

K-8 Breakfast



*Grades K-8
Breakfast Menu
Spring 2025*

Breakfast includes:
Choice of 1 Entree,
1-2 Fruits, and 1 Milk

Menu subject to change
due to item availability

Vegetarian options are
available upon request

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Week 1</i>	Apr 21	Apr 22	Apr 23	Apr 24	Apr 25
Entree Fruit (Choose 1-2) Milk (Choose 1)	<ul style="list-style-type: none"> Turkey Sausage Biscuit or Cereal w/ Cheese Stick Fresh Fruit Chilled Peaches Assorted Milk 	<ul style="list-style-type: none"> Mini Creamy Cheese Bagels or Muffin w/Boiled Egg Fresh Fruit 100% Fruit Juice Assorted Milk 	<ul style="list-style-type: none"> Banana Bread or Cereal & Yogurt Cup Fresh Fruit Chilled Pears Assorted Milk 	<ul style="list-style-type: none"> Country Steak Biscuit or Pop Tart w/ Cheese Stick Fresh Fruit 100% Fruit Juice Assorted Milk 	<ul style="list-style-type: none"> Mini Waffles or Cereal w/ Cheese Stick Fresh Fruit Chilled Pineapple Assorted Milk
<i>Week 2</i>	Apr 28	Apr 29	Apr 30	May 1	May 2
Entree Fruit (Choose 1-2) Milk (Choose 1)	<ul style="list-style-type: none"> Yogurt Parfait w/ Granola or Cereal w/ Cheese Stick Mandarin Oranges Fresh Fruit Assorted Milk 	<ul style="list-style-type: none"> Turkey Sausage Breakfast Pizza or Muffin w/Boiled Egg Fresh Fruit 100% Fruit Juice Assorted Milk 	<ul style="list-style-type: none"> Egg & Cheese Biscuit or Cereal & Yogurt Cup Applesauce Cup Fresh Fruit Assorted Milk 	<ul style="list-style-type: none"> Lemon Bread Slice or Pop Tart w/ Cheese Stick Fresh Fruit 100% Fruit Juice Assorted Milk 	<ul style="list-style-type: none"> Mini Pancakes or Cereal w/ Cheese Stick Fresh Fruit Mixed Fruit Assorted Milk
<i>Week 3</i>	May 5	May 6	May 7	May 8	May 9
Entree Fruit (Choose 1-2) Milk (Choose 1)	<ul style="list-style-type: none"> Froot Loops Waffle or Cereal w/Cheese Stick Fresh Fruit Chilled Peaches Assorted Milk 	<ul style="list-style-type: none"> Mini Cinnis or Muffin w/ Boiled Egg Banana 100% Fruit Juice Assorted Milk 	<ul style="list-style-type: none"> Country Steak Biscuit or Cereal & Yogurt Cup Fresh Fruit Chilled Pears Assorted Milk 	<ul style="list-style-type: none"> Chicken Biscuit or Pop Tart w/ Cheese Stick Fresh Fruit Chilled Fruit Assorted Milk 	<ul style="list-style-type: none"> Mini Creamy Cheese Bagels w/Cheese Stick Fresh Fruit Craisins Assorted Milk

Alternative Entree Options

Nutrition Bites

May's *Nutrition Bites*: Sweet and juicy strawberries are the Virginia harvest of the month! They're packed with vitamin C, fiber, and antioxidants that help keep your heart healthy and your immune system strong. Enjoy them fresh, blended into smoothies, or sliced over yogurt for a tasty treat at home!