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HEALTH PACING GUIDE 6-8th

September

- Making Healthy Decisions
- Wellness

October

- Teen Pregnancy
- Parenting

November

- Emotional Health
- Stress
- Grief

December

- Social and Sexual Health
- Gender Identity

January

- Nutrition
- Calories
- Food Labels

February

- Food Choices
- Cultural Food Choices

March

- Online Safety
- Sex Abuse
- Consent

April

- Diseases
- Treatment and Medications

May

- Prevention
- Alcohol, Tobacco and Other Drugs

June

- Dependency
- Substance Disorder Treatment