

Free Cooking Classes for Kids!



Illinois Nutrition Education Programs is offering a series of kid-friendly cooking classes. Illinois Junior Chefs is a great way for your child to learn basic cooking skills while having fun! Illinois Junior Chefs is appropriate for ages 8-13.



Illinois Extension
UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

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Easy to make,
tasty recipes



Tips to stay safe
in the kitchen



Information on
eating healthy

Classes are 9a-11a for 5 days at St. John's UCC.

July 7-11 OR July 14-18

TO REGISTER contact smomaly@illinois.edu

If you need reasonable accommodations to participate in this program, please contact _____.