

Pre-K Breakfast



*Pre-K School
Breakfast Menu
Spring 2025*

Breakfast includes:
Choice of 1 Entree,
1-2 Fruits, and 1 Milk

Menu subject to change
due to item availability

Vegetarian options are
available upon request

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|---|---|---|
| <i>Week 1</i> | Apr 21 | Apr 22 | Apr 23 | Apr 24 | Apr 25 |
| Entree Fruit (Choose 1-2) Milk (Choose 1) | <ul style="list-style-type: none"> Turkey Sausage Biscuit Chilled Peaches Low-fat Milk | <ul style="list-style-type: none"> Muffin Fresh Fruit Unflavored Low-fat Milk | <ul style="list-style-type: none"> Cheerios Cereal Bowl Chilled Pears Unflavored Low-fat Milk | <ul style="list-style-type: none"> Country Steak Biscuit Fresh Fruit Unflavored Low-fat Milk | <ul style="list-style-type: none"> Mini Waffles Chilled Pineapple Unflavored Low-fat Milk |
| <i>Week 2</i> | Apr 28 | Apr 29 | Apr 30 | May 1 | May 2 |
| Entree Fruit (Choose 1-2) Milk (Choose 1) | <ul style="list-style-type: none"> Cinnamon Toast Crunch Cereal Bowl Mandarin Oranges Unflavored Low-fat Milk | <ul style="list-style-type: none"> Muffin Fresh Fruit Unflavored Low-fat Milk | <ul style="list-style-type: none"> Egg & Cheese Biscuit Applesauce Cup Unflavored Low-fat Milk | <ul style="list-style-type: none"> Lemon Bread Slice Fresh Fruit Unflavored Low-fat Milk | <ul style="list-style-type: none"> Mini Pancakes Mixed Fruit Unflavored Low-fat Milk |
| <i>Week 3</i> | May 5 | May 6 | May 7 | May 8 | May 9 |
| Entree Fruit (Choose 1-2) Milk (Choose 1) | <ul style="list-style-type: none"> Cheerios Cereal Bowl Chilled Peaches Unflavored Low-fat Milk | <ul style="list-style-type: none"> Muffin Fresh Fruit Unflavored Low-fat Milk | <ul style="list-style-type: none"> Country Steak Biscuit Chilled Pears Unflavored Low-fat Milk | <ul style="list-style-type: none"> Chicken Biscuit Fresh Fruit Unflavored Low-fat Milk | <ul style="list-style-type: none"> Mini Creamy Cheese Bagels Chilled Pineapple Unflavored Low-fat Milk |

Alternative Entree Options

Nutrition Bites

May's *Nutrition Bites*: Sweet and juicy strawberries are the Virginia harvest of the month! They're packed with vitamin C, fiber, and antioxidants that help keep your heart healthy and your immune system strong. Enjoy them fresh, blended into smoothies, or sliced over yogurt for a tasty treat at home!