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### Introductions

Principal: Mr. Chris Reiersgaard High School Vice Principal/Athletic Director: Kyle McClain High School Counselor: Clarrissa Anderson Student Success Coordinator: Paul Griffith Registrar: Michelle Michaelis

THHH

### How to High School:

A message from Mr. Reiersgaard

- 1. Show up! Attendance matters come to school everyday.
- 2. Be a good citizen- respect other and follow school rules.
- 3. Build Relationships with Teachers and Staff
- 4. Ask for help when you need it!
- 5. Use your school's resources, don't overlook what's available to help you thrive.
- 6. Get involved! Join a club or team.

time.

- 7. Stay organized use a planner or system that works for you.
- 8. Turn work in even if it is not complete.
- 9. Think long term, start small- keep your future in mind, but focus on one step at at

## Athletics

- To register for high school sports go to the athletics page at: https://phhs.pleasanthill.k12.or.us/athletics
- You must have a current physical on file with the office (dated within the past 2 years.)
- You need to be taking and passing 5 classes during the season and have no more than one failing class.





# The Foundation is Built

- 7th in OSAA Cup (4th amongst public schools) out of 47 schools
- 10 of 14 programs qualified for OSAA postseason
- 6 of 14 programs earned Academic AlState (top 10)
- State Trophies:
  - 3rd Place: Volleyball
  - 2nd Place: Volleyball
  - 4th Place: Boys Wrestling
  - 2nd Place Boys Basketball
  - 3rd Place: Cheerleading
  - Semifinals: Baseball
- League Championships
  - Volleyball, Softball, Boys Basketball, Girls Basketball, Boys Wrestling



Sports Offerings Fall Sports Football Volleyball **Cross Country Boys Soccer Girls Soccer Sideline Cheer** 

Winter Sports **Boys Wrestling Girls Wrestling Boys Basketball Girls Basketball Competitive Cheer** 

Spring Sports Baseball Softball **Track & Field** Golf (club sport) Girls Flag Football (club sport) club spo **Boys Volleyball** 

### Pleasant Hill Education Foundation

### **Mission Statement:**

The Pleasant Hill Education Foundation, in partnership with our community and alumni, provides funds to inspire learning, enhance teaching, and create opportunities for every student.

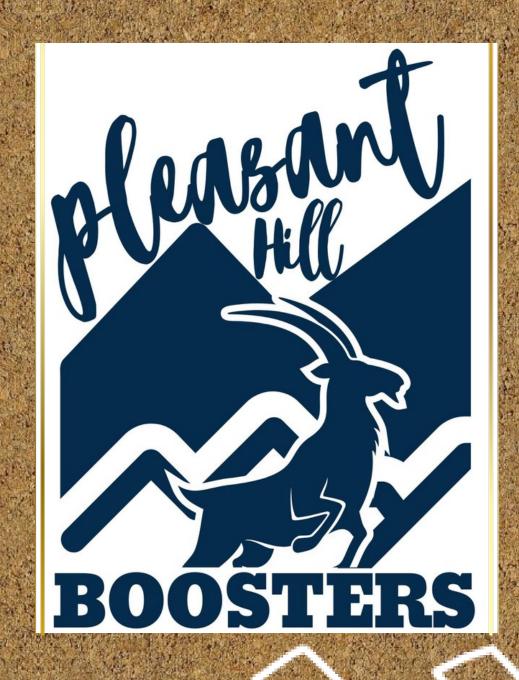
Founded in 1991 by a group of caring parents in our district, the goal of PHF from the beginning has been to help our schools maintain the standard of excellence they are known for by providing funds for academics, arts, and enrichment programs.

https://www.phillfoundation.org/





### Pleasant Hill Booster Club

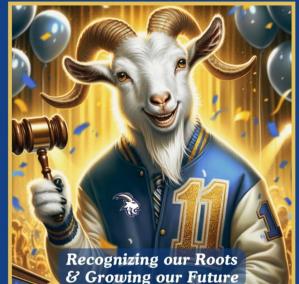


 Supporting athletics and extracurricular activities for students of the Pleasant Hill School District. Providing opportunities for teams, clubs and school sponsored extracurriculars. Helping maintain and improve athletic facilities at Pleasant **Hill Schools.** 

 Awarding merit based college scholarships to senior students.

Fostering team unity, school spirit, and community pride.

### **2025 Pleasant Hill Booster Auction**



Saturday, April 26th pleasanthillboosters.com





### **CLUBS AND ACTIVITIES**

- High School Student Council
  - FFA
  - FNRL
  - HOSA
  - GSA
  - Lunch Buddies
    - OBOB
    - Reach
- Pleasant Hill Honor Society
  - Leadership
  - Garden Club
    - OHSET
  - Trap Shooting

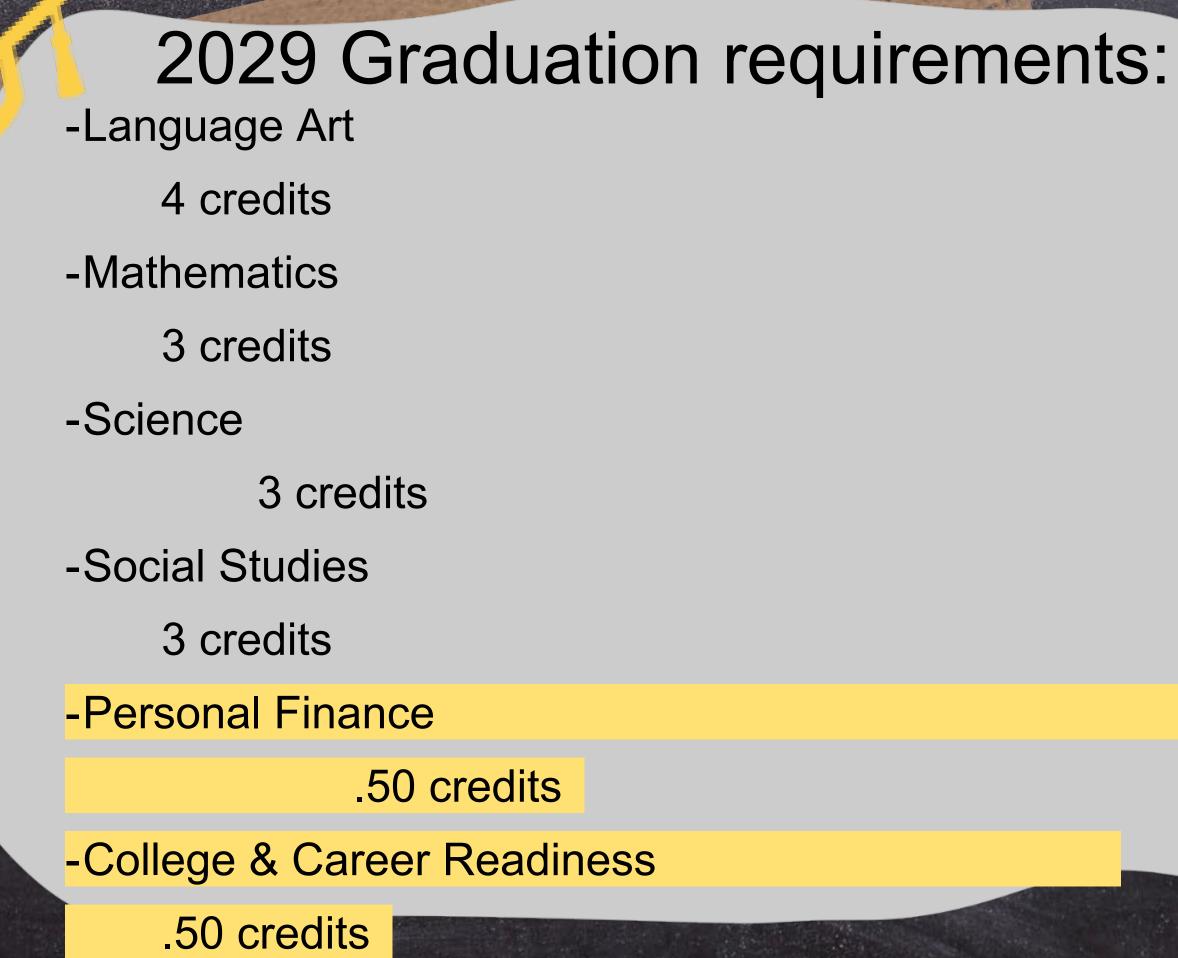
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- Model UN
- Pep Band



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- ★ Don't see a club you would like to join?
- ★ Have an idea for a new club?
- ★ Complete a New Club Application!



### Sample 9th grade schedule:

1.English 9/Honors English

2. Physical Science

3.PE/ Health

4.Math (Algebra 1)

5.Current Events

6.Elective

7.Elective

### Language Arts

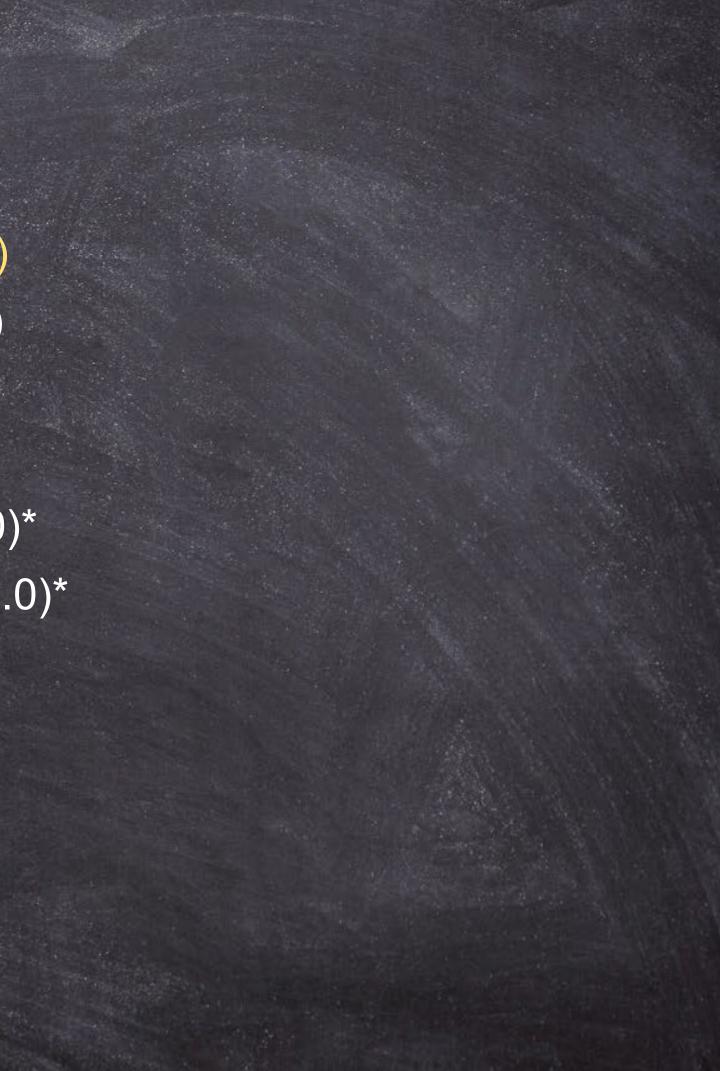
English 9/Honors English (1.0) AP Seminar (1.0) Short Fiction (.50) Principles of Writing (.50) Genre: True Crime (.50) Genre: Horror (.50) The Western (.50)/ The Wester 2 (.50) Literature of War (.50) Adventure and Survival (.50)/ Adventure and Survival 2 (.50) World Lit 1 (.50)/World Lit 2 (.50) Argument 1 (.50)/Argument II (.50) Creative Writing 1 (.50)/Creative Writing II (.50) College Writing I (1.0)\* AP Literature (1.0)\* Journalism (1.0) Courses that can be used as English for 1 credit:

Ag Business Leadership

### **Social Studies**

Current Events (.5) World History (1.0) US History (1.0) Government (.5) AP US History (1.0)\* AP Government (1.0)\*

Electives: Psychology (.5)



### **Mathematics**

\*Applied Geometry for Technicians (1.0) MTH 85 \*Math in Society (1.0) MTH 105Z & 106Z \*Precalculus (1.0) MTH 111Z & 112Z \*Statistics and Probability (1.0) **STAT 243Z** \*Ap Calculus (1.0)

MTH 251 & MTH 252

### Algebra (1.0) Geometry (1.0)

### **Science**

Standard Path: Physical Science Biology Chemistry Physics AP Biology\*

CTE Path: Intro to Agriculture Horticulture\* Animal Science Human Body Systems 1 & 2



### Health/PE

### Health (1.0 Credits) Health 1 (9th) Health 2 (10th)

PE (1.0 Credits)

PE 1 (9th) Fitness for Life Yoga **Court Games** Intro to Weights Speed and Strength

### Career Tech Ed

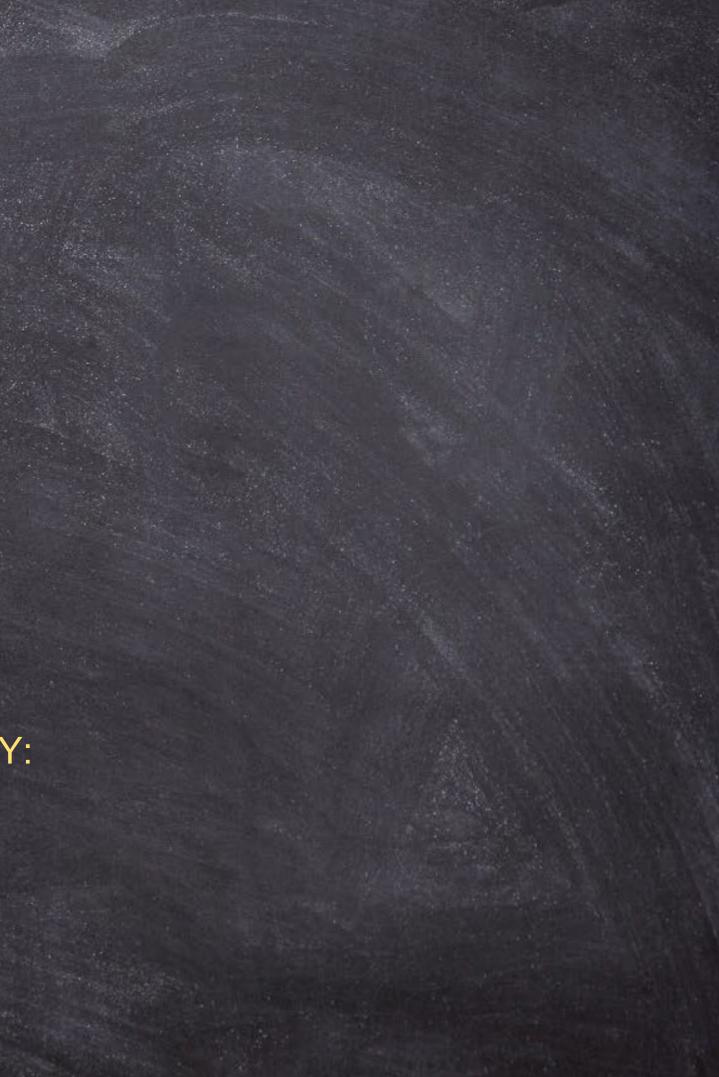
<u>(CTE)</u>

\*Horticulture Animal Science Metals Adv Metals 1 and 2 Construction Advanced Construction 1 and 2 CAD/CNC I/CAD/CNC II Natural Resources and Fire Science Ag Business Leadership

**AGRICULTURE PATHWAY:** 

Introduction to Agriculture

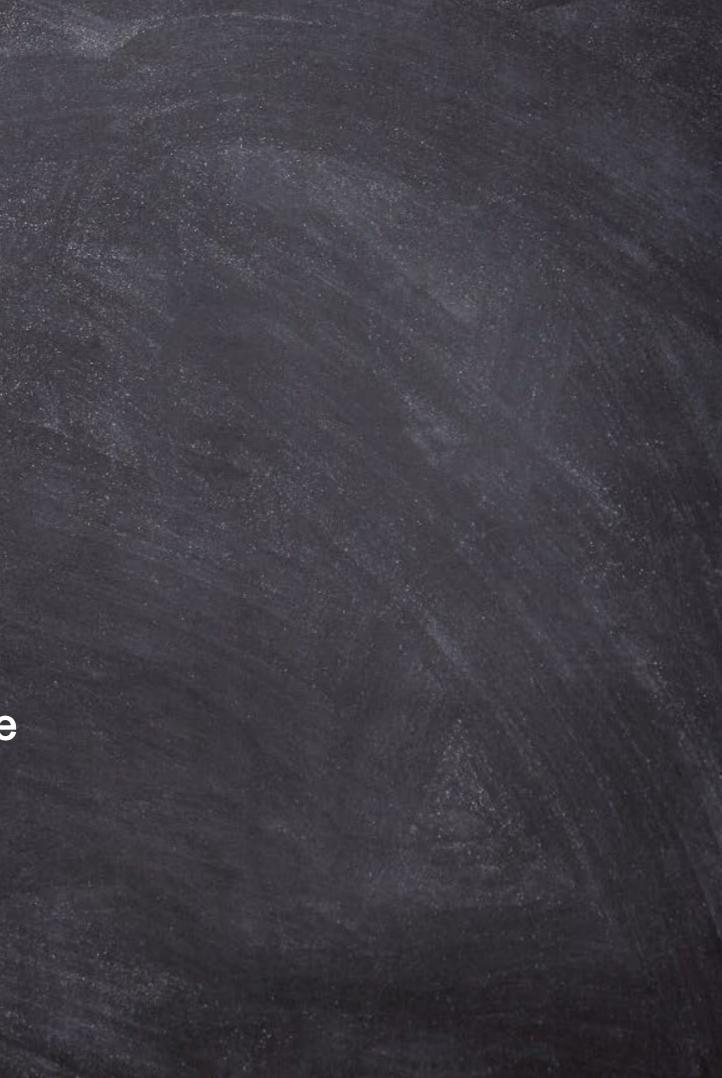
HEALTH OCCUPATIONS PATHWAY: Intro to Health Occupations 1 and 2 \*Human Body Systems 1 and 2 Nutrition Medical Terminology Emergency Medical Responder



### World Language

- Spanish 1
- Spanish 2
- Spanish 3\*
- Spanish 4\*

### \*College Credit Available



### **Performing Arts**

### Band

- Wind Ensemble (9 -12)
- Solar Jazz (11th and 12th grade Jazz)
- Second Gen. (9th/10th grade Jazz)

### Choir

- Concert Choir
- Chansonaires
- Assencions

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### Visual Arts

### • Art

- Advanced Art
- Ceramics
- Sculpture
- Crafts
- Design and Visual Arts



### **Electives**

- Child Development 1 and 2
- Publications
- Structures and Mechanisms
- Psychology
- School Aide Positions

### (available for 10th -12th graders)

### AP & College **Now RECAP:**



• AP Lit - must test and earn a 3 or better for college

credit

- 3 or better OR request credit from LCC
- college credit
- Promise
- Promise

Spanich 2 or 1 must tost are dit is awarded through

• AP Calculus - can earn college credit with test score of

• AP US History - must test and earn a 3 or better for

• **AP Government** - can earn college credit with test score of 3 or better OR request credit from LCC

• AP Biology - can earn college credit with test score of 3 or better OR request credit through Willamette

• College Writing - request credit through Willamette

High School **Coursework for University Admissions Requirements** 

• 2 years of a second language • Chemistry • Pre-Calculus or higher

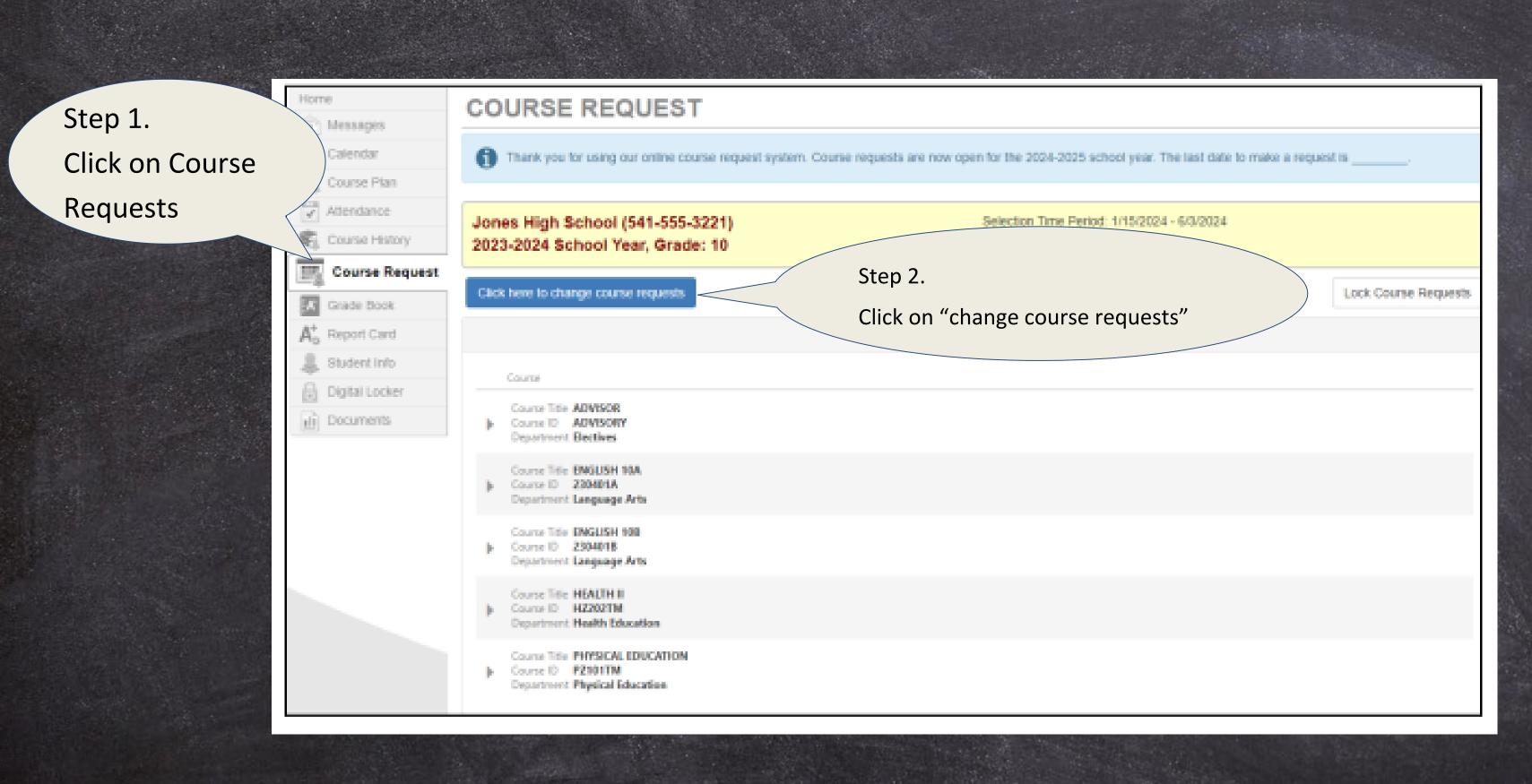
Specific GPA and testing requirements are listed on each school's admissions page on their website. I encourage you to do some exploring!

### **FORECASTING IS OPEN FROM APRIL 14-21**

• Students forecast in <u>Student Vue</u> by clicking on "Course Request" button on the left side of the screen.

• Forecasting works best when accessed from Chromebooks.

• Students needing help logging in, please see Ms. Michaelis in the counseling office.





### Changes are automatically saved.

### **Forecasting and scheduling considerations:**

- Course requests are not guaranteed as final schedules are ultimately dependent on staffing, student enrollment, funding and other unforeseen factors.
- Requests to change your selections in August will be accepted under limited circumstances, such as the need to repeat a course, graduation requirements, or the completion of courses during the summer.

 Returning students need to have returning student registration completed in order to receive a schedule in the fall.

# Questions?

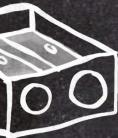
### Please feel free to contact us:

Clarrissa Anderson 541-736-0704 canderson@pleasanthill.k12.or.us Kyle McClain 541-736-0706 <u>kmcclain@pleasanthill.k12.or.us</u> Chris Reiersgaard 541-736-0705 creiersgaard@pleasanthill.k12.or.us Michelle Michaelis 541-736-0711 mmichaelis@pleasanthill.k12.or.us





# GO BILLIES!







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