

**Michigan Department of Education
Office of Health and Nutrition Services
School Nutrition Programs**

**Local Wellness Policy:
Triennial Assessment Summary**

Background

The Healthy, Hunger-Free Kids Act of 2010 requires Local Educational Agencies (LEAs) to update or modify their wellness policy, as appropriate. When wellness committees meet on a regular basis throughout the school year, an assessment plan should be used to ensure progress is being made on the district's wellness policy and procedures.

Purpose

The template below is offered to help summarize the information gathered during your assessment. Members of a school wellness committee who are completing the triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including 1) compliance with the wellness policy, 2) how the wellness policy compares to model wellness policies, and 3) progress made in attaining the goals of the wellness policy.

Results

The copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. Many LEA's choose to post the results on their district website. The triennial assessment summary and the assessment details must be shared.

Recordkeeping

Keep a copy of the most recent triennial assessment, along with supporting documentation on file. This will be needed when you have a School Nutrition Program administrative review.

Resources

<https://www.fns.usda.gov/tn/local-school-wellness-policy>

https://www.michigan.gov/mde/0,4615,7-140-66254_50144-194546--,00.html

Section 1: General Information

School(s) included in the assessment:

Lakeview High School, Middle School, Prairieview Elementary, Riverside Elementary, Minges Brook Elementary, Westlake Elementary

Month and year of current assessment: May, 2023

Date of last Local Wellness Policy revision: June 2018

Website address for the wellness policy and/or information on how the public can access a copy:

<https://mio2212286.schoolwires.net/Page/73>

Section 2: Wellness Committee Information

How often does your school wellness committee meet? 1 time per year

School Wellness Leader:

Name	Job Title	Email Address
Laura Montague	Food Service Director	lmontague@lakeviewspartans.org

School Wellness Committee Members:

Name	Job Title	Email Address
Cheryl Marengo	Asst FS Director	cmarengo@lakeviewspartans.org
William Patterson	Superintendent	wpatterson@lakeviewspartans.org
Jennifer Lacy	Teacher/Coach	jlacy@lakeviewspartans.org
Lori Schwaegerle	Food Service Cook	lschwaegerle@lakeviewspartans.org
Jennifer Weis	School Nurse	jweis@lakeviewspartans.org
Teri Bussler	PE Instructor/Coach	tbussler@lakeviewspartans.org
Jackie MacCannell	Catering Manager	cmaccannell@lakeviewspartans.org
Maria Alonso	Food Service Manager	malonso@lakeviewspartans.org

Section 3. Comparison to Model School Wellness Policies

Indicate the model policy language used for comparison:

- Michigan State Board of Education Model Local School Wellness Policy
- Alliance for a Healthier Generation: Model Policy
- WellSAT 3.0 example policy language

Describe how your wellness policy compares to model wellness policies.

The District policy contains guidance on all of the following:
Committee Roles and Membership
Local Wellness Policy Leadership
Nutrition Education
Nutrition Promotion
Standards and Nutrition Guidelines for all foods and beverages
Food & Beverage marketing
Physical Activity and Education
Other school-based activities that affect the school wellness climate.

Section 4. Compliance with the Wellness Policy and progress towards goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
 - Nutrition promotion and education
 - Physical activity
 - Other school-based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the table below to indicate the progress made with each goal included in the Wellness Policy. The table may be used for each school separately or the district as a whole.

Tip: When developing a wellness plan, ensure activities are meeting goals by developing SMART objectives:

- **Specific:** Identify the exact area to improve.
- **Measurable:** Quantify the progress.
- **Attainable:** Determine what is achievable.
- **Realistic:** Consider resources and determine what can reasonably be accomplished.
- **Time bound:** Identify deadlines for goals and related tactics.

The Centers for Disease Control and Prevention (CDC) has tips for developing [SMART objectives](#).

Michigan Department of Education Local Wellness Policy Assessment Plan

School Name: Lakeview School District

Date: 6-1-21

Nutrition Promotion and Education Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Food and beverages will not be used as a reward for students.	Provide teachers with list of non-food reward examples. Discuss changes at back-to- school staff training. Follow-up mid-year to discuss challenges and determine additional communication needed.	Before the beginning of next school year.	Verbal check-ins with staff to ensure compliance. Teacher survey at end of school year.	Principal	Teachers, staff, students	Yes

Physical Activity Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Students in grades K-5 will have physical education at least 60 minutes per week, while those in grades 7-8 will be offered physical education every other day throughout the school year at a minimum duration of 45 minutes per class. All grades 9-12 students will follow the District graduation requirements. Physical education can be modified based on student needs.	A proposal needs to be introduced that offers grades 7-8 physical education all year instead of only one semester.	Before the beginning of the school year.	Class scheduling	Physical Education Staff	Students & Teachers	No

School-based activities to promote student wellness goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?

The Schools shall provide attractive, clean environments in which the students eat.	Regular Maintenance & Bond work at the Middle School.	Before the school year	Visual Inspection	Facilities Director	Students, Staff, and community members	yes
The Schools shall provide thirty (30) minutes daily for the students to eat.	Make allowances in the student's schedules.	Before the school year	Monitoring of Lunch Schedules	Laura Montague	Students and Food Service Staff	Yes
Students, parents, and other community members shall have access to, and be encouraged to use the school's outdoor physical activity facilities outside the normal school day.	Ensure that facilities remain open to the public after hours.	All Year	Building administrators and Facilities Director to monitor	Building Administrators	Students, Staff, and community members	Yes

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
No offering/selling of snacks that are not Smart Snack approved	Outline the steps for food and beverage fundraising at the back to school meeting.	Beginning of school year.	Maintaining accurate fundraising records in each building.	Building Principals	Students, Parents, and Staff	Yes

Guidelines for other foods and beverages available on the school campus, but not sold:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Support only healthy snacks for classroom parties and celebrations.	Communicate directly to parents and teachers via social media. Offer alternative food items and recipes.	Beginning of school year.	Obtain regular updates from teachers and in classroom staff.	Catering Manager	Students, Parent, and Staff	Yes

Marketing and advertising of only foods and beverages that meet Smart Snacks:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Do not allow marketing of any ala carte foods or beverages that do not meet smart guidelines.	Perform regular site inspections to ensure that unwanted literature has not been made available to students.	Beginning of school year	Regular site inspections.	Cheryl Marengo	Students, Parents, and Staff	Yes