

6-8 MS Lunch

Middle School Lunch Menu Winter 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Week 1</i>	Apr 21	Apr 22	Apr 23	Apr 24	Apr 25
Entree (Choose 1) Vegetables (Choose 1-2) Fruit (Choose 1) Milk (Choose 1)	<ul style="list-style-type: none"> Teriyaki Chicken Dumplings (6) Broccoli Vegetable Stir-fry Fresh Fruit Mandarin Oranges Assorted Milk 	<ul style="list-style-type: none"> Sweet Thai Chili Roasted Chicken w/ Steamed Rice Green Beans Seasoned Carrots Fresh Fruit 100% Fruit Juice Assorted Milk 	<ul style="list-style-type: none"> Corn Dog Baked Beans Mixed Vegetables Fresh Fruit Applesauce Cup Assorted Milk 	<ul style="list-style-type: none"> RPS Burger French Fries Pickle, Tomato & Lettuce Cup Fresh Fruit 100% Fruit Juice Assorted Milk 	<ul style="list-style-type: none"> Big Daddy's Pizza Garden Salad Seasoned Corn Fresh Fruit Frosty Mixed Berry Cup Assorted Milk
<i>Week 2</i>	Apr 28	Apr 29	Apr 30	May 1	May 2
Entree (Choose 1) Vegetables (Choose 1-2) Fruit (Choose 1) Milk (Choose 1)	<ul style="list-style-type: none"> Pizza Boli Bites Marinara Cup Seasoned Green Beans Fresh Fruit Chilled Peaches Assorted Milk 	<ul style="list-style-type: none"> Queso Blanco Beef Nachos Ranchero Beans Salsa Cup Fresh Fruit 100% Fruit Juice Assorted Milk 	<ul style="list-style-type: none"> Spaghetti, Meatballs + Breadstick Green Beans Baby Carrots Fresh Fruit Chilled Pears Assorted Milk 	<ul style="list-style-type: none"> Chicken Sandwich Variety Pickle, Onion & Lettuce Cup Steamed Broccoli Fresh Fruit 100% Fruit Juice Assorted Milk 	<ul style="list-style-type: none"> Big Daddy's Pizza Broccoli Seasoned Corn Fresh Fruit Chilled Pineapple Assorted Milk
<i>Week 3</i>	May 5	May 6	May 7	May 8	May 9
Entree (Choose 1) Vegetables (Choose 1-2) Fruit (Choose 1) Milk (Choose 1)	<ul style="list-style-type: none"> Spicy Mozz Bites Marinara Cup Green Beans Fresh Fruit Mandarin Oranges Assorted Milk 	<ul style="list-style-type: none"> Chicken Tenders & Eggo Waffles Mixed Veggies Hash Brown Patty Fresh Fruit 100% Fruit Juice Assorted Milk 	<ul style="list-style-type: none"> Hot Honey Coney Dog Broccoli w/ Cheese sauce Seasoned Carrots Fresh Fruit Applesauce Cup Assorted Milk 	<ul style="list-style-type: none"> Crispy Catfish w/ Cornbread or Managers' Choice Creamy Coleslaw Potato Wedges Fresh Fruit 100% Fruit Juice Assorted Milk 	<ul style="list-style-type: none"> Big Daddy's Pizza Garden Salad Seasoned Corn Fresh Fruit Mixed Fruit Assorted Milk Fudge Brownie

Alternative Entree Options

- Yogurt + Granola Parfait - Mon, Wed
- Hamburger/Cheeseburger - Tue
- Entree Salad w/ Roll - Mon - Fri
- M-F: Hummus Cup w/ Tortilla Chips & Manager's Choice Fresh Vegetable

Nutrition Bites

May's *Nutrition Bites*: Sweet and juicy strawberries are the Virginia harvest of the month! They're packed with vitamin C, fiber, and antioxidants that help keep your heart healthy and your immune system strong. Enjoy them fresh, blended into smoothies, or sliced over yogurt for a tasty treat at home!

Lunch includes:
Choice of 1 Entree,
1-2 Vegetables, 1 Fruit,
and 1 Milk

Menu subject to change due
to item availability

Vegetarian Options
Available Upon Request