improve mood.
- **Visit a Museum:** Explore local museums to discover new interests and engage in creative activities.

Student Service Center

Off Campus Passes: Juniors and Seniors must maintain eligibility at the semester and submit a new permission form to be issued a new off campus pass for Semester 2 on your digital ID. You can obtain forms in the Student Service Center.

Meals: Breakfast is available at LHS beginning at 7:45 am - 9:15 am at the Huddle, Endzone and various carts. Lunch is available during lunch time. The first few weeks will be very busy during lunch. Thank you in advance for your patience. You can review the menu [here](#).

Menstrual products are available to students in the Student Service Center and the Nurse's station.

LHS Events & Activities • April 21-25, 2025

Monday, April 21

- **Spirit Week Dress Day - Airport Outfits**
- Powder Puff Football and Cheer Practice at the stadium from 4-5:30 pm.

Tuesday, April 22

- **Spirit Week Dress Day - Travel through the jungle!**
- Powder Puff Football and Cheer Practice at the stadium from 4-5:30 pm.

Wednesday, April 23

- **Spirit Week Dress Day - Theme Park Attire**
- Powder Puff Football and Cheer Practice at the stadium from 4-5:30 pm.

Thursday, April 24 (Double 3rd Period Schedule - Lincoln's Most Wanted Assembly)

- **Spirit Week Dress Day - Fun in the Sun**
- Powder Puff Football and Cheer Practice at the stadium from 4-5:30 pm.
- Lincoln's Most Wanted Night Rally in the main gym from 6:00 - 8:00 pm (Entry is \$5 or free with Activities Punch)

Friday, April 25

- **Spirit Week Dress Day - Class Colors**
- Powder Puff Football Game at the stadium from 6:00 - 8:00 pm.

Save the Date!

- Senior Decision Day is Thursday, May 1st!

Student Bulletin

Student Bulletin: Please help your student to stay informed about all of the events and happenings at LHS by reading the [Student Bulletin](#) each day!

Prom 2025 Stay tuned next week for **Prom ticket sales!** Senior Week sales will be held from April 7th - 11th, 2025. Grab your ticket early! Check your eligibility status in the Student Service Center and Library to make sure you are eligible and do not possess any outstanding fines.

Prom Ticket Prices:

Single Tickets without the Activities Punch- \$70
Single Tickets with the Activities Punch- \$65
Couple Tickets without the Activities Punch- \$90
Couple Tickets with the Activities Punch- \$95

[2025 Prom Royalty Nominations](#)

Nominations Open 4/18 - 4/25

Poll closes at the end of lunch!

[SSJCPL Prom Dress Drive](#) Click the link above to learn about the SSJCPL Prom Drive!

- We will have prom attire (dresses, suits, shoes, & accessories) for teens to "shop" and take home with them, completely free! If you would like to try items on, we recommend wearing clothes that you can easily pull items over when trying on. We also request that no make up be worn in order to keep items clean.

- Items do not need to be returned.

CASC (California Association of Student Councils) Hey Trojans! Looking for an opportunity to get involved and get community service hours? Applications to join the Region 5 Cabinet of the California Association of Student Councils for the 25-26 school year are open now until April 30th! CASC is a student run - student led youth advocacy organization with a mission to inspire and empower youth involvement in education policy and develop valuable leadership skills applicable in all aspects of life. CASC is a great opportunity for you to connect with like-minded peers across California who are seeking to make a difference in their schools and communities. As a Region Cabinet member, you would have the ability to directly collaborate with a diverse cabinet to organize and attend a variety of conferences and programs, all with a purpose of promoting student voice and civic engagement. If you have any questions, you can look on our website (www.casc.net) or contact next year's region president at maeve.cottin-rack@casc.net.

- [Region 5 Cabinet Application Link](#)

Student Store Hours

Tuesday / Thursday 2:30 - 4:00 (at the student store)

PE Clothes available at lunch (Wed / Fri) and before school in Student Activities

Trojan Athletics

Trojan Sports this week!

Date	Sport	Place	Time	Opponent	Dismissal
Mon, 4/21	V Golf	A	9:00 am	OPEN Wolfpack Invit.	8:00 am
	V Baseball	H	4:00 pm	Tracy HS	2:15 pm
	JV Baseball	H	4:00 pm	Tracy HS	2:15 pm
	FR Baseball	A	4:00 pm	TracyHS	1:45 pm
	V Lacrosse	A	6:00 pm	Grant Union HS	2:45 pm
Tues, 4/22	V Golf	H	3:00 pm	Lodi HS	1:45 pm
	V Tennis	H	3:30 pm	Lodi HS	2:00 pm
	V Softball	H	4:00 pm	Merrill West HS	2:45 pm
	JV Softball	H	4:00 pm	Merrill West HS	2:45 pm
	V Badminton	H	4:00 pm	St. Mary's HS	
	V Volleyball	A	6:00 pm	St. Mary's HS	
Wed, 4/23	V Tennis	A	TBA	OPEN TCAL at West HS	
	V Baseball	A	4:00 pm	Tracy HS	1:45 pm
	JV Baseball	A	4:00 pm	Tracy HS	1:45 pm
	FR Baseball	H	4:00 pm	Tracy HS	2:45 pm

	V Lacrosse	H	7:00 pm	Nevada Union HS	
Thurs, 4/24	V Tennis	A	3:30 pm	OPEN TCAL Tourn @West	
	V Golf	A	3:30 pm	St. Mary's HS	1:45 pm
	V Softball	H	4:00 pm	Kimball HS	
	JV Softball	H	4:00 pm	Kimball HS	1:45 pm
Fri, 4/25	V Swimming	A	9:00 am	OPEN TCAL Swim Trials	7:00 am
	V Baseball	H	4:00 pm	Tracy HS	2:15 pm
	JV Baseball	H	4:00 pm	Tracy HS	2:15 pm
	FR Baseball	A	4:00 pm	Tracy HS	1:45 pm
Sat, 4/26	V Track	A	10:30 am	OPEN Meet Champ	TBA

General Information

Conditioning/Tryouts: You can find athletics information for all LHS sports on the [LHS Athletics website](http://www.lincolnhigh.org) linked on our school website (www.lincolnhigh.org)

HUDL: Lincoln High School has an account with HUDL. This means that many of our home athletic events will be livestreamed. You can access it here: [Trojan Sports](#)

Scores: You can find scores for all games/matches for fall sports on Max Preps. Here is the link for [Lincoln's page](#).

Tickets: You can purchase tickets for upcoming Trojan sporting events on [Go Fan](#).

Athletic Boosters: We are looking for new members to be a part of the Athletic Boosters. This group organizes fundraisers to support our sports teams. Meetings are held the 1st Thursday of every month 7:30am in the Lincoln Admin board room. Next meeting is on January 9, 2025.

LHS website - www.lincolnhigh.org	General Information
Aeries Parent Portal	Student Store
Student Handbook	Student Bulletin

Frequently Used Phone Numbers

Administration Office	953-8920	Student Service Center
Attendance Office	953-8926	A-Es 953-8933
Athletics Office	953-8924	Et-Lop 953-8932
College & Career Center	953-8949	Lor-Rod 953-8934
		Roe-Z 953-8935

