

## May & June 2025 – Fridley High School Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Monday, April 28<sup>th</sup></b>  <b>Main:</b> Regular or Spicy Crispy Chicken Sandwich on Bun            Roasted Parmesan Potatoes            Assorted Fruits &amp; Vegetables  <b>Growler Grill:</b> Burger or Cheeseburger on Bun  <b>Greens &amp; Grains:</b> Parfait, PBJ Box, Italian Sub, Crispy Chicken Salad</p>	<p><b>Tuesday, April 29<sup>th</sup></b>  <b>Main:</b> Penne Rosa Sauce with Parmesan Garlic Chicken            Penne Pasta            Breadstick            Roasted Italian Zucchini            Assorted Fruits &amp; Vegetables  <b>Growler Grill:</b> Regular or Spicy Crispy Chicken Sandwich  <b>Greens &amp; Grains:</b> Parfait, PBJ Box, Chicken Caesar Wrap, Backyard BBQ Chicken Salad</p>	<p><b>Wednesday, April 30<sup>th</sup></b>  <b>Main:</b> Turkey Chili            Fritos            Roasted Carrots            Assorted Fruits &amp; Vegetables  <b>Growler Grill:</b> Chicken            Dumplings            Brown Rice  <b>Greens &amp; Grains:</b> Parfait, PBJ Box, Chipotle Sub Sandwich, Taco Salad</p>	<p><b>Thursday, May 1<sup>st</sup></b>  <b>Main:</b> General Tso Chicken            Brown Rice            Sweet Chili Doritos            Sesame Green Beans            Assorted Fruits &amp; Vegetables  <b>Growler Grill:</b> Pizza  <b>Greens &amp; Grains:</b> Parfait, PBJ Box, Buffalo Chicken Wrap, Sante Fe Salad</p>	<p><b>Friday, May 2<sup>nd</sup></b>  <b>Main:</b> Lasagna Roll Up            Breadstick            Roasted Broccoli            Assorted Fruits &amp; Vegetables  <b>Growler Grill:</b> Cook's Choice  <b>Greens &amp; Grains:</b> Parfait, PBJ Box, Turkey Pesto Sub, Buffalo Chicken Salad</p>
<p><b>Monday, May 5<sup>th</sup></b>  <b>Main:</b> Beef Tamales            Cilantro Lime Rice            Fiesta Black Beans            Pico de Gallo &amp; Toppings            Assorted Fruits &amp; Vegetables  <b>Growler Grill:</b> Burger or Cheeseburger on Bun  <b>Greens &amp; Grains:</b> Parfait, PBJ Box, Italian Sub, Crispy Chicken Salad</p>	<p><b>Tuesday, May 6<sup>th</sup></b>  <b>Main:</b> Kick'n'Chicken            Mashed Potatoes            Gravy            Biscuits            Steamed Corn            Assorted Fruits &amp; Vegetables  <b>Growler Grill:</b> Regular or Spicy Crispy Chicken Sandwich  <b>Greens &amp; Grains:</b> Parfait, PBJ Box, Chicken Caesar Wrap, Backyard BBQ Chicken Salad</p>	<p><b>Wednesday, May 7<sup>th</sup></b>  <b>Main:</b> Chicken Wings            Soft Pretzel            Queso            Buffalo Cauliflower            Assorted Fruits &amp; Vegetables  <b>Growler Grill:</b> Chicken Egg Rolls  <b>Greens &amp; Grains:</b> Parfait, PBJ Box, Chipotle Sub Sandwich, Taco Salad</p>	<p><b>Thursday, May 8<sup>th</sup></b>  <b>Main:</b> Chicken Alfredo            Penne Pasta            Breadstick            Roasted Broccoli            Assorted Fruits &amp; Vegetables  <b>Growler Grill:</b> Pizza  <b>Greens &amp; Grains:</b> Parfait, PBJ Box, Buffalo Chicken Wrap, Sante Fe Salad</p>	<p><b>Friday, May 9<sup>th</sup></b>  <b>Main:</b> Pizza            Roasted Carrots            Assorted Fruits &amp; Vegetables  <b>Growler Grill:</b> Cook's Choice  <b>Greens &amp; Grains:</b> Parfait, PBJ Box, Turkey Pesto Sub, Buffalo Chicken Salad</p>
<p><b>Monday, May 12<sup>th</sup></b>  <b>Main:</b> Hamburger or Cheeseburger on Bun            Vegetarian Baked Beans            Crinkle Cut Fries            Assorted Fruits &amp; Vegetables  <b>Growler Grill:</b> Mac &amp; Cheese Bites  <b>Greens &amp; Grains:</b> Parfait, PBJ Box, Italian Sub, Crispy Chicken Salad</p>	<p><b>Tuesday, May 13<sup>th</sup></b>  <b>Main:</b> Regular or Spicy Crispy Chicken Sandwich            Roasted Parmesan Potatoes            Assorted Fruits &amp; Vegetables  <b>Growler Grill:</b> Taco Sticks            Black Beans  <b>Greens &amp; Grains:</b> Parfait, PBJ Box, Chicken Caesar Wrap, Backyard BBQ Chicken Salad</p>	<p><b>Wednesday, May 14<sup>th</sup></b>  <b>Main:</b> Hot Dog on Bun            Vegetarian Baked Beans            Sweet Potato Steak Fries            Assorted Fruits &amp; Vegetables  <b>Growler Grill:</b> Bosco Sticks            Marinara Sauce  <b>Greens &amp; Grains:</b> Parfait, PBJ Box, Chipotle Sub Sandwich, Taco Salad</p>	<p><b>Thursday, May 15<sup>th</sup></b>  <b>Main:</b> Homemade Mac &amp; Cheese            Chicken Nuggets            Roasted Broccoli            Assorted Fruits &amp; Vegetables  <b>Growler Grill:</b> Pizza  <b>Greens &amp; Grains:</b> Parfait, PBJ Box, Buffalo Chicken Wrap, Sante Fe Salad</p>	<p><b>Friday, May 16<sup>th</sup></b>  <b>Main:</b> Ravioli in Marinara Sauce            Breadstick            Caesar Salad            Assorted Fruits &amp; Vegetables  <b>Growler Grill:</b> Cook's Choice  <b>Greens &amp; Grains:</b> Parfait, PBJ Box, Turkey Pesto Sub, Buffalo Chicken Salad</p>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Monday, May 19<sup>th</sup></b> <b>Main:</b> Beef Sambusa Cheesy Breadstick Turmeric Rice Roasted Carrots Assorted Fruits & Vegetables <b>Growler Grill:</b> Burger or Cheeseburger on Bun <b>Greens &amp; Grains:</b> Parfait, PBJ Box, Italian Sub, Crispy Chicken Salad	<b>Tuesday, May 20<sup>th</sup></b> <b>Main:</b> Burrito Bowl Brown Rice Tortilla Chips Pinto Beans Roasted Fajita Vegetables Assorted Fruits & Vegetables <b>Growler Grill:</b> Regular or Spicy Crispy Chicken Sandwich <b>Greens &amp; Grains:</b> Parfait, PBJ Box, Chicken Caesar Wrap, Backyard BBQ Chicken Salad	<b>Wednesday, May 21<sup>st</sup></b> <b>Main:</b> French Bread Pizza Marinara Sauce Steamed Corn Assorted Fruits & Vegetables <b>Growler Grill:</b> Crispy Chicken Wrap <b>Greens &amp; Grains:</b> Parfait, PBJ Box, Chipotle Sub Sandwich, Taco Salad	<b>Thursday, May 22<sup>nd</sup></b> <b>Main:</b> Mesquite Chicken Drumstick Cornbread Loaf Vegetable Pasta Salad Assorted Fruits & Vegetables <b>Growler Grill:</b> Pizza <b>Greens &amp; Grains:</b> Parfait, PBJ Box, Buffalo Chicken Wrap, Sante Fe Salad	<b>Friday, May 23<sup>rd</sup></b> <b>Main:</b> Cook's Choice Caesar Salad Assorted Fruits & Vegetables <b>Growler Grill:</b> Cook's Choice <b>Greens &amp; Grains:</b> Parfait, PBJ Box, Turkey Pesto Sub, Buffalo Chicken Salad
<b>Monday, May 26<sup>th</sup></b>           No School	<b>Tuesday, May 27<sup>th</sup></b> <b>Main:</b> Orange Chicken Brown Rice Sweet Chili Doritos Sesame Green Beans Assorted Fruits & Vegetables <b>Growler Grill:</b> Hamburger or Cheeseburger on Bun <b>Greens &amp; Grains:</b> Parfait, PBJ Box, Chicken Caesar Wrap, Backyard BBQ Chicken Salad	<b>Wednesday, May 28<sup>th</sup></b> <b>Main:</b> Beef Walking Tacos Nacho Chips Mexican Beans Assorted Fruits & Vegetables <b>Growler Grill:</b> Beef Taco Triangles <b>Greens &amp; Grains:</b> Parfait, PBJ Box, Chipotle Sub Sandwich, Taco Salad	<b>Thursday, May 29<sup>th</sup></b> <b>Main:</b> Crispy Chicken Drumstick Dutch Waffle Hot Cinnamon Apples Caesar Salad Assorted Fruits & Vegetables <b>Growler Grill:</b> Pizza <b>Greens &amp; Grains:</b> Parfait, PBJ Box, Buffalo Chicken Wrap, Sante Fe Salad	<b>Friday, May 30<sup>th</sup></b> <b>Main:</b> Pizza Roasted Carrots Assorted Fruits & Vegetables <b>Growler Grill:</b> Cook's Choice <b>Greens &amp; Grains:</b> Parfait, PBJ Box, Turkey Pesto Sub, Buffalo Chicken Salad
<b>Monday, June 2<sup>nd</sup></b> <b>Main:</b> Cook's Choice Assorted Fruits & Vegetables <b>Growler Grill:</b> Cook's Choice <b>Greens &amp; Grains:</b> Assorted wraps, sandwiches, salads, & parfaits	<b>Tuesday, June 3<sup>rd</sup></b> <b>Main:</b> Cook's Choice Assorted Fruits & Vegetables <b>Growler Grill:</b> Cook's Choice <b>Greens &amp; Grains:</b> Assorted wraps, sandwiches, salads, & parfaits	<b>Wednesday, June 4<sup>th</sup></b> <b>Main:</b> Cook's Choice Assorted Fruits & Vegetables <b>Growler Grill:</b> Cook's Choice <b>Greens &amp; Grains:</b> Assorted wraps, sandwiches, salads, & parfaits	<b>Thursday, June 5<sup>th</sup></b>           Summer Break	<b>Friday, June 6<sup>th</sup></b>           Summer Break