



BISMARCK
PUBLIC SCHOOLS



The Friday Flier is an informational tool used to provide the BPS community with information regarding local events, youth activities and opportunities. Unless implicitly stated, these events are **not** endorsed by the Bismarck Public Schools

BPS Info



Come out to Pizza Ranch in Bismarck to help support the
Horizon Gearbots go to Houston, TX for worlds!
March 31st | 4-8pm

Future Patriot Player Program

The Century Patriots would like to invite all baseball players that are in the Century High School feeder schools (grades K-5) to participate in the 2025 Future Patriot Player program. Both boys and girls are encouraged to participate to have a chance to be a Century Patriot for a night!

Two Future Patriot Players will be chosen for each Century Boys Baseball Varsity home game.

The Future Patriot Players will:

- Receive a personalized Century Patriots t-shirt to keep
- Line up on the field with the CHS Varsity Team for starting lineup introductions
- Have their name announced along with the starting lineup
- Throw out the first pitch
- Tentative arrival time is 4:00


All names will be put into a drawing for each game. We will start April 1st. Players that are chosen will be notified as soon as possible about the game they will be participating in. Please contact Danni Herman(701-595-1557) with any questions.

Click on the link to enter!

https://docs.google.com/forms/d/1P52CUiaia8UpyM3PcYO63IN-ZFedXn9IH4j3_CTmR0U/edit

(7)(21)

Stars and Spikes Volleyball Camp

Stars and Spikes Volleyball Camp 

Stars and Spikes Volleyball Camp

Century High School Girls Volleyball Coach, Jamie Zastoupil and staff will be offering youth volleyball camps. The Stars and Spikes Volleyball Camp will be a rewarding and satisfying experience for your child, both in what they can learn on the court and from the association and competition with others their own age group who likewise love volleyball. Full camp brochure can be found on Century Volleyball Website.

<https://sites.google.com/bismarckschools.org/chs-chsathletics-volleyball/camps?authuser=0>

Entering Grades 2-4 :

Basic Skills camp works on passing, setting, serving, and team play.

When: June 9-11 Where: Century High School Time: 1:00-3:00pm Cost: \$75

Entering Grades 5-6:

Basic Skills camp works on passing, setting, hitting, serving, and team play.

When: June 9-11 Where: Century High School Time: 3:30-5:30pm Cost: \$75

Entering Grade 7-8:

This will be a skills camp working on passing, setting, serving, hitting, blocking, defense and offense, as well as Teamwork.

When: June 18-20 Where: Century High School Time: 1:00-3:00pm Cost: \$75

Entering Grade 9:

This will be a skills camp working on passing, setting, serving, hitting, blocking, defense and offense, as well as Teamwork.

When: June 18-20 Where: Century High School Time: 3:00-6:00pm Cost: \$90

March One Thing: Packaged Candy for BPS Social Workers

Throughout the month of March, Legacy United Methodist Church is collecting packaged candy to give to social workers at Bismarck Public Schools. It's a way to show appreciation in honor of National Social Work Month and thank these individuals for serving our students and families every day. Legacy UMC invites the entire community to participate! Candy donations can be

dropped off at any worship service or during office hours Monday-Thursday from 9 am - 2 pm. 4600 Durango Drive, Bismarck, ND 58503



Legacy United Methodist Church is Collecting

PACKAGED CANDY
FOR

BPS Social Workers
in appreciation of
National Social Work Month



legacyumc.org/one thing

LEARN MORE

WORDS AND WIGGLES:

Early Literacy Fun

@ BECEP
720 N 14th St.

Who: Any child under 3 years old with a parent or caregiver.

x2 When: Saturday, March 1st and 15th, April 5th and 26th, May 3rd and 17th
10:00-11:00 a.m.

*Dry socks or shoes are needed for the indoor playground.
*No food or drink in the gym please.

READ:



Storytime

PLAY:



Gym

GROW:



Parent-Child
Literacy Activity &
Lending Library



I ♥ READING



Funded by CLSD Grant



BECEP : Words and Wiggles

Two Saturdays per month left for this school year!

2025 Summer Cooking Camp

ONE Session ONLY

Tuesday, June 17 – 12 P.M.- 4:30 P.M.

Wednesday, June 18 – 12 P.M.- 4:30 P.M.

Thursday, June 19 – 8:30 A.M.-12 P.M.

Cost: \$30 (scholarships available to those qualified)

Location: Wachter Middle School FACS Classroom

Open to both Burleigh and Morton County students **entering grades 5-7 in the fall 2025**



Registration opens on March 21 at 4:30PM

Register by using the QR code
or click on the link below.

<https://tinyurl.com/2025cookingcamp>



Questions?

Call 701-221-6865 – NDSU Extension – Burleigh County



NDSU | EXTENSION

Summer Cooking Class

2025 Summer Cooking Camp for youth entering grades 5-7 in the fall. Registration opens on March 21 at 4:30PM. Only one session is offered this summer. Only 20 spots available.

Cost is \$30. Scholarships are available to those who qualify. Past participants will be placed on a wait list for an advanced class when it becomes available.

June 17 and 18 - 12PM-4:30PM, June 19 - 8:30AM-12PM



BISMARCK PUBLIC SCHOOLS

Foundation

Consider Donating today!

<https://bpsfoundation.com/>

Jody Olheiser Memorial Slush Run

5K Run or Walk

April 5, 10:00am

\$25/racer

This fun race funds a \$5,000 scholarship for a BHS student!!

Register here: <https://bpsfoundation.com/project/jody-olheiser-memorial-run-2025/>





Kid's Kicks

To help our struggling BPS families and students, the BPS Foundation along with their community partners will be hosting Kids' Kicks, a fundraising effort for cold weather snow boots, snow pants and water-repellent gloves. Donations ranging from \$10 to \$70 can help the BPS Foundation ensure that a student in need stays stay warm this winter. Donations can be made online or mailed to the BPS Foundation. Thank you to our partners SCHEELS, Hot 97.5 and 103.3 Country that make this program possible!

bpsfoundation.com/donations/kidskicks/

Free & Reduced Benefits: Dual Credit Courses

The Free and Reduced Meal Application can provide benefits that extend well beyond food. For instance, the Bank of North Dakota will cover the cost of up to two college courses per school year for high school sophomores, juniors and seniors who participate in Free or Reduced Price Lunch. If you haven't already, be sure to apply. The application process has changed. Please visit [HERE](#) for more information and to apply.

SPORTS

Is your child interested in BMX?

We are having our spring parent meeting March 30th at Midway Lanes in Mandan at 1pm. The meeting room is located in the back lounge area. Due to limited space we ask that kids hang out in arcade area during the meeting. This is a great time to learn about the sport and ask any questions you may have. Racing could start as soon as mid May. We do have loaner bikes and helmets available to try and you can join at any time!
Contact Jamy at 701-400-5909 for more info.



Short Track Roller Derby

Junior Short Track Roller Derby
Registration is OPEN!

www.NDLegendDerby.com

Juniors ages 6-11 and 12-17

NO SKATING EXPERIENCE NEEDED

North Dakota Legend Derby is honored to be a part of and sponsored by the Bismarck AMVETS, where on Sunday mornings we roll in for a great time with friends.

Our next 8 week New Skater training session is March 23 - May 25
Join anytime!



Hey Future Derby Stars! ✨

Are you ready to Be a Legend in your own life and join the most exhilarating sport around? Junior roller derby is an exhilarating and inclusive sport that shatters common misconceptions about roller derby. Often perceived as a rough and tumble adult-only arena, short track junior roller derby welcomes youth players of all skill levels, including those with no prior skating experience. NDLD Short Track focuses on NO contact and LOW contact game play. Only experienced and prepared skaters are allowed to participate in full contact play. This dynamic sport emphasizes teamwork, strategy, and skill building for all areas of life, providing young athletes with a supportive community and a fun, challenging way to stay active. Our experienced coaches are dedicated to supporting our valued skaters as individuals, teaching the basics of skating and derby techniques in a safe and encouraging environment, making it an ideal opportunity for kids to develop confidence, resilience, and lifelong friendships.

We don't need good skaters. We need good people!

All humans ages 6-17 are welcome! Parents can register for adult 18+ derby too!
No Equipment? No Problem! We've got some loaner gear available for newcomers.
For more info, contact us at 701.220.9781 or visit our website at www.NDLegendDerby.com



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

YMCA/Family Wellness Programming Upcoming Activities

SPECIAL EVENTS

Breakfast with the Bunny

- Sat Apr 5
- 8-9:30am or 10-11:30am
- \$5 Per Person

Guests enjoy tasty treats, activities, an inflatable & bouldering wall, the Family Play Center & a photo opp with the Easter Bunny at this festive fundraiser!

Hoppin Hoops

- Fri Apr 18
- 9am
- \$50 Per Team

Enjoy fun friendly competition & prizes in this exciting 3 on 3 youth basketball tournament that benefits kids in our community!

Youth Sports - When children participate in youth sports, they do far more than develop athletic abilities. They learn the value of teamwork, sportsmanship and responsibility, on and off the court or field. Support your child in gaining self confidence by registering them for one of our great youth sports programs today!

Click [HERE](#) for more!

Boys & Girls Basketball - PreK to 1st Grade

Itty Bitty Activities - Fun & informal athletic activities to give kids 3-5 basic skills & knowledge of various sports.

\$35 Members / \$55 Non-Members

Click [HERE](#) for more!

Soccer - Baseball - Volleyball - Football - Basketball

Youth Swim - Individuals who take swimming lessons learn much more than how to do the butterfly or backstroke. They gain valuable, life saving knowledge and skills, that will protect them while they enjoy exciting water activities and recreation. Find the fun and confidence in the water you've been looking for and sign up for swimming lessons now!

Click [HERE](#) for more!

Group Lessons - Private/Dual Lessons - Adaptive Swim

Youth & Family - Your kids don't need more toys or friends, they need more time with you! Enjoy fun and exciting family activities, including swimming in the Splash Center, climbing the bouldering wall, bouncing on the inflatable, playing volleyball or shooting hoops. Many of our family activities are free with your membership!

Jr. & Master Chefs - Parents Night Out - Youth Pokemon Club - Family Splash Center - Strong Beginnings - Family Play Center - Family Fun Gym Time - Family Track Time - Youth Fitness - Jr. Wellness Center Orientation

Child Care & Camps - When your child receives early education from the "Best of the Best" preschool and childcare programs in the area, they will learn, grown and thrive in a safe, welcoming environment. Different childcare, camp and location options are offered throughout the year, from

infant to school age, so your child can experience a variety of enriching educational activities, while having fun with their friends!

Click [HERE](#) for Child Care!

Click [HERE](#) for Camps!

Childcare Openings - Summer Care & Camps - Adventure Camp
Before & After School - Y Explorers - Kinder Camp

BIOGirls - Registration May 6, Tuesday 6:30-8pm at the Y

- Jul 8 - 1st Session

- Sept 20 - Bismarck Marathon 5k (Final Event)

- Sept 23 - Final Session

Click [HERE](#) for more information!

You Belong Here Missouri Valley Family YMCA www.bismarckymca.org

For Our Community Family Wellness www.familywellnessbisman.org



School Newsletter Late March 2025.docx

Download

196.5 KB

Bismarck Youth Baseball -2025 Season Registration is Open!

The following divisions are available:

- Cal Ripken – Ages 5-12 Years Old
- Babe Ruth – Ages 13-15 Years Old
- Legion – Ages 16-19 Years Old

Please visit www.bismarckyouthbaseball.org for season information, season calendars and registrations!

2025 REGISTRATION NOW OPEN!
CAL RIPKEN | BABE RUTH | LEGION

CAL RIPKEN AGES 5 - 12
BABE RUTH AGES 13 - 15
AMERICAN LEGION AGES 15 - 19
(Travel Baseball Offered for Ages 9 - 19)

REGISTER TODAY!

5 YO T-BALL NEW IN 2025! | CAL RIPKEN AGES 5 - 12 | BABE RUTH AGES 13 - 15 | LEGION AGES 16 - 19

FOR MORE INFORMATION, PLEASE VISIT OUR WEBSITE
BISMARCKYOUTHBASEBALL.ORG



**BISMARCK PARKS AND
RECREATION DISTRICT**
Est. 1927

More at www.bisparks.org!



2025 Spring/Summer Activity Guide

**PROGRAM REGISTRATION STARTS
APRIL 3 AT 8AM**

Summer Program Registration at Bismarck Parks and Recreation

- Check out the digital [2025 Spring/Summer Activity Guide](#) today and plan for an amazing summer! Paper copies are also available at our facilities.
- Registration for spring/summer programs opens **Thursday, April 3, at 8am.**
- Learn more about all our programs at bisparks.org.



A LEADER... I AM A LIFEGUARD

Lifeguard and Swim Instructors Classes

- Age 15+ for all classes – **FREE if you join the BPRD Team!**
- Lifeguard Course – options April through June
- Lifeguard Recertification Course – April through June
- Lifeguard Instructor Course – April

More Bismarck Parks and Recreation District programs and events at www.bisparcs.org!

.....

Bismarck Mandan Lacrosse Association

Come out and try the fastest game on two feet! Lacrosse continues to grow, and we want you to be a part of it. The mission of the Bismarck Mandan Lacrosse Association is to foster a life-long enjoyment for the game of lacrosse. BMLA offers programs for boys and girls, kindergarten through high school. New players are welcome at any age, and no prior experience is needed. Programs will focus on the game's traditions and rules, teaching individual skills, the essentials of team play, proper physical conditioning, and most importantly, good sportsmanship and having fun.



Practices begin in March and the regular season runs from April to mid-June. Protective equipment for boys and girls is available to rent for a refundable deposit for new players. Participants play small-sided games, while those interested in a more competitive experience can travel across North and South Dakota for 4 weekend competitions. For more information, including our travel schedule, visit our website at www.bismanlacrosse.org or find us on Facebook or Instagram.

ART| MUSIC| HISTORY| STEM



April 5, 2025 | Dinner at 6:00pm | Dance at 7:00pm
Sixteen03 Main Events

The Butterfly Ball is a dance for girls 18 and under and that special guy in their lives, whether it be dad, uncle, or grandpa. Come to *The Butterfly Ball* to enjoy music, treats, photo opportunities, and a great night of dancing to remember for a lifetime.

.....

NORTHERN PLAINS DANCE PRESENTS



A SPECIAL DANCE FOR GIRLS AND THEIR DADS.

SATURDAY, APRIL 5
SIXTEEN03 MAIN EVENTS

TICKETS AT WWW.NORTHERNPLAINDANCE.ORG.

April 5, 2025 | Dinner at 6:00pm | Dance at 7:00pm
Sixteen03 Main Events

The Butterfly Ball is a dance for girls 18 and under and that special guy in their lives, whether it be dad, uncle, or grandpa. Come to *The Butterfly Ball* to enjoy music, treats, photo opportunities, and a great night of dancing to remember for a lifetime.

Farmers Union Camp

Kids enjoy team-building activities and leadership development in a FUN camp setting that includes water games, theme nights, sports, campfire, talent show, games, banquet, co-op education and more! Camps are held near Elgin and Jamestown in June, July and August for kids in grades 3-6 and 7-12. Free transportation is provided. Register by May 15 thru the NDFU mobile app or online at ndfu.org to get the early bird discount. Financial scholarships are available. Go to ndfu.org for details or call 800-366-6338.





Bismarck Veterans Memorial Public Library

Bismarck Veterans Memorial Public Library

Come visit the Children's Library for spring activities, including story times, creativity sessions, reading challenges, Movie Days, Lego Club, and more. There's something for everyone!

Family Story Time

Mondays at 6:30 p.m.

Library Kid Club

Tuesdays at 3:45 p.m.

Lego Club

Last Thursday of the month – 3:30 p.m.

Children's Movie Days –

4/21 at 2:00 p.m. – Moana 2

Tiny Tots Dancing

Mondays in March at 4:00 p.m. Learn about traditional powwow music, dances, and regalia. Open to toddlers through elementary age children.

Dakota Zoo Animal Encounters

Thursdays, Apr. 3, 17, May 1 – 3:45 p.m.

Teen HQ

The library's space for 6th-12th graders, is open for walk-in use from 3:30-5:00 p.m. Monday-Thursday during the school year, unless otherwise noted in the library calendar. During walk-in hours, library staff are available to help teens use the equipment available in Teen HQ. The library also offers activities for teens on no-school days, weekends, and after school.

Monday, March 24, 4:00-4:30, Teen HQ, Snacks for Teens

Tuesday, April 1, 3:45-4:45, Teen HQ, Get Smart with Smart with My Money

Friday, April 4, 1:00-1:45, Meeting Room B, Hip Hop for Teens

Visit the library's calendar of events at bit.ly/BVMPL-Upcoming for a full list of upcoming library events, event registration information.



EMPOWER YOUR FUTURE

Free STEM Camps for Junior & Senior Girls

EXPLORE EXCITING CAREERS

UAS/DRONE CAMP

Build your own drone, learn to fly and program it, and take to the skies in this exciting UAS/Drone Camp!

Friday, April 4 | 8:30 AM - 4:00 PM

GIS CAMP

Explore the power of GIS through map creation, geocaching adventures, and real-world applications in this empowering learning experience.

Saturday, April 5 | 8:30 AM - 4:00 PM

BOTH CAMPS ARE FREE AND DESIGNED TO INSPIRE YOUNG WOMEN IN STEM.



BISMARCK
STATE COLLEGE

North Dakota's
Polytechnic Institution

Register now!



registeratbisc.com

This camp is paid for by the
ND CTE Students Preparing for Non-traditional Fields Grant

GIS CAMP

Calling Junior and Senior High School girls! Everyone loves maps! Join us for a day of empowering learning where you'll explore the power of Geographic Information Systems (GIS). Create interactive maps, go on exciting geocaching expeditions, and learn how

location plays a crucial role in solving real-world challenges. This hands-on experience will equip you with valuable skills and inspire you to make a difference in our world. This FREE Camp takes place on Saturday, April 5 from 8:30 AM - 4:00 PM.

Register at bismarckstate.edu/camps



Love & Art Class - Free Art Classes for Kids & Adults

"Building community through Love & Art"

Free art class for kids and adults at the Dream Center every first Monday of the month 5pm-6:30pm in Trinity Hall. Kids age 9 and under must be checked in by an adult. Call 701-955-2150 for more information.

THEO ART SCHOOL

What's in your Summer? REGISTRATION OPENS FEBRUARY 1ST. Same rates as last year! 16th Annual Summer Art Attack Camps

ART ROCKS 2025 SCHOOL AGE 13 WEEKLY CAMPS (Full/Half Days)

Ages: 5 and up

Cost: Pay by the week

- Full Days: 8:00 am - 5:30 pm members \$200/week, nonmembers \$250/week

- Half Days: 1:00 pm - 5:30 pm members \$100/week, nonmembers \$125/week

REGISTER HERE: <https://tockify.com/art.for.all/detail/735/1738591200000>

Clay Sculpture Painting Drawing and More!
LOCATION: 1802 Schuler Street, Bismarck, ND 58501
CONTACT: 701.222.8462, www.theoartschool.org, contact@theoartschool.org

ART ROCKS 2025
AGE 5 & UP
Become a member and save
8:00AM-5:30PM-MAY-AUGUST

ART
WHEN SCHOOL IS OUT- THEO IS IN!
It is an important aspect of child development that allows them to learn problem-solving skills, build self-confidence and develop their creativity.

WEEKLONG CAMPS
(All-Day OR Half-Day)
Ages: 5 and up
Cost: Pay by the week
- Full Days: 8:00 am - 5:30 pm members \$200/week, nonmembers \$250/week
- Half Days: 1:00 pm - 5:30 pm members \$100/week, nonmembers \$125/week
MAY 19-23
MAY 26-30
JUNE 2-6
JUNE 9-13
JUNE 16-20
JUNE 23-27
JUNE 30-JULY 3
JULY 7-11
JULY 14-18
JULY 21-25
JULY 28-AUGUST 1
AUGUST 4-8
AUGUST 11-15

ART ADVENTURES 2025 -PRESCHOOL AGE 14 WEEKLY CAMPS(Half Day - Mornings)

ART ADVENTURES 2025 -PRESCHOOL AGE SUMMER ART CAMPS
14 WEEKLY CAMPS [MORNING HALF DAYS]

Ages: 3-5 yrs. old

Cost: Pay by the week:

members \$75/week

nonmembers \$80/week

Time: 9:00-11:30 am REGISTER HERE: <https://tockify.com/art.for.all/detail/736/1738594800000>

ART ADVENTURES 2025 PRESCHOOL MINI ART CAMPS
FUN! CREATIVE!
BECOME A MEMBER & SAVE
1802 Schuler Street
701.222.8462
contact@theoartschool.org

WEEKLONG CAMPS
Ages: 3-5 yrs. old
Cost: Pay by the week:
members \$75/week
nonmembers \$80/week
Time: 9:00-11:30 am
Dates:
• MAY 19-23
• MAY 26-30
• JUNE 2-6
• JUNE 9-13
• JUNE 16-20
• JUNE 23-27
• JUNE 30-JULY 3RD
• JULY 7-11
• JULY 14-18
• JULY 21-25
• JULY 28-AUGUST 1
• AUGUST 4-8
• AUGUST 11-15

A DAY AT THEO
WHEN SCHOOL IS OUT- THEO IS IN!
It is an important aspect of child development that allows them to learn problem-solving skills, build self-confidence and develop their creativity.

When School is Out, Theo is In!

Our 17th Annual Odyssey Art Camps are all about exploring, creating, and having fun with Art! Theo's "Odyssey" ("Camp O") Theo's Odyssey Art Camps are on weekdays when there is no school due to holidays, teacher convention, or staff development. Dates are based on the Bismarck Public Schools calendar; Private Schools calendar and the Mandan Public School Calendar.

Times: 8:00 am - 5:30 pm

Ages: 5 and up

Cost per Day: \$40 members, \$50 nonmembers

2024-2025
ODYSSEY VII+
WHEN SCHOOL IS OUT! THEO IS IN!
8:00-5:30
5 AND UP
COST:
\$40 MEMBERS
\$50.00 NON MEMBERS

REGISTER HERE: <https://tockify.com/art.for.all/detail/615/1725282000000>

View the calendar [HERE!](#)

AFTER SCHOOL ART CLUB

The mission of Theo Art Club is to cultivate interest in art for boys and girls and to teach them that ART is ENDLESS. Our goal is to engage children in a Fun ART experience that will last a lifetime!

Days: Mondays

Times: 3:45-5:00 pm

Grades: 1st grade and up

Cost: \$40/month *

<https://tockify.com/art.for.all/detail/606/1725914700000>



PRESCHOOL MINIS MORNING ART

Preschool Ages 3-5 - MUST BE POTTY-TRAINED

"Art à La Mode 3.0" is format is unique to Theo, not like any other art setting in the country! Our preschool art program is designed to explore the exciting world of art and creativity through a wide range of multi-media activities focus on the creative process and develop their imagination and creativity!

Season 2025 will be about

LEARNING THE ABC'S OF ART & BOOKS

DATES: TUESDAYS AND

THURSDAYS COST: \$15.00

FOR ONE DAY \$30.00 FOR TWO DAYS

TIMES: 9:00-11:30

REGISTER HERE:

<https://theoartschool.wufoo.com/forms/r88jfy21num2uf/>

Looking to host a Private Event?

Click on the event below for more information!

[Birthdays](#)

[Field Trips](#)

[Private Art Lessons](#)

MOMMY & ME ART HOUR!

We love our M & M Class!

Time: 10:00-11:00 am

Ages: 10 mos to 3 yrs

Cost: \$10/session

In the Mommy & Me art hour, you and your child explore a variety of art materials, experience new textures, improve fine motor skills, and enjoy being creative in a group setting. If you are looking for a morning of fun and creativity, come join us! Taking a child to an art class helps them develop their creative skills!

REGISTER HERE:

<https://theoartschool.wufoo.com/forms/ru2xx>

Local Services

Host an International High School Exchange Student Today!

HOST A STUDENT

INTERNATIONAL CULTURAL EXCHANGE SERVICES (ICES)

To Learn More Please Contact: Laura Ringsak, lringsak@icesusa.org

Benefits of Hosting:

- Add culture and diversity to your local families and communities.
- Learn and teach each other about culture, new foods, and traditions.
- Add a son or daughter to your family for a lifetime of memories.

MAKE AN IMPACT ON YOUR FAMILY, ONE STUDENT, COMMUNITY, AND THE WORLD

Testimonials:

- "I WAS QUIET BUT WHEN I STARTED INTRODUCING MY SPANISH HOST BROTHER TO OTHERS AND SHOWING HIM AROUND SCHOOL, I GAINED A LOT OF CONFIDENCE."
- "I AM SO GRATEFUL TO MY HOST FAMILY. THEY TREATED ME JUST LIKE THEIR OWN DAUGHTER. I LOVE HAVING A FOREVER AMERICAN FAMILY"
- "OUR KIDS EAT SO MANY INTERNATIONAL FOODS NOW AFTER HOSTING! WHAT A GREAT EXPERIENCE."

ONLINE DISTRIBUTION OF FLYERS IS PROVIDED AS A PUBLIC SERVICE. THE ACTIVITIES OR PROGRAMS DESCRIBED ARE NOT SPONSORED, ENDORSED, REVIEWED OR SCREENED IN ANY WAY BY THE FLAGSTAFF UNIFIED SCHOOL DISTRICT. FUSD DOES NOT MONITOR OR SUPERVISE THE ACTIVITIES OR PROGRAMS. PARENTS AND GUARDIANS ARE URGED TO SPEAK WITH THE SPONSORING ORGANIZATION AND CAREFULLY EVALUATE THE SUITABILITY OF THE ACTIVITIES FOR THEIR CHILDREN PRIOR TO THEIR CHILDREN'S PARTICIPATION.

The rewards of hosting an International Exchange Student are many. Your family will learn and grow with the experience as you build a lifelong relationship! Below you'll find an overview of the ICES Host Family Program. Prepare to join thousands of other American families and host a High School Exchange Student today! Your adventure begins here!

For more information, contact Laura Ringsak at lringsak@icesusa.org today!

Essentia Health Mid Dakota Women's Center invites girls ages 9-13 and their mothers to attend this special "GIRL TALK" session.

GIRL TALK is a workshop where you will learn and discuss: The Menstrual Cycle---Menstrual Products---Body Changes---Lifestyle & Wellness

DATE: Sunday, April 13, 2025

TIME: 2:00 PM - 3:30 PM CST; Doors open at 1:45 PM CST for check-in and door prize registration

LOCATION: Bismarck Public Schools Career Academy - 1221 College Drive, Bismarck ND, 58501

COST: FREE

REGISTRATION REQUIRED -- ONE registration form per child. If registering multiple children, please fill out a separate registration form for each. Moms/Adults do NOT need to register. Children must be accompanied by an adult for the duration of the event.

<https://www.essentiahealth.org/classes-events/girl-talk-bismarck-nd-april-13-2025?MeetingId={B247A3AC-3CC6-4457-84DA-EE7F6FB54FB2}>.



Free Speech Therapy for Children

The Scottish Rite Speech Therapy Center for Children in Bismarck is presently accepting applications, online, at www.scottishritespeech.org. All services are free to children ages 2 through 7 with a qualifying application. For more information, please call 701-258-9132 or e-mail at speechtherapy@bismarckscottishrite.org.



TummyTime!™ Method Baby PLAY Class

Join us for a fun-filled TummyTime!™ Method Baby PLAY Class, where we'll guide you through engaging activities for your child!

Tummy time should be FUN!

We're learning how to calm, engage and play with baby.

Join Anne Bry SLP, COM and Bailey Boraas OTR/L to learn how to PLAY with your baby. This class is for all parents - 1st time or experienced - and their pre-crawling infants, 4 weeks and older.

These classes will help you and your child by decreasing the stress of tummy time, build community and friendships, and social engagement.

Tummy time is the time a baby spends lying on his or her tummy. Parents and baby are interacting together during this floor time activity. Other tummy time positions: lying on parent's chest, over arm or lap, propped on an infant approved pillow and babywearing.

The TummyTime!™ Method is an evidence informed therapeutic program designed to support health, posture, movement, and connection for all babies; it can also treat oral motor dysfunction, postural asymmetries, digestive difficulties, and autonomic dysregulation.

11 AM - Noon on Wednesdays

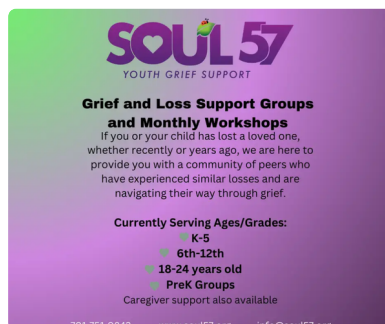
Noon - 1 PM on Saturdays (advance registration required)

1138 North 3rd Street, Bismarck, 58501

<https://www.theenrichmentgardennd.com/events>

Engines 4 Education at Small Engine Repair

We offer tuneups, repairs and maintenance on all small engines (snowblowers, lawnmowers, tractors, tillers and more). 10% of profits go directly to the Bismarck Public Schools Backpack Program. Pickup and delivery service available! Call or text 400-3839 today!



Youth Grief Support Group

If you or your child has lost a loved one, whether recently or years ago, we are here to provide you with a community of peers who have experienced similar losses and are navigating their way through grief.

Job Opportunities



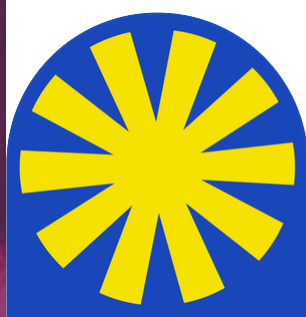
BISMARCK PUBLIC SCHOOLS

Bismarck Public Schools is Hiring!

Are you looking for a rewarding career? Full-time and part-time opportunities available! Some positions will qualify for benefits and retirement.

- Staff/Teachers (2025-2026 School Year)
- Secretaries/Administrative Assistants
- Instructional Aides
- Bus Drivers/Monitors
- Child Nutrition Assistants
- & Much More!

Visit <https://bismarck.tedk12.com/hire/index.aspx> to see all career opportunities!



BISMARCK PARKS AND RECREATION DISTRICT Est. 1927

Join the Team at Bismarck Parks and Recreation District!

Work now or secure that great summer job today!

- BLAST afterschool program leaders and summer Activity Center leaders
 - Coaches – baseball, basketball, tennis, soccer, volleyball
 - Concessions – outdoor pools, sports complexes
- Facility attendants – golf courses, ice arenas, fitness facilities, rec center
- Front desk staff – fitness facilities · Lifeguards – FREE training if you join our team
- Maintenance/mowers – golf courses, parks, sports complexes
 - Personal trainers/group fitness instructors
 - Swim instructors
 - Tennis instructors
 - Volleyball officials
 - Zamboni drivers

Apply at www.bisparks.org/jobs



MISSOURI SLOPE
TAILORED CARE. INSPIRED LIVING.

**NOW
HIRING!**

Scan to
APPLY!



Looking for a place to grow in your healthcare career?

- Competitive wages
- Sign-on bonuses
- Benefits

Apply for your positions now

Missourislope.com/careers

BPS District Calendar

- **Friday, April 4** - Staff Development, No School
- **Friday, April 18** - Good Friday, No School
- **Monday, April 21** - Storm Make-Up Day, No School
- **Friday, May 23** - Last Day of School
- **Friday, May 23** - ALC, SCHS Graduation
- **Sunday, May 25** - BHS, CHS, LHS Graduation

[Click here to submit your entry for the Friday Flier!](#)



Bismarck Public Schools