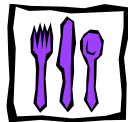


# Walled Lake Central High School

## LUNCH MENU



Central High Kitchen: 248-956-4735

Breakfast is available daily in the cafeteria includes juice or fruit, milk and a choice of one of the following:  
Cheese, Yogurt, Breakfast Pastries,  
Bagels, Assorted Cereals

Menu is subject to change without notification.

### May

- 5/1 Marcos / baconburger or cheeseburgers  
antipasto salad/ Italian or turkey subs/ cole slaw
- 5/2 Sweet & sour chicken / chicken smackers  
Pizza calzone/ Greek salads/ roasted broccoli
- 5/5 Pasta day/ tubbys/ chicken fingers/ pizza  
Crispy chicken salads/ garbanzo beans
- 5/6 Marcos pizza/ regular or spicy chicken sandwich  
Chicken finger pita/ pasta salad/ cole slaw
- 5/7 Soup day/ bosco sticks/ chicken tenders  
Pepperoni bread / cherry tomato
- 5/8 Marcos pizza/ bacon cheese burger or cheeseburger  
Italian or turkey sub/antipasto salad/ side salad
- 5/9 Beef stroganoff/ chicken smackers/ pizza calzone  
Greek salads/ green beans
- 5/12 Pasta day/ Tubbys/ chicken fingers  
Crispy chicken salad/ pizza/ black bean salsa
- 5/13 Marcos/ regular or spicy chicken sandwich  
Chicken finger pita/ pasta salad/ coleslaw
- 5/14 Soup day/ chicken tenders/ bosco sticks  
Chicken tenders/ pepperoni bread/ fresh broccoli
- 5/15 Marcos/ baconburger or cheeseburger  
Turkey or Italian subs/ antipasto salad/ cherry tomato
- 5/16 Chicken bowl/ chicken smackers/ pizza calzone  
Greek salad/ mashed potatoes
- 5/19 Pasta day/ tubbys/ chicken fingers  
crispy chicken salad/ pizza / baked beans
- 5/20 \*\*\*\*1/2 day breakfast is still served\*\*\*\*
- 5/21 Soup day/ pepperoni bread/ bosco sticks  
Chicken tenders/ cooked carrots
- 5/22 Marcos/ baconburger or cheeseburger  
Turkey or Italian subs/ pasta salad/ celery
- 5/23 French dip/ chicken smackers/ Greek salads  
Pizza calzone / mashed potatoes
- 5/26 \*\*\*\* No school\*\*\*\*
- 5/27 Marcos/ regular or spicy chicken sandwich/  
Chicken finger pita/ pasta salad/ baked beans
- 5/28 Soup day/ pepperoni bread/ bosco sticks  
Chicken tenders/ fresh carrots
- 5/29 Marcos/ bacon or cheese burger/ subs / fresh carrots
- 5/30 cooks choice/ fresh broccoli



### Available Daily COMBO LUNCH :

**free**

**LUNCH INCLUDES:**

Entrée Vegetable  
Fruit Bread/Grain Milk

A variety of fresh fruits and vegetables and whole grain breads are offered daily. A choice of low-fat, skim and flavored milk is served daily.

All students will be required to take 1/2 cup of fruit or vegetable with their lunch.

Also, portion sizes are required to be smaller & healthier.

In addition, "Specials of the Day" and daily choices include salads, reduced fat and calorie entrees and snacks, pizza, chicken and homemade deli sandwiches. Some entrees are priced slightly higher than the standard meal.

**ALA Carte Sales** available for Milk, Beverages and Snack items at a cost

**Marco's Pizza**  
Tuesday's & Thursdays

We do not accept foreign currency. All cash will be deposited onto the students accounts.

No Change back

Please note that all checks returned to us due to insufficient funds are subject to a \$25.00 fee.

Menu is subject to change without notification